

Lesson 1: Understanding Your Value

01. What's Your Impact?

Outline the impact you want to make as a coach.

	Option #1	Option #2	Option #3
What's Your Focus?			
Who Do You Want To Help?			

02. Brainstorm A List Of Your Key Skills and Traits

Skill #1:

Skill #2:

Skill #3:

Skill #4:

Skill #5:

03. What Do You Want Your Business To Look Like In A Year?

List 2 - 3 things you want to accomplish:

04. Pick 2 ways to practice being an authority:

Describe the response you received and how you felt about it
