



How to play with



Boxes

We can use boxes in so many different ways to help **many different areas of development!**

Big or small we can use them all!

Make a tower of boxes (big or small boxes) then let your toddler throw a ball to knock the tower down. This is great for their big muscles and they will love breaking and building the tower over and over again! If this is a bit difficult for them they can also roll the ball instead of throwing.

Open up a big box (a few if you have) on both sides and place it on the floor like a tunnel! Encourage your baby or toddler to crawl through the tunnels you have made. You may need to put their favourite toy on the other side to encourage them to crawl through!

Even if your little one is already walking they will still learn from practicing their crawling.

Use a big box to take your baby or toddler on a bus ride! Let them sit in the box while you push it around! Watch as your baby enjoys. Your toddler can help decorate it to look like a bus too!

Use a smaller box and cut a hole in the top side. If you have a tissue box you can use it as it is! Place a few elastic bands over the box to make a box guitar. Let your little one pull the elastics and listen as they make a noise on the box. You can also put small items inside and let your little one reach inside to grab them!

Send your facilitator pictures of how you are playing with boxes!





How to play with toilet rolls



Instead of throwing away the inside of your toilet rolls when they are finished, keep them and use them for **playing and Learning!**

Stick two toilet rolls together next to each other to make vision goggles for your little one to look through! Play a game with them where they tell you what they see through their glasses and then you must find the same thing by looking through your toilet roll glasses. Or the other way around. "I see a tree with pink flowers. Can you see it too?"

Dip the end of your toilet roll into paint and stamp circles onto a page. Talk to your little one about the colours and count how many circles you make. You can also try bending and pressing the toilet roll to make different shapes!

Close your toilet roll at the bottom using paper and tape or staples. Put some rice or stones inside. Close the top and use it as a shaker.

Place a few toilet rolls standing up in front of your baby! Then place different items or toys into the toilet rolls! Some will disappear into the toilet roll and others will stick out the top. Let your baby explore and find the items.

Starting at the bottom of your toilet roll cut around and around all the way to the top! Now you have a spiral snake! Draw some eyes on at the top. Let your baby explore by pulling the tail and the head. Wiggle it and let them grab it.

Send your facilitator pictures of how you are playing with toilet rolls!

