ADVANCE PODCAST WITH MIKE ACKER

Show Notes

INTRODUCTION TO EPISODE 2

If you're an arrogant Leader or Communicator, you feel like you're better than everyone else, which also means you won't be nervous. Although arrogance get rids of YOUR nerves, you get on the nerves of everyone else.

How can a leader or a speaker, a communicator be in upfront positions and remain humble?

EPISODE 2 SUMMARY & HIGHLIGHTS

1:25

When you first start out in a leadership position or communication, initially you're full of humility because you know that you don't know that much.

1:53

Humility is high and their skill and experience are relatively low.

2:38

At first, communicators have high humility. But over the course of time, as they got more and more praise, their humility went down as their skill increased.

Things that we can do to increase our humility

5:47

- 1. Accept and appreciate your skill. Part of being humble is not pretending that you're not skilled.
- 2. Remember when you come from. Remember where you started.
- 3. Start thinking of yourself less. Add value to people around you. Trying to minimize the ego and maximize your humility.

KEY QUOTES:

03:57-04:02

"We impress people with our strengths. But we connect in our weakness. And it takes humility to realize that we actually have a weakness."

04:32-04:45

"As you increase your skills, your understanding, your knowledge, make sure that both of these are high instead of just balanced. Think full, not balanced."

RESOURCES MENTIONED ON THE PODCAST:

- <u>The Go-Giver</u> by Bob Burg and John David Mann
- Grow your Soul
- Speak with No Fear