

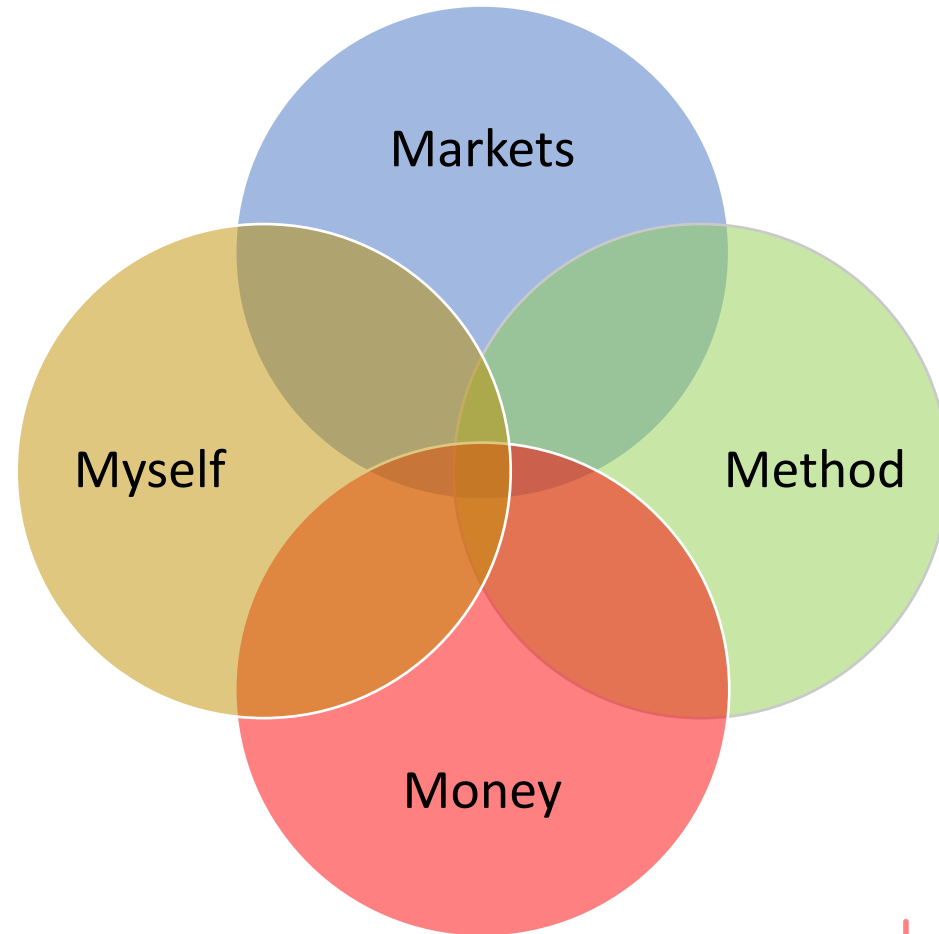


VETERANS TRADER PROJECT

Stage 1 – The 4M's of Trading

