

The Magic Of Thinking Rich Season 3 Day 25 Documentation

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BSR Sir started the session by welcoming the viewers on Day 25 of The Magic Of Thinking Rich and also thanked the audience for consistent commitment for this workshop. BSR Sir shared that last three days are remaining for the conclusion of The Magic Of Thinking Rich Workshop. BSR Sir shared a story about a bunch of people who were fighting against the British for freedom. A 23 year old boy led the fight from front. He realized that the fight for freedom needs to be led from the jail where he was incarcerated. At such a tender age he realized the importance of freedom and laid down his life in this fight for freedom, but today; people are not ready to put in their efforts for their financial freedom. They are not able to revolt against their laziness and procrastination for the betterment of their own lives. BSR Sir asked people to take the leap of faith to change their life and the nation for good.

BSR Sir shared the story of a man who wanted to do something different and not what everyone around him was doing. He was continuously told that he could do nothing in life. This man later became the President of the USA, he was Mr. Abraham Lincoln. He followed his heart and never let people's opinion deter him from what he wanted to do. BSR Sir also shared an anecdote from the life of Mr. Nelson Mandela. BSR Sir asked people to write down on a paper, the qualities and attributes required for a 1000 times growth in next 5 to 10 years.

BSR Sir shared an interesting story about the Grandmother of Smt. Sudha Murthy, how she learnt English at the age of 84. BSR Sir shared a personal anecdote from his life on how a feeling of healthy competition gives you the strength to challenge your limits and set new standards of performance. BSR Sir shared numerous other examples to explain the power of healthy competition. You never run out of power till the time you think that you are out of power. BSR Sir read some testimonials shared by the viewers.

5 Law Of Attraction Techniques –

- 1) Focused Wheel Technique** – BSR Sir explained the technique in detail. You have to draw a bigger wheel and a smaller wheel in that bigger wheel. Then you have to draw lines in the bigger wheel, to divide the bigger wheel into 12 sections and write 12 reasons you are happy about in your life and make sure that the wheel has to be colorful and attractive. In the smaller wheel you have to write the desire that you want to fulfill in your life. Watch the video to understand this technique.
- 2) 6th Victory Technique** – Everyday you have to write 5 victories from your daily life in your daily journal. 5 Genuine Victories for first 21 to 45 days. The 6th victory will be futuristic and imaginary that you want to achieve. It could be your goal. When you do

this activity you are mentioning 5 actual victories of the day and 1 imaginary victory, now this helps to make believe the subconscious mind that all the 6 victories you have mentioned are real and so the 6 imaginary victories which is your goal to be achieved, the subconscious transforms it into the physical reality.

- 3) **Program An Object** – In this activity you have to link a wish that you want to fulfill with one object that you use frequently. It could be your mobile phone, your wrist watch, your car keys, and your pen. Take that object and program a wish to that object, link the wish with that object so that whenever you touch/use that object, you will relate to the wish that you desire to fulfill. This will help you constantly remain in sync with your desire through the constant use of that object.

- 4) **Three Finger /Command Technique** – This technique requires you to join three fingers together and link three words to those fingers. The words are Expand, Release and Absorb.
 - a) **Expand** – Use this word to expand all the good things and positive thoughts and feelings you are experiencing at present.
 - b) **Release** – Use this word to release all the pain and negativity you are experiencing at present.
 - c) **Absorb** – Use this word to absorb all the wonderful and grand experiences that you want to keep with you forever. For example you are visiting a luxurious resort and you want to keep that feeling with you forever, and then use this command. You can use this command to absorb some qualities that you admire in some individual when you are in company of those people.

- 5) **Magic Bowl Technique** – In this technique you have to take a mirror and keep a transparent glass bowl in it and keep it in your prayer space. This is a money multiplier technique. In that glass bowl you have to keep a considerable amount of money or keep a paper with the amount you desire. Now, whenever you are praying and you look at the money in the bowl, you will notice that you will see double the amount because of the mirror effect, remember the glass bowl is kept on a mirror.

There is a similar technique called Magic Wallet. In this technique you have to keep a balance amount of 11000 Rs at all times. You have to maintain this balance at all times. Now, whenever you feel you are short of money, your subconscious knows that there is enough money in your wallet, so this feeling of sufficiency will always keep your money needs fulfilled.

Watch this powerful session on YouTube channel CoachBSR

