

## 10 STEPS TO FINANCIAL FREEDOM

# STEP 3: RELATIONSHIPS

## 3.1) SEVEN RELATIONSHIPS

Man was created as a relational being. Relationships form the atmosphere wherein man functions and finds his health. As water is to a fish, so relationships are for man. Without relationships you will merely exist or die. Most people have seven types of relationships in their lives. These relationships interact and co-operate holistically and it is very important to make sure that they are sound and healthy. The seven relationships are:

- God
- Yourself
- Spouse
- Extended family
- Finances
- Friends
- Community

Money is one of the seven relationships and you need to sort out the six other relationships in your personal life, for finances depend on them but should also serve them.

#### 3.2) EMOTIONAL ENERGY

You need emotional energy or passion to handle and develop all your relationships. We saw in the previous chapter that you need to start living your life passionately to make progress. This passion is nothing other than the emotional energy with which you were born to make your relationships

successful. If you do not have emotional energy, you will not be able to manage your relationships. You will never be able to grow beyond the amount of energy that is available to build your relationships. You need to know where your emotional energy leaks out of your life, how to stop it from leaking and how to generate more of it. If the enemy can disrupt one or two of your relationships in such a way that it consumes all your emotional energy, you are an accident waiting to happen. So often, when someone goes through a divorce, all their energy is consumed by it so that all their other relationships fall apart.

#### 3.3) SEVEN ESSENTIAL SUBJECTS TO STUDY!

Relationships play a vital role in man's life and create an atmosphere in which he can prosper. Therefore, we need to make a special effort to educate ourselves about how relationships work. I believe there are 7 subjects in life that should definitely be studied by everyone. Doing so will dramatically increase your chances of living a successful, happy and fulfilled life. The subjects are listed in the following table:

| Subject         | Content                             | Label             |
|-----------------|-------------------------------------|-------------------|
| God             | Theology – who is God?              | WORD-WISE         |
| Man             | Anthropology – how does man         | IDENTITY-WISE     |
| Redemption      | function?  Jesus' redemption of man | REDEMPTION-WISE   |
|                 |                                     |                   |
| Relationships   | Man's relationship with man         | RELATIONSHIP-WISE |
| Money           | The means to live life              | MONEYWISE         |
|                 |                                     |                   |
| Marriage        | How to have a happy marriage        | MARRIAGE-WISE     |
| Child education | How to raise children               | CHILD-WISE        |

God is the Creator of the universe and the source of life. If you do not understand the beginning and frame of reference of everything, you will battle to live life successfully. Man was created out of God according to His image and likeness. If you do not understand who you are, the potential of God will not be able to flow through you. Man lives according to his understanding of his identity. Man does not have a behavioural problem, but rather an identity problem. Jesus came to redeem man, and your understanding of redemption will determine the degree of freedom you will experience! The two pillars of life are family and business. Relationships and money are the two means whereby we live life in these two pillars. The important relationships that people normally become involved in are marriage and children.

## 3.4) REGAIN YOUR EMOTIONAL ENERGY

There are a few things we can do to regain our emotional energy to manage and build all seven of our relationships. If you fail to do so there will be no prosperous financial future for you. The financial future you want is the one you are going to create and build yourself, and you need lots of emotional energy or passion to accomplish that! Therefore, we need to find the places where it leaks out of our lives. There are three important things we can do to solve this problem:

## 3.4.1) LEAVE THE PAST BEHIND - FORGIVE!

- The main reason why people are unsuccessful in finances, is not in the first place primarily because of their ignorance, but because no one can build successfully on a past that is in disorder, unresolved, reactive, filled with disappointment and pain! Find closure and leave the past behind, so that you are not controlled from the past! Anything successful can only be built on a strong, firm foundation.
- Eighty percent of all human energy is spent on the past. You cannot build a successful future if your thoughts and energy are constantly consumed by the past! You cannot live outside what you are not living inside! Only what is inside will manifest outside!
- Do not minimize your past as we do with Windows on the computer. All those
  minimized windows at the bottom of the screen are using energy of the CPU and
  slowing down the computer. Open up the windows of the past, face them and deal
  with them once and for all.
- Forgive everything and everyone you hold responsible for the crises and failures of your past. Call them by name and release each one individually. He who is a slave of the past will never live in the success of the present!