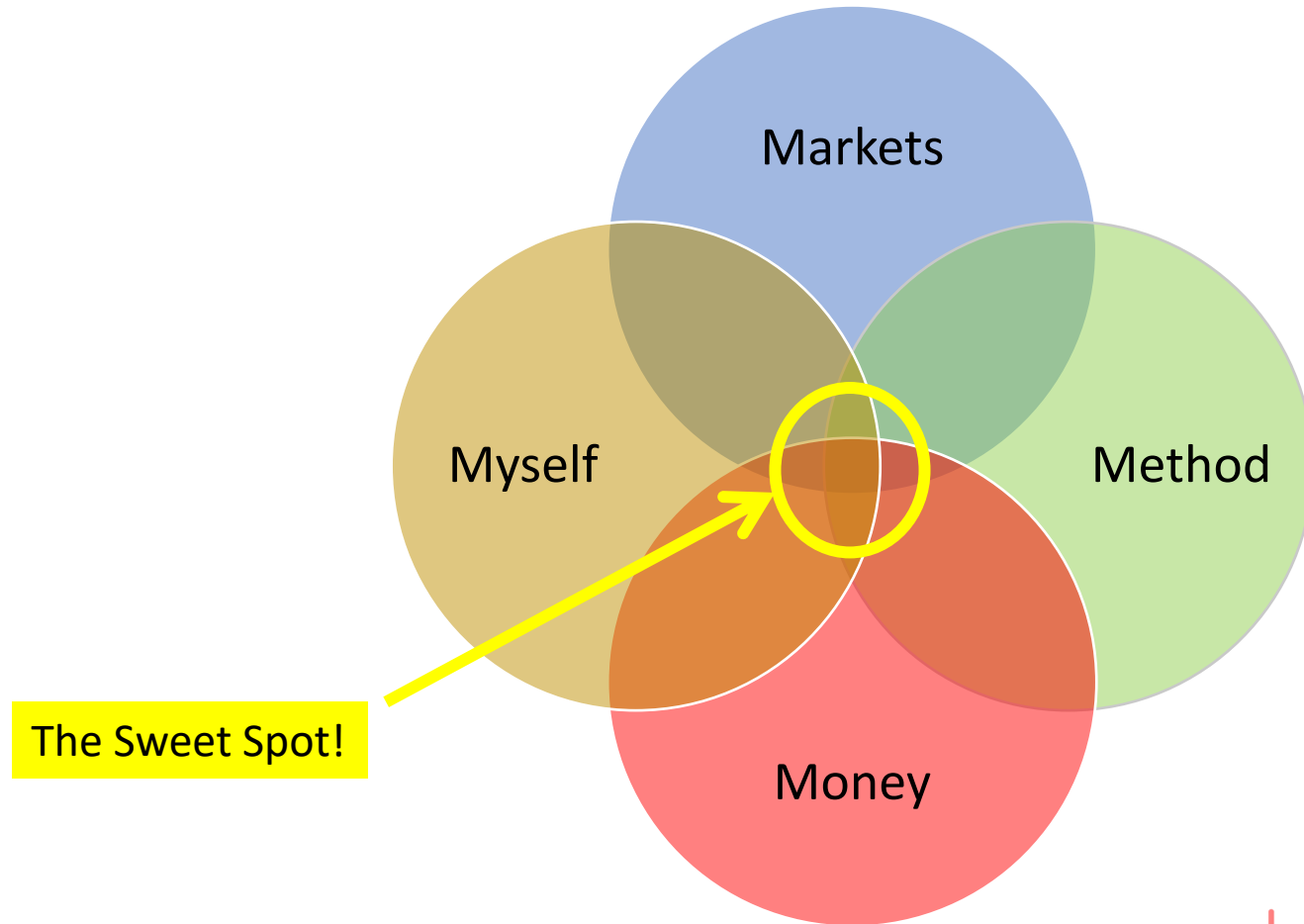
Veterans Trader Project – The Big Picture

