



Section 1: Welcome!

All written course materials can be downloaded.

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Please Start Here (Text Lecture)

“Welcome” - 1 pdf document “Welcome”

Curriculum / Course Syllabus - this pdf document “Curriculum – Course Syllabus”

Section 2: The 10 Key Lessons to Master the Powerful Art of Asking for What You Want

Lesson 1: Go From Feeling Something Is Missing In Your Life ... to Feeling Totally Fulfilled

- 1 mp3 audio “Fulfilling Your Life”
- 1 pdf document (transcript)
- 1 pdf document Personal Reflection Exercise: “I Am Fulfilled By the Power of Helping Others”

Lesson 2: Getting What You Want In Life

- 1 mp3 audio “Getting What You Want In Life”
- 1 pdf document (transcript)
- 1 pdf document Personal Reflection Exercise: “Today I Take a Step Toward My Dreams”

Lesson 3: Are You Willing to Ask?

- 1 mp3 audio “Are You Willing to Ask”
- 1 pdf document (transcript)
- 1 pdf document Personal Reflection Exercise: “I Am Courageous in Asking for the Opportunities I Want”

Lesson 4: Examples of What to Ask For in Life

- 1 mp3 audio “Examples of What to Ask For in Life”
- 1 pdf document (transcript)
- 1 pdf document Personal Reflection Exercise: “My Life Goals Are Clear to Me”

Lesson 5: Are You Asking the Right Person?

- 1 mp3 audio "Are You Asking the Right Person"
- 1 pdf document (transcript)
- 1 pdf document Personal Reflection Exercise: "Letting Go Sets Me Free"

Lesson 6: How to Ask for What You Really Want

- 1 mp3 audio "How to Ask for What You Really Want"
- 1 pdf document (transcript)
- 1 pdf document Personal Reflection Exercise: "I Am Creating the Life of My Dreams"

Lesson 7: Looking for Happiness

- 1 mp3 audio "Looking for Happiness"
- 1 pdf document (transcript)
- 1 pdf document Personal Reflection Exercise: "My Happiness Depends on My Efforts"

Lesson 8: Success Comes to Those Who Ask

- 1 mp3 audio "Success Comes to Those Who Ask"
- 1 pdf document (transcript)
- 1 pdf document Personal Reflection Exercise: "I Choose to Be Successful"

Lesson 9: Why?

- 1 mp3 audio "That Small Word: Why"
- 1 pdf document (transcript)
- 1 pdf document Personal Reflection Exercise: "Indulging My Curiosity Brings New Dimensions to My Life"

Lesson 10: Yours for the Asking

- 1 mp3 audio "Yours for the Asking"
- 1 pdf document (transcript)
- 1 pdf document Personal Reflection Exercise: "I Am Motivated to See My Dreams Come True"

Section 3: Conclusion and Your Bonuses

Lesson 1: Bonus #1:

- 1 pdf document: "15 Questions to Ask Yourself to Discover Your True Passions"

Lesson 2: Bonus #2:

- 1 pdf document: "Get More of What You Want By Learning to Ask For It"

Lesson 3: Bonus #3:

- 1 pdf document: "The Power of Asking Effective Questions"

Lesson 4: Bonus #4:

- 1 pdf document: "Life-Altering Questions to Ask Yourself"

Conclusion

- 1 pdf document "Conclusion"