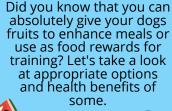
Fruits as Treats

TIPS:
-meant to be given in
moderation due to sugar
content
-some have higher sugar
content than others
-remove choking hazards such
as pits, seeds, stems, peels, and







When in doubt about what and how much you can give, consult your vet or canine nutritionist

APPLES: high in vitamins A and C, potassium, fiber, and antioxidants: help to repair cell damage, reduce imflammation, and contribute to eye health

-do not feed core or seeds

BLUEBERRIES: high in vitamins C and K, fiber, and antioxidants: aide in brain health and reduce cognitive decline associated with aging

STRAWBERRIES: high in vitamin c, vitamin B9, and manganese: help to boost immune systems and support healthy skin and joints -cut off tops

WATERMELON: 90% water and high in vitamins, high in vitamins A, C, B6, and also contain lycopene, potassium, and fiber: reduce inflammation, boost immune system, and promote healthy skin -do not feed rinds or seeds

BANANA: high in Vitamin C and B6, contain potassium, fiber, and biotin: help to boost immune system and support nerve and muscle functions

-do not feed peel