The 4M's of Trading

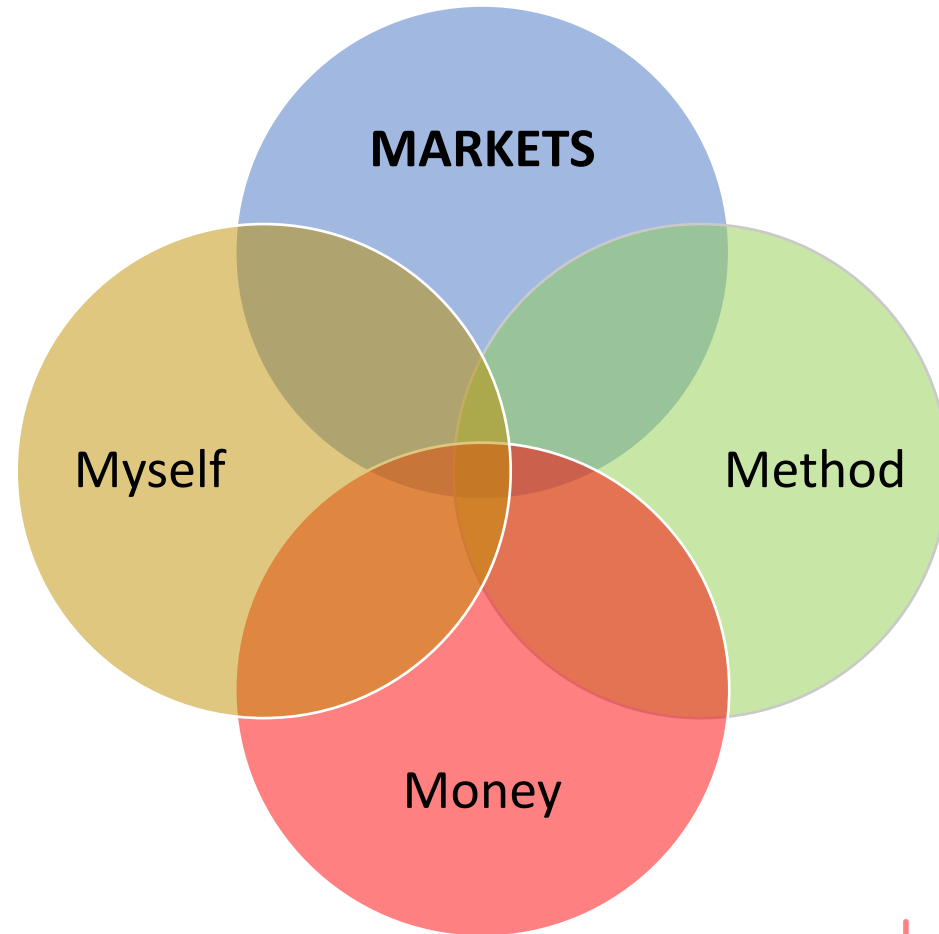


Veterans Trader Project – The Big Picture

What everybody's looking for!



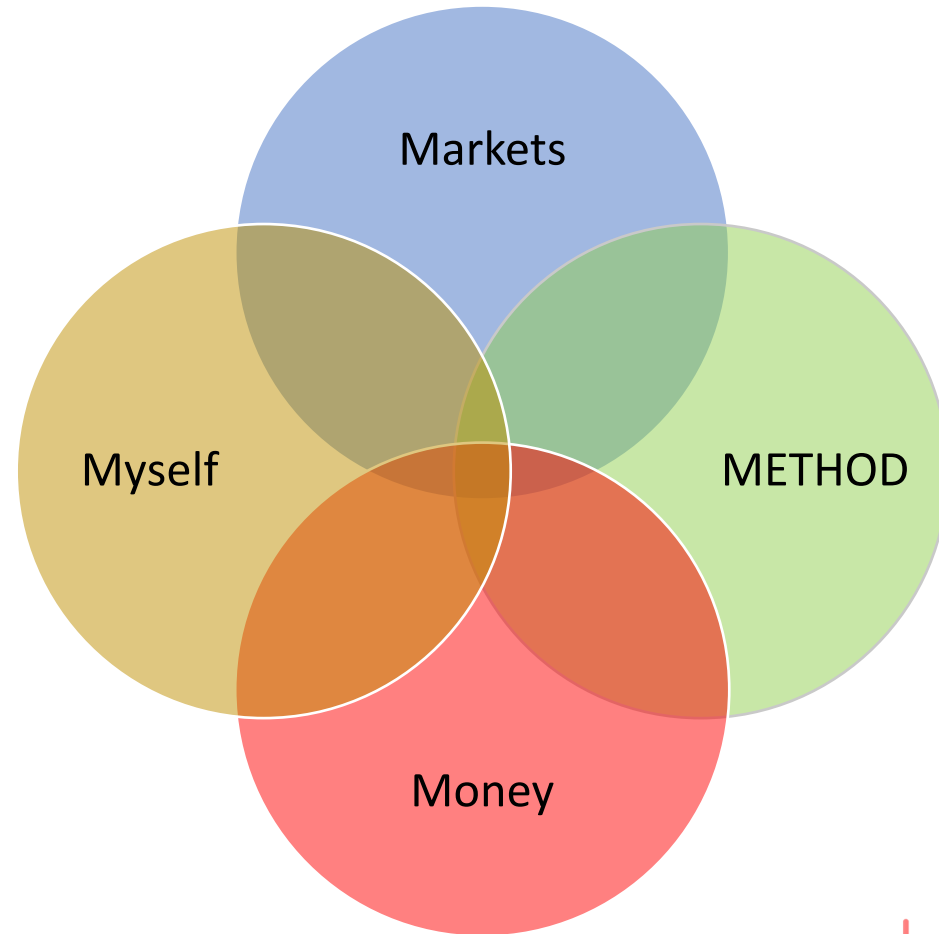
Veterans Trader Project – The Big Picture Markets



