

12 BRILLIANT BOOKS for CREATIVE MINDS

Grow your creative practice and transform your life

MAKE GOOD ART by Neil Gaiman

- His glorious commencement speech, with stellar design by Chip Kidd

FOR WHEN YOUR CREATIVITY NEEDS A BIT OF A BOOST



THE CREATIVE HABIT by Twyla Tharp

- Renowned choreographer on the superpowers of creative habits

FOR GROWING YOUR PRACTICE TOWARDS YOUR NEXT PROJECT



VERY GOOD LIVES by J K Rowling

- The usefulness of failure in a creative career: small tome, powerful punch

FOR YOUNG CREATIVES AND THOSE GRAPPLING WITH FAILURE



THE MIRACLE MORNING by Hal Elrod

- Transformative self-help book (and it all happens before 8am)

FOR A DAILY PRACTICE FORMULA THAT WORKS



THE ARTIST'S WAY by Julia Cameron

- The global bestseller. Fantastic exercises, still relevant, encouraging and fun

TO HELP YOU RECOVER (OR DISCOVER) YOUR CREATIVE SELF



WRITING DOWN THE BONES by Natalie Goldberg

- Lovely story-based chapters from Goldberg's own writing life

FOR WRITERS EVERYWHERE



JOURNAL SPARKS by Emily K Neuberger

- Great ideas for starting your own creative journal

FOR JOURNAL LOVERS



REST by Alex Soojung-Kim Pang

- Lovely study of the power of rest in the creative process

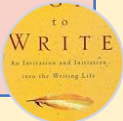
FOR TIRED CREATIVES NEEDING ANOTHER WAY



YOUR RIGHT TO WRITE by Julia Cameron

- Personal experiences followed by excellent short exercises

FOR THOSE LACKING THE CONFIDENCE TO WRITE



MY YEAR IN SMALL DRAWINGS by Matilda Tristram

- Delightful, practical book that'll have you drawing in no time

FOR A CHARMING INTRODUCTION TO DRAWING ON A DAILY BASIS



THRIVE by Arianna Huffington

- Towards a redefinition of success and a happier life

FOR ENHANCED CREATIVITY VIA HEALTH AND WELLNESS



FLOW by Mihaly Csikszentmihalyi

- The classic 2002 study of creativity, 'flow' and the science of happiness

FOR A WINNING FORMULA TOWARDS A HAPPIER LIFE

