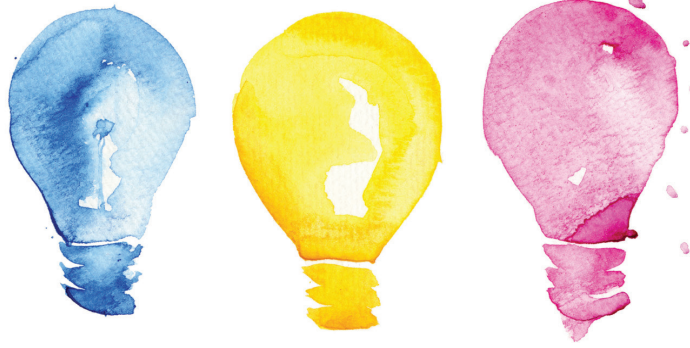


THINK



Truthful

Helpful

Inspirational

Necessary

Kind

This acronym is pretty useful in helping us monitor the way we think, speak, and behave. It puts us in a frame of mind where we can really pay attention to what we're doing. And, it really helps us live in alignment with our values, strengths, and positive characteristics.

For each of the letters, create a picture that symbolizes the essence of each word.

For example: Truthful might be represented by