MARKETS

- [Equities](#)
 - [Indices](#)
 - [Commodities](#)
 - [FX](#)
 - [Bonds](#)
 - [Cryptocurrencies](#)
-
- [Trending](#)
 - [Range-bound](#)

Veterans Trader Project – The Big Picture METHOD



METHOD

- Most popular focus:
- Method /Systems / Strategy/ Tactics

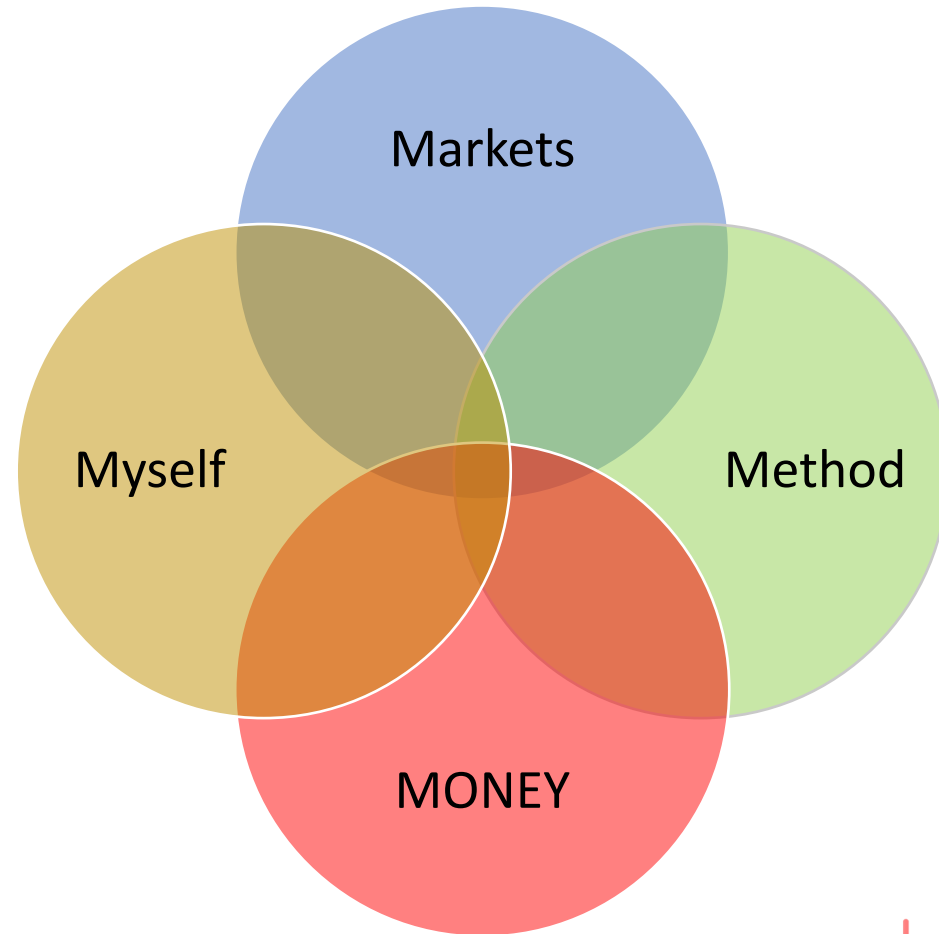
- [Fundamental Analysis](#)
- [Technical Analysis](#)
- [Sentiment Analysis](#)

- Trend-Following
- Range Bound
- [Arbitrage](#)
- [Event-driven](#)

