

Let's Make Brownies in a Mug

Learning Objectives:

Students will learn how to make brownies in a mug and make it.

Materials & Preparation:

- Let's Make Brownies in a Mug power point (included)
- Let's Make Brownies in a Mug sequencing activity (multiple levels included)
- Brownies in a Mug writing picture prompt (included)
- Brownies in a Mug matching activity (included)
- Scissors & glue (you provide)
- Brownies in a Mug ingredients (you provide)

Instruction:

- Who likes sweet desserts? What is your favorite?
- Let's Make Brownies in a Mug power point

Full Class Activity:

- Make Brownies in a Mug!! Display the power point if needed to move to the next step for the cooking lesson. Have each student read a slide as you go.

Independent Working Time:

- Matching activity
- Writing picture prompt
- Sequencing activity, remind students to remember what they did when they were making the brownies in a mug.

Wrap up/Closing:

- Review what they made and how. Remind them how important cooking is for their independence and that you will continue working on meals and snacks they can prepare for themselves!

Other Ideas for Activities:

- Making tea is also another easy lesson that I've had students with moderate to severe disabilities who would make this independently in class as they learned and needed less support. It's amazing to see!!!

- Take pictures of the students doing each step and make a book of themselves making hot chocolate (or whatever recipe you're working on). Students can also write the story to go with their book and take it home for parents to see. It's so much more meaningful when they see pictures of themselves doing/participating in activities.
- There are so many microwavable recipes for classrooms! I know not every classroom is lucky enough to have a full kitchen, but there are so many things you can cook just using a microwave! (i.e. mashed potatoes, corn, pizza bagels, desserts, and much, much more!)

Name _____ Date _____

Draw a line to sequence the steps for making brownies in a mug.

Step 1 Stir in chocolate chips.

Step 2 Put in the microwave for 90 seconds.

Step 3 Put sugar, flour, cocoa powder, and salt in a mug.

Step 4 Take out of microwave. Be careful!

Step 5 Add oil, milk and vanilla extract. STIR.

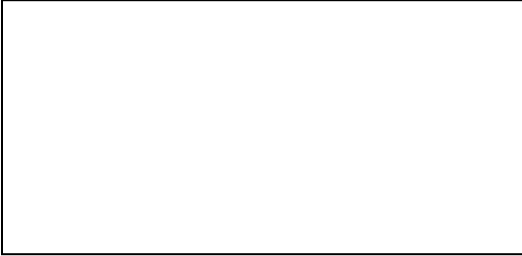
Step 6 Use fork to stir ingredients so it is smooth.

Step 7 Add extras, ENJOY!!!!

Name _____ Date _____

Cut out the pictures or words and glue steps in order for making brownies in a mug.

1



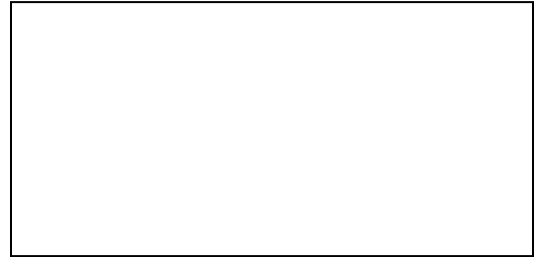
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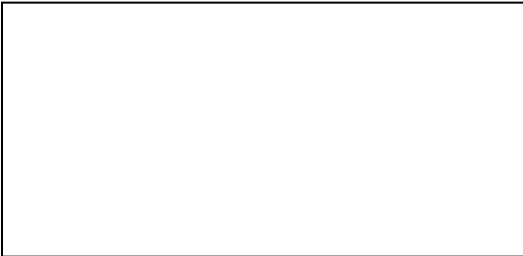
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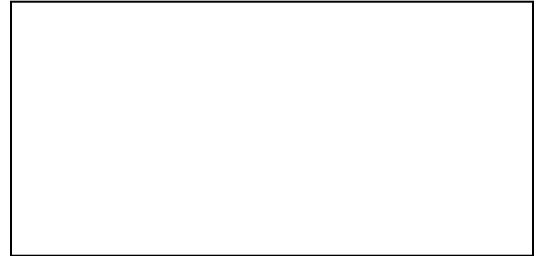
4



5



6



7



Add extras,
ENJOY!!!!

Take out of
microwave. Be
careful!

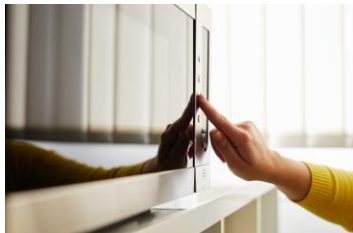
Add oil, milk and
vanilla extract.
STIR.

Stir in chocolate
chips.

Put sugar, flour,
cocoa powder,
and salt in a mug.

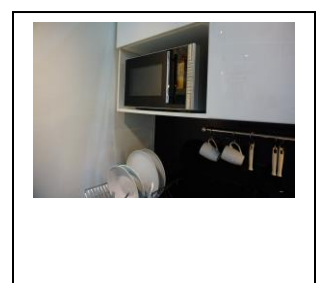
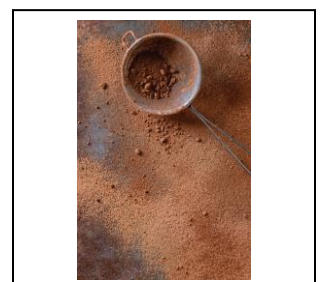
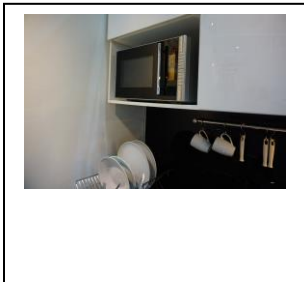
Use fork to stir
ingredients so it is
smooth.

Put in the
microwave for 90
seconds.



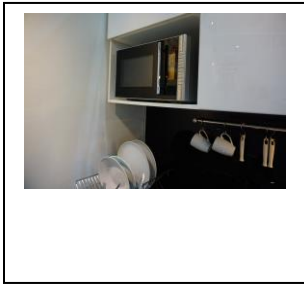
Name _____ Date _____

Match the pictures with the same picture.



Name _____ Date _____

Match the pictures with the words.



Brownies in a Mug



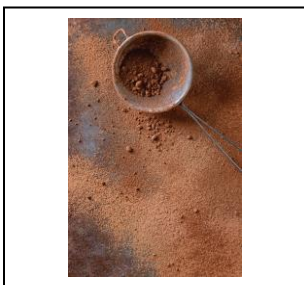
Cocoa Powder



Microwave



Chocolate chips



Ceramic Mug

