

Fabulously Fearless

Greetings my friend welcome to day 8

Today is a day to step outside of your comfort zone in a big way.

What does that mean? It means....

- → If you've talked yourself out of approaching someone for a job
- Avoided prospecting for new clients
- Didn't stand up for yourself
- → Told yourself 'I don't know where to start'
- Played small in some way
- → Resisted telling someone you care about just how much you care
- → Avoided being honest with someone about how bad you sometimes feel
- → Let your negative self-talk overrule your intuition

Today is the day you commit to bold action to approach the big situation you've avoided.

What is the worst that can happen?

Commit to doing something fearlessly and fabulously. Take a deep breath and trust your inner guidance.

Then do the thing you have feared. A wise man once said FEAR stands for False Evidence Appearing Real.

Are you ready? You are powerful beyond your wildest imagination. Go forth and own it.

Tell us on Facebook what bold action you've taken.