- *“Everything works.....and nothing works”*

Veterans Trader Project – The Big Picture

MONEY



MONEY

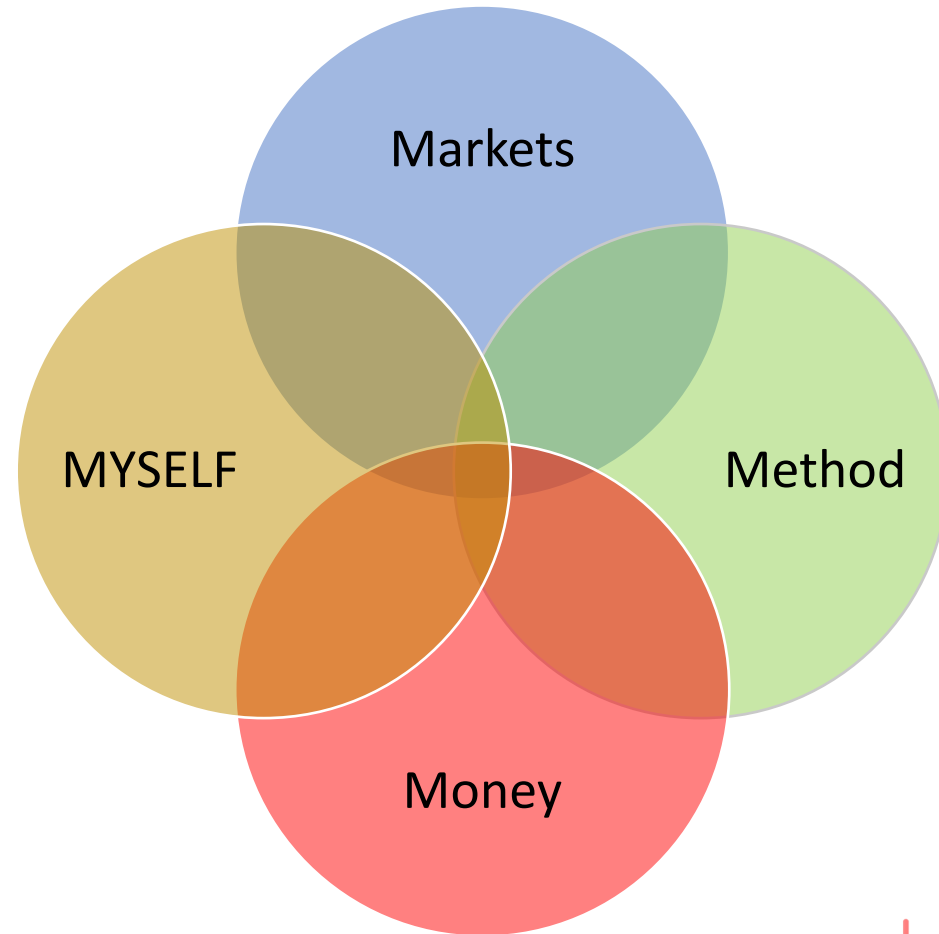
- Most necessary focus for a new trader!
- [Risk Management](#)
- Capitalisation
- [Position Sizing](#)
- Sticking with it!



Brett Steenbarger

- *“A surprising proportion of emotional problems in trading can be traced to improper risk management.”*

Veterans Trader Project – The Big Picture MYSELF



MYSELF

- Most often ignored by beginners....
- Why are you trading?
- Aims & Expectations
- Fear, greed and hope!
- Physical Health
- Mental Health
- Emotional Health
- Support Structures / Networks / Environment

" The human element of trading is enormously important and has been ignored by other authors for years. Recognizing and managing the emotions of fear and greed are central to consistently successful speculation."

[Peter L. Brandt](#)



Veterans Trader Project – The Big Picture

- Big Picture Recap:
- Remember to Manage the 4M's of Trading
 - Markets
 - Methods
 - Money
 - Myself
- Are they all in alignment?
- If not, then do not expect outsized returns
- Constantly monitor those 4 areas



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Veterans Trader Project – The Nitty Gritty

Weaving the 4M's together

- We are going to:
- Weave the Markets, Methods & Money together
- Whilst working on Myself

