

XCELLENCE LEADERSHIP UNIVERSITY

Developing Today's Leaders for Tomorrow's Future

Welcome to *Helence Leadership* University

Spiritual Coach Certification Program

Program Developer: Dr. Angella Banks



Things to Know!

About Us

The XLU was founded by Dr. Angella Banks, DBA, the Founder & President of Xcellence, Inc. Xcellence, Inc. is a 501©3 organization that develops, empowers, and promotes leaders worldwide. As the organization continues to grow, the demand for Dr. Angella Banks continued to increase in the areas of spiritual, personal and professional leadership development and entrepreneurship. In was in that moment in which God gave her the vision of the XLU University to meet the needs of leaders desiring to fulfill their purpose in life. The XLU University is owned & operated by Xcellence, Inc., as a subsidiary.

The XLU Certification program uses a mixed methodology of biblically based principles along with practicality in various areas, to provide specialized coaching of expertise to coachees.

Our Mission

The XLU University mission is to impact the world through leaders realizing their fullest potential.

Our Purpose

XLU's purpose is to train leaders to use their personalized journey and story to change the lives of others. We promote professionalism, integrity, and ethical behaviors in our program to ensure the highest level of quality. Our program is spiritually based with foundational principles to represent a signature of excellence as we train and certify XLU Coaches.

*All XLU Certified Coaches are required to know and agree to our Coach Creed.





Week 1-1	XLU Coaching 101
Week 1-2	Biblically-Based Coaching
Week 2-1	Fear of Purpose & Success
Week 2-2	Coachees Needs & Coaching Tools
Week 3-1	Program Measurements & Outcomes
Week 3-2	Coaching Case Study & Analysis
Week 4	Program Exam & Graduation

*Failure to comply with program guidelines and curricula could halt completion of the program. All homework assignments, tests, exam, any live sessions, and any additional requested materials, must be completed before certification awarded. 2 weeks of inactivity in course and/or missed assignments will end program immediately unless approved. *<u>No refunds available, however, course can be rescheduled.</u>

Bonuses:

Automatic Eligibility to join the Xcellence Leadership Coaching Firm

Lifetime Access to Classroom Resources and Materials

Eligible to Become a Brother or Sister in Xcellence





The XLU University

WHAT WE BELIEVE.....

It is our conviction that God has given each of us the ability to fulfill his purpose on this earth. It is critical that believers begin to maximize their God-given gifts to create real change. These gifts are needed to have impact in the seven mountain of influence (religion, arts & entertainment, business, education, family, government, and media). The basics of Christian doctrine serves as a foundation for our spirituality walk with our Lord & Savior. Therefore, we affirm the following as our <u>XLU University Coaching Creed</u>:

As an XLU Coach.....

- 1. I hold myself accountable to the highest ethical principles and level of integrity to honor God with my gifts. I conduct excellence as my personal code of conduct as well as corporately and in all my associations with XLU University, clients, and colleagues.
- 2. I will maintain confidentiality with my clients and within the confines of the university.
- 3. I will be truthful and honest with my clients, the nature of our coaching relationship, including the structure, fees, refunds, expectations, actions of accountability and guarantees.
- 4. I will never release the confidentiality of a client's name, for any purpose, without expressed permission from the client.
- 5. I will give credit for all copyright and trademark materials, and intellectual property used and belonging to other individuals.
- 6. I will judiciously avoid conflicts of interest. If for any reason they should arise, I will advise any and all parties involved.
- 7. I will be clear with my clients regarding the parameters in which I have been trained and certified through XLU University.
- 8. I will continue to seek additional training and learning opportunities to improve my XLU coaching career.
- 9. I will refer clients to other XLU coaches if I am not specialized to assist them in the identified areas of need. I realize the client's needs are priority and should always come first. If I am unable to meet the needs of the client, I will relinquish my coaching services.
- 10. I will honor my Christian values and the XLU University's mission to maintain a signature of excellence in all services I perform.

Printed Name:	Signature	Date:

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What You Will Learn as an XLU Coach

- Learn the difference between Traditional Coaching vs XLU Coaching
- Learn the importance of active listening and questioning techniques
- Learn our unique and exclusive XLU Coaching Coaching Process
 - Learn the importance of values, ethics, and integrity
- Learn about tools, techniques, and strategies to help coachees find their purpose
 - Learn how to identify weaknesses and spot obstacles that hinder progress
 - Learn how to structure your business and business development
 - Learn how to help coaches overcome fear of purpose, success, and failure
 - Learn about marketing and offering coaching services.

How You Will Learn To Be An XLU Coach

• Trainees will complete weekly online assignment (www.idreamofme.org)

- Trainees will attend weekly conference call via phone or zoom
 - Trainees have weekly reading, video, homework and test
 - Trainees experience several practice coaching sessions.
 - Trainees are given an exam at the end of the training.

Your Certification

You will be certified as an XLU Certified Spiritual Coach....

You may be receive additional endorsements in the areas of Executive, Professional Development, or Business, if additional experience and/or qualifications exist.

