JD JANUARY DONOVAN

STRATEGIST GUIDE QUESTIONS

- THE WOMAN SCHOOL -

LESSON 9

YOUR ATTITUDE DETERMINES YOUR REALITY

QUESTIONS TO GUIDE THE CONVERSATION

- How would you describe your attitude towards people and the world? Describe it in detail?
- 2. Describe a woman you personally know that radiates a NEGATIVE attitude.
- 3. Now, describe a woman you personally know that radiates a POSITIVE attitude. Describe how their attitude is impacting their relationships.
- 4. Is your attitude opening or shutting doors of opportunities for you? Why or why not?
- 5. What skill can you continue to grow into that will allow you to be a light to others?
- 6. What skill do you need to learn or unlearn to replace a specific negative attitude?
- 7. Do you struggle with blaming others for your circumstances? Or, are you quick to take responsibility?
- 8. Describe two women's attitudes that you currently admire. Why do you admire them?
- 9. Describe your family's attitude growing up. How is it impacting you now?
- 10. Describe your presence when you walk in a room (ex. kitchen, date nights, office).
- 11. How is your attitude affecting every arena of your life? Elaborate.

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