

The Magic Of Thinking Rich Season 3 Day 15 Documentation

Date – 17/5/2021

Time – 7.30 PM

Sir started the session by sharing how people got the necessary time for themselves during this lock down, how some people utilized this time to develop their skills and upgrade themselves. Sir shared that what he is sharing in these sessions is a gift that he received from his teachers and mentors, also advised people to share their knowledge with others because the more you share, the more it increases.

Sir shared the concept of resourceful state, and how everyone has ample of resources; it's just that people lack resourcefulness. The resources are available in ample, but people lack resourcefulness. Sir said, Reason comes first then follows action. People lack the reason in their lives to make them extraordinary. They live an ordinary life because they lack the understanding of the effective usage of the available resources. People live an ordinary life because they have reasons to not work on achieving their goals.

Sir shared an interesting story about an athlete. He was a gold medalist. Once a reporter asked him to share the secret behind his success. He told them that he goes to practice on the running track, everyday. When, after running some rounds on the track, when I feel tired and fatigue, I ask myself a question. At this time what my competitor would be up to? The obvious answer is that he must be practicing hard on the track, and I gather my energy and start running on the tracks. Whenever I feel tired and think of taking some rest, I ask the same question and gather my energy to practice further. When everyone gives up, the person who continues at that time becomes the champion. A person who has the strength and the energy to put in that extra effort is known as the Champion. Sir shared some examples from his personal life and also shared about one of his mentors, Sanjay Kumar Sir, Art of Living Instructor. Sir shared an anecdote from his personal life involving Sanjay Kumar Sir. How his life and goal for life changed after meeting Sanjay Sir. This instance is a very good example of Sangat, Aadat & Guru.

Sir shared an interesting story related to Late Mr. APJ Abdul Kalam Sahab.

5 Habits Of Rich & Successful People – Being Rich does not just relate to money, it is being rich with wisdom, rich with numbers, rich with satisfaction, rich with people.

- 1) **Habit Of Taking Super Quick Decisions** – This is a very important trait/habit that each one should develop. Sir explained this topic in detail. Sir shared numerous anecdotes from his personal life and how taking those decisions helped shape up his life. **They are very calculative but their calculations are based on keeping their future in mind.** They burn the bridges after them, they move ahead in life by taking tough decisions and also erase the path to go back in life.

- 2) **Playing With Strategies** – Every rich person is good at making strategies and are keen observers, they always keep a backup plan to reach their goals. When they face a block or challenge in achieving their goals, they do not change their **GOALS**, they change the strategy. Sir shared numerous stories to explain this habit.
- 3) **Habit of Stretching Beyond Limits** – Successful people do not know any limits. They believe that everything is achievable with right strategies. Anything that can be created in the mind can be created in physical reality. Sir shared the story of Elon Musk, who created Tesla cars, planned the colonization of Mars, also created SpaceX which has created its reusable rockets. He has been able to do it because he had the capability to imagine and envision something that was considered impossible by others.
- 4) **Habit Of Modeling** – Successful people, if do not have the ability to create a new business model or idea, they pick up a successful business model/idea and model their business on the successful business model and input their ideas to make it unique. Sir shared how he modeled his style of teaching/mentoring on their Mentors model and achieved success by infusing his style in the successful business model.
- 5) **Habit Of Keen Observation** – This is a must have habit to achieve success and learn from other's mistakes. An intelligent individual learns from others mistakes. Keen observation is a must have habit for success. Sir explained this habit in detail.

Watch this powerful session on YouTube channel CoachBSR