

The Magic Of Thinking Rich Season 3 Day 12 Documentation

Date – 14/5/2021

Time – 7.30 PM

BSR Sir started the session with a celebration and reminding the viewers that this month has to be a complaint free month. BSR Sir asked everyone to appreciate people, things and services around them. BSR Sir asked everyone to cherish the feeling that, I am sufficient, cherish this thought and keep improving for exponential growth. BSR Sir advised people to follow the cycle of Learn, Implement, Teach and you will keep learning and earning forever. BSR Sir shared two testimonials with the viewers and also shared that he will answer some questions posted by the viewers at the end of the session.

BSR Sir shared the example of monks, how they are taught to be self dependant and they are taught to develop, discipline and stability in their minds. One of the monks was allocated the work of building a wall, he built the wall. Later, he was allocated the work of giving the tourists a walk around of the monastery, he used to take the visitors to every nook and corner of the monastery but he never took them to the wall that he built on his own. This was observed by a senior monk, he asked about it, the monk replied that in that wall, one of the bricks is not set properly and so to avoid anyone noticing that brick, he never used to take the tourists there. The senior monk smiled and said, it's a pity that you think so low about your work. Instead of appreciating and admiring the 10000 bricks that are symmetrically set by you, you are only focusing on the 1 brick which is not set properly in the wall. BSR Sir advised people to look at the good things done by them in their lives, and not focus only on what is not right. **Let Him See** – BSR Sir advised people to let the Universe/God take care of the problems that you cannot handle on your own. BSR Sir advised people to keep absolute faith on the Universe and you will see miracles happening in your life.

5 Must Manage Things For Massive Success –

- 1) **Rejection** – People are scared of rejection, they do not know how to handle rejection. Learning the skill to handle rejection is a must have skill to be successful. It is very important because when you fail to handle rejection, you develop a fear to face the similar situation again. BSR Sir shared the example of Mr. Steve Jobs, how he was rejected by the board of members of Apple Inc. but he handles the rejection so well that he was invited to lead the company again and how he led Apple Inc to the top position. BSR Sir also shared the emotionally moving example of Sindhutai Sapakal who was rejected by her own people and left to die but she overcame that rejection and sheltered 1400 orphans.
- 2) **Frustration** – Frustration is an emotion that arises when nothing is working in your favor. BSR Sir shared the example of famous Sri Lankan Cricketer Marvan Attapattu to explain this topic.

How he was rejected owing to his bad performance in International Matches and rejected from the team at numerous occasions, but he kept his emotions at bay and worked relentlessly on his game and got selected in the National Cricket Team after working on his game for 4 long years since last rejection. He never got frustrated due to rejections, but worked on his areas of opportunities to achieve his goal.

- 3) **Financial Pressure** – BSR Sir shared the example of Boeing Aircrafts to explain this topic. Boeing was earlier working in the Defense sector only but how a new Managing Director joined in and changed the entire status of the company by changing the vision. The new director shared with the Board that he plans to make Boeing the biggest aircraft manufacturer in the world and simply not restrict the company to Defense sector. He handled the numerous pressures to achieve the target of being the number 1 aircraft manufacturing company. He took loans from the market, handles extreme financial pressures but never gave up and took Boeing to the top spot. He was a risk taker.
- 4) **Fear** – The fear for rejection, frustration, financial pressures, failure, etc is detrimental for people and their businesses. When you learn to manage your fears, you become powerful. The fear of these things is much worse than the actual things. BSR Sir shared the example of the movie The Karate Kid and also asked viewers to watch this movie. It is a movie about a kid who overcomes his fear to win the game of life.
- 5) **Complacency** – After you overcome the above mentioned 4 challenges and achieve success, you get yourself into a comfort zone. This feeling of being satisfied with yourself and your achievement is known as Complacency and this is the most dangerous of all. Learning is growing but when you are satisfied in your life, your learning stops and your growth stops along with it. So never be satisfied in your life, be content and aim for more, **Stay Hungry** for more and **Stay Foolish**. BSR Sir shared numerous examples to explain this topic.

Watch this powerful session on YouTube channel CoachBSR