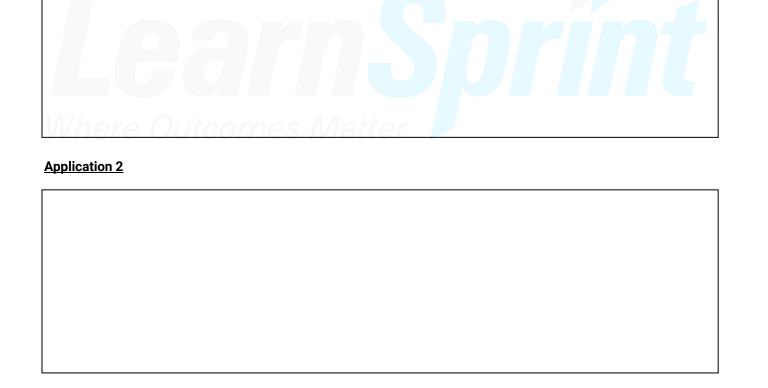# Module Journal Log – STAR Application
Situation Task Action Result

Give an example of application of session learning in the format of STAR for each

1. Situation – what was the situation / context / scenario?

2. Task – what was the task required by whom?

3. Action – what action did I take? What learning did I use in that action?

4. Result – what was the impact / result of the action?

<u>Application 1</u>

<u>Application 2</u>

Name: **Date:**

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