



Key Principles for a Brilliant Partnership Lifestyle for you and your puppy.

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Partnership Principles



The partnership principles, if followed diligently, will supercharge your relationship with your puppy.



This approach will be effective with all puppies, no matter their breed.



Key Principles for a True Partnership Lifestyle



Safe, Calm and Happy – for both partners.



Trust.



Communication.



Being intentional and fully present.



Being a loving leader.



Husky Rescue and Rehoming

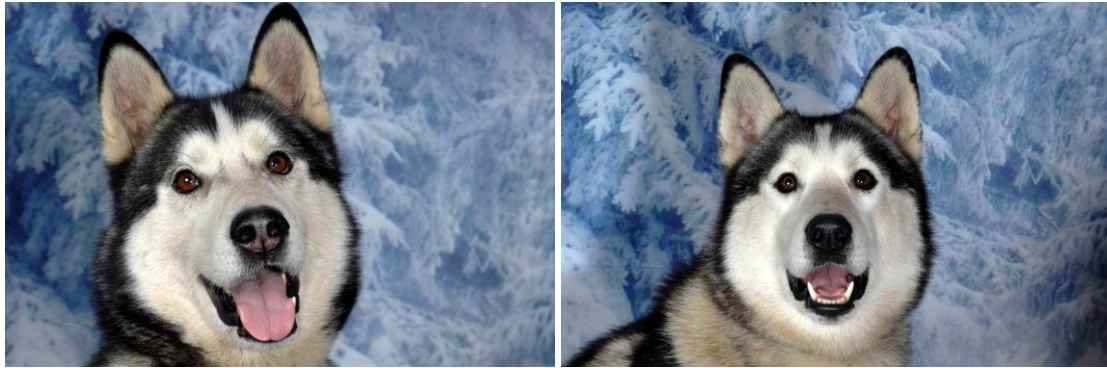


Puppies come from a variety of backgrounds, they have all sorts of personalities, ages and energy levels.



My focus to get you started is Safe, Calm and Happy.

Examples – Litter Siblings



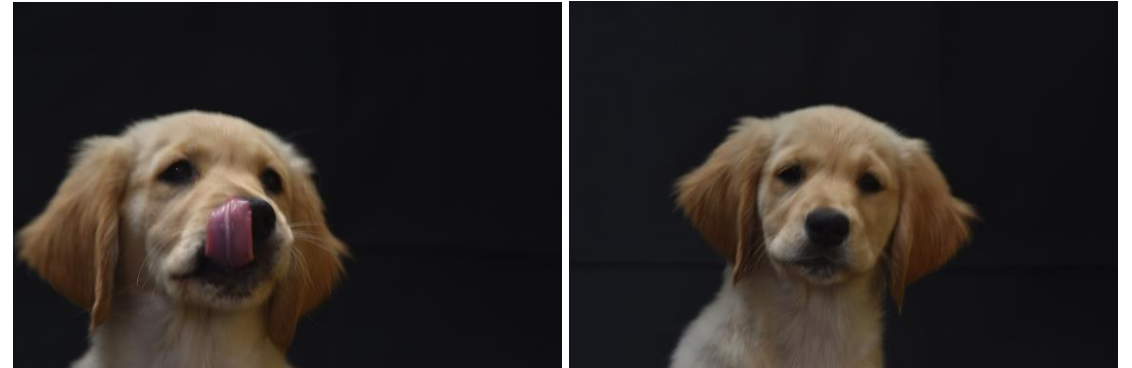
Shadow & Blade



Ice & Luna



Ghost & Mischief



Bella & Sandy



Litter Siblings



SCH Focus – Keeping Safe, Calm and Happy



Where, When and
How to walk.

Five minutes per
month.



How do you feel
about ditching the
walks for a while?

We need to
work on having
our pups used to
the harness and
leads before we
go out walking.

Essentials of Safe, Calm and Happy

Pay attention to subtle body language



The whispers before the shouting.



Pay attention to our intuition, our gut feeling.