- Quieten all the voices in your life so that you can only hear the voice in your heart! Deal with the voice of the bank manager, your debt, your past, your inner voice, your teachers and all other voices that keep you locked up in the past.
- Stop living a reactive lifestyle and start living a pro-active and creative life. Stop running away and hiding from the domination and slavery of the world, and stand up to face and conquer it!

## 3.4.2) STOP LIVING FROM YOUR EMOTIONS AND FEAR!

A very important principle is to separate your finances from your emotions. It is extremely dangerous to make any decisions based on your emotions. Emotions give colour and enjoyment to life, but were never meant to be the guideline for decisions or the foundation of relationships.

Emotions are a very weak foundation and decisions based on them will always disappoint you. Nothing releases as much emotion in us as an unresolved past. Quieten the emotions in your life and do not allow them to stir up the dust in your soul. Tragically, most people live from and rely on their emotions concerning a situation instead of healthy principles. You must first learn to handle finances clinically and objectively according to financial principles, before you should allow anything else to play a role in your financial decisions.

There are two major forces in the universe: fear and love. Fear will cripple and enslave you, while love will raise you up and release you to be who you really are. Deal with all fear and live pro-actively out of love. 1 John 4:17-18 says that perfect love will drive out fear!

#### 3.4.3) BLESS YOURSELF!

The most important person to forgive is yourself! You must forgive yourself until you can bless and believe in yourself! This world is not about money, but about you! The money is in you! You are the key to wealth creation and everything that you will ever have will come out of you! Know who you are and develop the skills you need to live your true identity.

We do not want to make you rich with Moneywise. You are already rich. We just want your riches to manifest. According to Ephesians 1:3-5 all mankind has already been blessed with every spiritual blessing in heavenly places before the foundation of the world. We just need to lay hold of the riches in us and create a way for it to manifest on the outside.

In Isaiah 65:16-17 we find the key to experiencing the blessing: "so that he who blesses himself in the earth shall bless himself in the God of truth; and he that swears in the earth shall swear by the God of truth; because the former troubles are forgotten, and because they are hid from mine eyes. (17) For, behold, I create new heavens and a new earth; and the former things shall not be remembered, nor come into mind." You are the channel of the new things God wants to do on earth and if the channel is blocked, it cannot manifest! You came to earth as a blessed person, but you cannot live a blessed life if you are not at peace with yourself and your past. It must be resolved so that you can bless yourself in what is meant for you on earth.

All wealth creators are very positive people. They are very positive about life and themselves. They believe in who they are and invest in themselves until they have the skill to live it.

## 3.5) LIFE IS A GAME

The Moneywise course started out as a game from which the course grew. The Moneywise Game is a 6 hour game that teaches the principles of financial freedom and wealth creation! The game is unique in the sense that it has a simulated, live economy that teaches you to manage money in such a way that you can create riches and financial freedom. Although it is only a game, it teaches you to become a millionaire and to acquire skills in finances. The motto of the game is "You win or you lose by the way you choose!" Whilst playing the Moneywise game, your current financial mistakes will surface clearly and you can learn to correct them.

One of life's most important lessons is to see that life on earth was designed as a game. All our relationships are actually a game. We must start to see our life as a venture, where we play 7 relational games simultaneously. Life is not meant to be this serious and ugly thing that it became after the fall of man! Not only is life a game, but everything in life is a game. If you lose the game, you have lost life! Actually, all our relationships are a game. Marriage is a game; raising children is a game; family is a game; work is a game; making money is a game; etc. Never lose the game, because then you have lost the relationship! The heart of the game is to play it. Children do not play because there is nothing else for them to do; they play because playing is the heart of life and the best way to prepare you for it! We end up all stressed out because we have lost the game along the way and do not know how to play any longer! The rhythm of life is a lifestyle game that is played every day of your life.