

March 2015

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My Values, Roles, Mission Statement and Long-Range Goals

My Mission in Life:

My mission is to help my wife and children be happy and successful, to produce results that matter at work and in the organizations I join, to challenge and push myself to accomplish significant things, to stay fit and centered as a place from which I draw strength and commitment, and to help expand the "good" in the world.

My Values:

1. Spouse. I nurture and support my wife and help her achieve her goals.

(Goal) My wife shall be glad to have spent her life with me.

2. Parent. I am a beloved and trusted parent, mentor and friend.

(Goal) My children learn important life lessons from me. And they come to me when they just want to be heard as well as for suggestions.

3. Family. My siblings, nieces & nephews, grandchildren and extended family value me.

4. Health/Fitness. I exercise and do yoga to stay healthy, fit and centered.

(Goal) Run the whole Marine Corps Marathon

5. Spirituality. I take time to smell the roses and appreciate the interconnected web of life.

6. Friendship. I am a true friend.

7. Leadership. I use my wisdom, experience and creativity to guide the organizations that are important to me.

My Roles:

1. Husband. Key Person: my wife. Her statement: He loves and appreciates me as I am, and enhances my life.

2. Father. Key People: my daughters. Their statement: He is my trusted friend, advisor and role model; and I count on his love, honesty and support and humor.

3. Provider. (Goal) Establish and develop well-compensated, meaningful local business.

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4. Friend: Their statement: He is my true friend, he is there for me and we can be authentic with each other.

5. Leader and Executive. (Goal) The groups in which I participate and play a leadership role are managed effectively and efficiently and are more stable both financially and organizationally. Team members are energized and motivated to achieve excellence while enjoying their efforts.

6. Teacher and Mentor. (Goal) The colleagues I mentor and students I teach learn important lessons substantively and are empowered to live more intentionally.