

# HOW TO DECLUTTER

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## 3 WAYS TO CUT DOWN ON CLUTTER

- 1. Purge.** Get rid of the excess stuff in your home.
- 2. Shop less.** Just don't bring more stuff into your home. When you do make a purchase really decide if the new thing is going to make your life better or just add to the clutter.
- 3. Own less.** When you do bring a new thing into your already full life, realize that something else will need to go in order to make room for the new thing.

## AS YOU GO THROUGH YOUR HOUSE, ASK YOURSELF THESE QUESTIONS

- Do I need this?
- Is there something else I could use in it's place?
- Do I own another one? Do I really need two or more?
- Is this item stealing my joy by creating clutter in my life?
- Could someone else use this item more than me?
- Has this item served it's purpose and needs to be thrown out?
- Does this item have a home ? Where does it go?

IT'S OKAY TO LET THINGS GO.