Graham's Bakery Basic Crusty Loaf Ingredients

The ingredients are listed in 3 categories, in the best column are the ingredients that will give the best results, good are reasonable replacements and the acceptable varients should only be used if the others are not available.

Ingredients	Best	Good	Acceptable
Bread Flour	Extra Strong Bread Flour	Strong Bread flour	Stoneground Extra strong,
Salt	Table salt,	Rock salt, sea salt, Low sodi- um salt,	Rock salt, sea salt, Low sodium salt,
Sugar	Honey / Glu- cose / Fructose /	Corn syrup, Golden syrup, Malt Flour, Mo- lasses / Black- treacle, Malt extract,	Any form of Sugar (NOT Sweeteners)
Yeast	Fresh (also called Baker's / Compressed)	Dried Yeast	Easy bake / Easy blend / fast acting / quick Yeasts
Water (COLD)	Tap water if safe to drink	Any unadulter- ated bottled water	