### **Welcome Email (Sent Immediately After Download)**

**Subject:** Your Family Rhythms Workbook is Here!

Hi [First Name],

Thank you for downloading the *Family Rhythms Workbook*! This resource is packed with practical ideas for aligning your home with God’s purpose. It includes templates and prompts to help you build rhythms around prayer, worship, and service—bringing peace and connection into your everyday life.

**Two Ways to Get Started:**

1. **Try a Daily Rhythm** – Begin with a morning devotion or bedtime blessing to anchor your family in faith.
2. **Share with a Friend** – If you find this workbook helpful, consider forwarding it to another family who might benefit from these rhythms.

Feel free to reply if you have questions or want to share how these rhythms are working for your family. I’d love to hear from you!

Bobby McGraw  
Teaching Pastor, Sugar Hill Church

**[Attachment: Family Rhythms Workbook PDF]**

### **7-Day Email (Sent 7 Days After Download)**

**Subject:** How Are the Family Rhythms Going?

Hi [First Name],

I hope you’ve had a chance to explore the *Family Rhythms Workbook*. Establishing intentional rhythms takes time, but small, consistent actions make a big difference.

Here are two ways to keep the momentum going:

1. **Share with a Friend**If these rhythms have been helpful, consider forwarding the workbook to another family. A simple resource like this could be just what they need.
2. **Explore More Messages**Dive deeper into practical faith with these messages from Sugar Hill Church:
   * [**A Life That Works**](https://www.youtube.com/watch?v=zIlbTcjzPQw): Discover ways to build a life aligned with God’s purpose.
   * [**Re-Thinking Monday**](https://www.youtube.com/watch?v=cKnQ3OI5III): Shift your mindset and see every day as an opportunity to live intentionally.
   * [**Heart Beat**](https://www.youtube.com/watch?v=cDGeCAoRfxE): Learn how to align your life with God’s heartbeat through rhythms of rest and connection.

I’d love to hear how these rhythms are impacting your family so far—feel free to reply and share your experience!

Bobby McGraw

### **14-Day Email (Invitation to Attend a Service)**

**Subject:** We’d Love to Welcome You to Sugar Hill Church

Hi [First Name],

If you’ve enjoyed using the *Family Rhythms Workbook*, we’d love to invite you to join us for a service at Sugar Hill Church. Whether you’re new to faith or looking to reconnect, you’ll find a welcoming community here to walk alongside you.

**Service Times:**

* **Sundays:** 9:15 AM & 11:00 AM
* **Spanish Service:** 11:00 AM
* **Location:** 5091 Nelson Brogdon Blvd., Sugar Hill, GA 30518
* **Online Services:** [Join us live](https://sugarhill.church)

We’d be honored to meet you in person or online and help you discover God’s purpose for your life. If you have any questions before attending, feel free to reply—I’d love to connect!

Looking forward to seeing you soon,

Bobby McGraw