

## Resource List

<b>Parent Books</b>	<b>Children Books</b>
The Explosive child By Ross Greene	All Dogs have ADHD By Kathy Hoopmann
Taking Charge of ADHD By Russell Barkley	Corey Stories By Jeanne Kraus
Smart but Scattered By, Dr. Peggy Dawson and Dr. Richard Guare	Puppy Mind By: Andrew Jordan Nance
Mindful Parenting for ADHD By, Dr. Mark Bertin	Mindful Monkey, Happy Panda By: Lauren Alderfer
	Lemonade Hurricane By: Licia Morelli
<b>Websites</b>	<b>Workbooks for children</b>
<a href="http://www.teachspeced.ca">http://www.teachspeced.ca</a>	The ADHD Workbook for Kids By:Dr. Lawrence Shaprio
<a href="https://www.additudemag.com">https://www.additudemag.com</a>	Learning to Slow Down and Pay Attention By, Dr. Kathleen Nadeau and Dr. Ellen Dixon
	Thriving with ADHD Workbook for Kids By: Kelli Miller



## ADHD supports in London

### Leaky Breaks Clinic

When you google search “leaky breaks cpri” you will see the online course that you can do from the comfort of your couch!

### London Learning Disabilities Association

<http://www.ldalondon.ca/>

They offer workshops, tutoring, assessments and parenting supports. Check their website regularly to see their scheduled sessions.

### HOPE- Helping Other Parents Succeed

226-234-9646 Laura Dunlop Dibbs

Telephone support services, support group meetings monthly, E-Blast, Crisis Support and Information

### Onward

<http://onwardsun.com>

Social skills training in small groups. Longer summer camp sessions.

### Riverside Educational Services

519-472-3377

Assessments, testing and tutoring

### Springboard (Toronto)

<http://www.springboardclinic.com>

online parenting resources and assessments.

Parenting a Child with ADHD