SIGNALS
featuring Tano the pitbull

WHOS THIS?	OH NO...	EARS FLAT	DON'T GET MAD, DAD...
SUSPICIOUS	SCARED	PLEASE...	PEACE
NOSE TICKLE (NO FOOD PRESENT)	BIG YAWN	DE-STRESS...	I WILL IGNORE THE OTHER DOG...
PEACE	CONFLICTED	I'LL BE NO THREAT	I'LL BE NO THREAT
CURVE	LET'S PLAY!	PLEASE RUB MY BELLY	HELLO
BEING FRIENDLY		HAPPY	HAPPY

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Work with
the dog in
front of us.



Think about the individual personality
of our dog and our own personality.



How may one be affecting the
other.



Example: With Bella and Sandy, I
need to be very soft with my energy
with Bella, keep the pressure off, no
expectations, no agenda.

The Stress Bucket

- ▶ Consider how full is the bucket of stress hormones?
- ▶ Remember we both need to be SCH. How full is your bucket?
- ▶ What happened yesterday? The day before? Earlier today?
- ▶ What other factors could be paying into the bucket?
- ▶ Diet, Pain, itchiness, Gastro intestinal issues, hormones, calmness and rest.

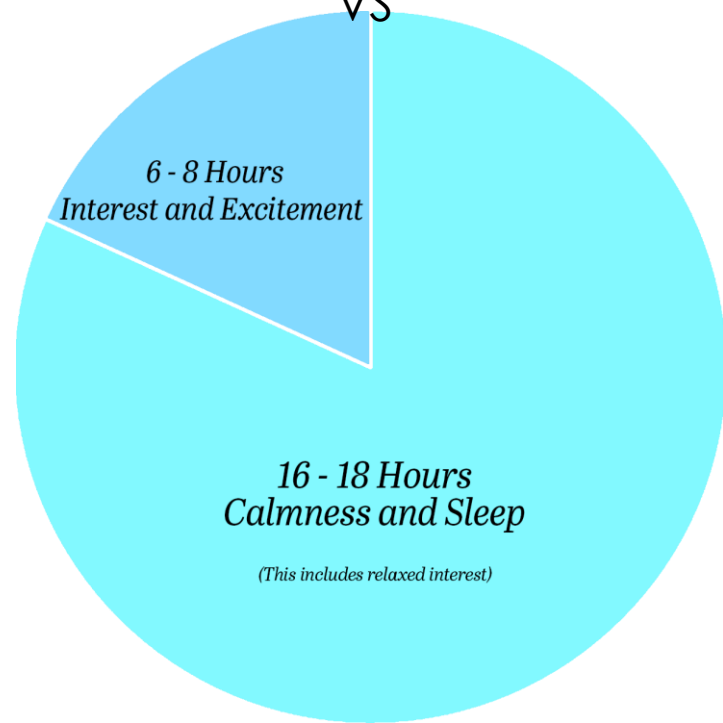


How active is your dog?

- ▶ What does the Activity Chart look like for your puppy.
- ▶ Puppies only need one hour of high excitement (orange) activity per day and 20 hours sleep.
- ▶ We want to avoid the red areas at all costs and really want to stay in the green zone.



VS





Keeping Both Partners SCH



Use of brain games e.g. scent work in place of more exercise.



The value of long leash Sniffaries.



Being fully present and intentional



Keeping SCH

- ▶ If we keep putting our dogs in situations where they feel uncomfortable (e.g. walks) and feel they need to actively cope and take charge themselves (e.g. lunging and barking) then we will be leaking TRUST from our relationship.
- ▶ When our dogs behave in this way there is a Trust leak felt by us – we may think our dog needs ‘fixing’, we put labels on them e.g. Reactive, Aggressive, Dominant,
- ▶ We are likely to be anxious and micro-manage them. We take away their agency.
- ▶ We have the opportunity with a puppy to start off on the right path and avoid the lunging, barking, spinning or other reactive behaviour.



Our dogs often Mirror our emotions and behaviour.



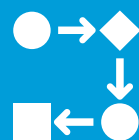
An essential step is for us to be honest with ourselves, develop self-awareness.



Mirroring



Digging Deeper



As we go through the course, we will come back to some of the principles we have mentioned and dig deeper.



If you have any questions or want to discuss anything during these presentations we can arrange one-to-one coaching calls or even discuss these in the live coaching sessions.