

Be Your Money Hero!

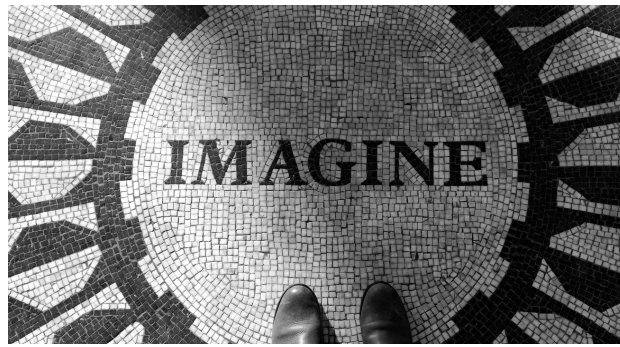
**GENERATE THE
FINANCIAL LIFE
YOU AND YOUR
FAMILY DESERVE**

by Stephani Niblock



If you could have everything your way, what would your financial life look like?





**WHAT WOULD LIVING THIS LIFE
PROVIDE FOR YOU AND YOUR FAMILY?**

WHAT DO YOU WANT OUT OF YOUR FINANCES?



**What does your life look like
when you are living a
peaceful, intentional,
healthy life?**

**What does that life
feel like?**

What makes you feel safe financially?

**HOW HAVE YOUR CHILDHOOD AND ADULT EXPERIENCES SHAPED YOUR VIEW OF MONEY?
ARE THESE VIEWS HELPFUL OR HINDERING?**

**What thoughts do you
regularly have about
money?**



**Where do those thoughts
come from?**



What are you grateful for?



Why are you grateful for it?

**What phrases do you
often use about
money?**



**What could you say
instead?**

Money Scripts

MONEY AVOIDANCE

You want to avoid anything that has to do with money. You tend to ignore bills, your bank account balance, anything money related makes you feel uncomfortable.

MONEY WORSHIP

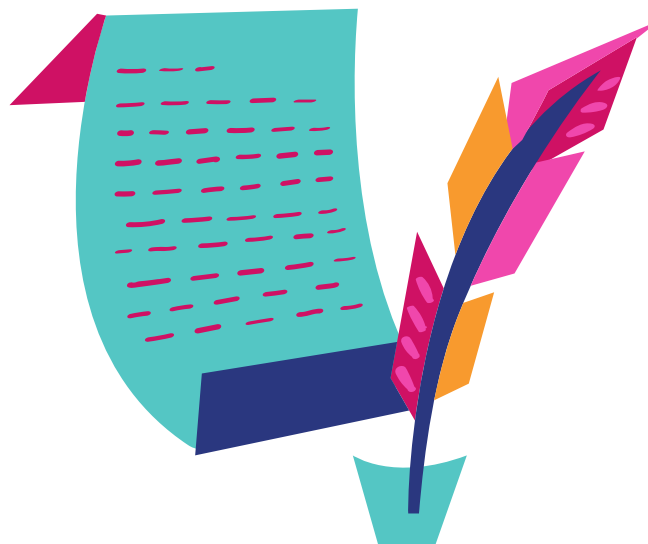
You think that having enough money can solve all of your problems or at least make them go away for now.

MONEY STATUS

You believe that your worth and the amount of money you have (or don't have) determines your value as a person.

MONEY VIGILANCE

You tend to be a penny pincher and hoard money. You may be stingy or avoid buying things that you or your family need.



Setting Financial Goals

For example, maybe the goal is you want a place of your own.

SPECIFIC

Where? How many bedrooms? What is your ideal rent amount? Do you want to live alone or have roommates?

HAVE A TIME LIMIT

Do you want to move in a month? In 3 months? What is your deadline?

MEASURABLE

Moving would be the measuring of this goal. But let's say you wanted to make more money. How much? Do you want to make an extra \$1 or an extra \$1,000?

WRITE IT DOWN

When you write your goals down, the chances of you hitting that goal go up 80%.

BE YOUR GOAL

You have to want this goal.

Goal Setting

GOAL

(Specific, Measurable & Timeline)

ACTIONS TO TAKE

WHY IT MATTERS

POTENTIAL PROBLEMS & SOLUTIONS

WINS & ACCOMPLISHMENTS!

@BEYOURMONEYHERO

Personal Balance Sheet

AS OF: __/__/____

ASSET	Interest Rate	VALUE	OWED	NET
@BEYOURMONEYHERO			TOTAL	

SIMPLE SPENDING PLAN

YOUR NAME: _____ MONTH BUDGETED: _____

INCOME 1	INCOME 2	INCOME 3	TOTAL INCOME

+

+

=

Fixed Expenses	Budgeted	Actual

Variable expenses	Budgeted	Actual

Debt/ Savings	Budgeted	Actual

	Budgeted	Actual
Total Income		
fixed expenses		
variable expenses		
debt/ savings		
Total Leftover		

Contact Info & Resources

STEPHANI NIBLOCK

Financial Educator & Advisor

BE YOUR MONEY HERO

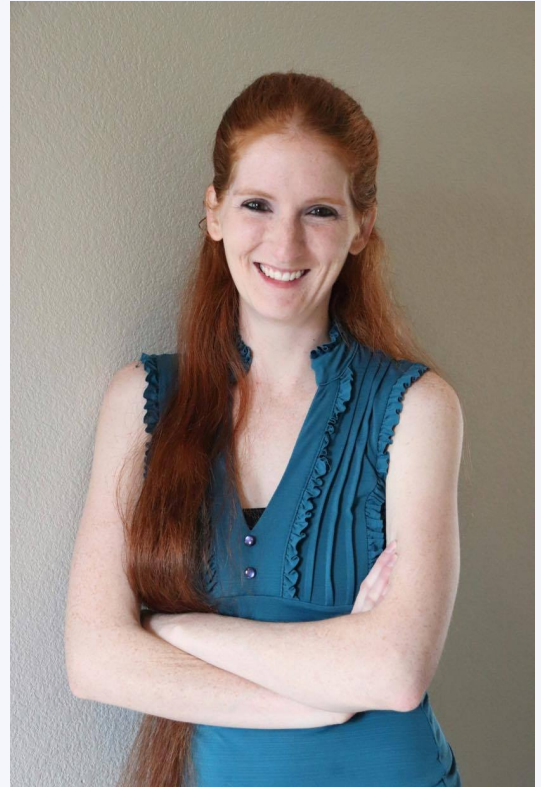
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<https://linktr.ee/BeYourMoneyHero>



Social media links & request a free copy
of the "How Money Works" book



- **How Money Works -
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Steve Siebold**

- **Women with
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Chatzky**

- **How to Stop
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Carnegie**

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Supernatural - Dr.
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