

# Lesson 3, Double-Shadowed Dodge & Burn Dingbat

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#### Lesson 3, Double-Shadowed Dodge & Burn Dingbat (Adobe Photoshop) by Jen White

Combine a double custom shadow and a fancy blended dodge and burn workaround to create a lifelike element that will add dimension to your scrapbook page.

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NOTE: Please complete the lessons in the order they are provided.

#### For this lesson, you will need:

- The saved document from Lesson 1.
- Suit Icons dingbat font (from the Class Files) installed.



# **Quick Steps for Lesson 3, Double-Shadowed Dodge & Burn Dingbat**

Step-by-step instructions are below.

- 1. Open the Bursting Background document from Lesson 2.
- 2. Reset the Color Chips to black over white.
- 3. Add a 140 pt black heart from the Suit Icons dingbat font.
- 4. Clip paper3 to the heart.
- 5. Add a DODGE/BURN layer clipped to the heart.
- 6. Fill the layer with 50% gray.
- 7. Change the Blend Mode to Overlay.
- 8. Select the left side of the heart.
- 9. Use a 300px soft, black brush to create a shadow.
- 10. Choose Select > Inverse.
- 11. Use a 300px soft, white brush to create a highlight.
- 12. Lower the DODGE/BURN layer's opacity to 20%.
- 13. Add a 14px blurred custom shadow at 70% opacity.
- 14. Transform the custom shadow.
- 15. Add a secondary shadow.
- 16. Add stitching.
- 17. Group the heart layers.
- 18. Save the document.

# Step-By-Step for Lesson 3, Double-Shadowed Dodge & Burn Dingbat

#### Prepare Your Workspace

- Open the DSP23-V1-Bursting-Background.psd file (File > Open) that you saved in Lesson 2.
- Press the letter D to reset the Color Chips to the default of black over white.
- In the Layers panel, click on the Frames group to activate it.

#### Add a Heart Dingbat

- Get the Horizontal Type tool.
- In the Tool Options, open the Font Picker and choose Suit Icons. Set the Size to 140. The Color Chip should be black; if it's not, click on the Color Chip, choose black, and click OK.
- On the document, click once near the bottom-middle of the page to place the cursor.
- Click the checkmark to commit the change.
- Windows Only. In Character Map, navigate to the Suit Icons font. Click on the heart icon. Click on Select, then click on Copy.
- Mac Only. In Font Book, navigate to the Suit Icons font and click on the Repertoire Preview mode icon. Click on the heart icon. Press Cmd C to copy the symbol.

- Return to the Bursting Background document.
- In the Layers panel, double click on the thumbnail of the type layer to highlight all of the type.
- Press Ctrl V (Mac: Cmd V) to paste the symbol.
- Click the checkmark to commit the change.
- To reposition the heart, hold down the Ctrl key (Mac: Cmd key) and click and drag on the document.

### Clip a Paper to the Dingbat

- Open paper3 (File > Open) from the Class Files folder.
- Get the Move tool.
- In the Tool Options, uncheck both Auto-Select and Show Transform Controls.
- Holding down the Shift key, click and drag the paper onto the new document.
- In the Menu Bar, choose Layer > Create Clipping Mask.

## Add a Blended Dodge and Burn Layer

- In the Layers panel, click on the Create a New Layer icon.
- In the Menu Bar, choose Layer > Create Clipping Mask.
- Choose Edit > Fill.
- In the dialog box, set the Contents to 50% Gray, the Blending Mode to Normal, and the Opacity to 100. Click OK.
- In the Layers panel, double click directly on the name of the gray layer and rename it DODGE/BURN. Press Enter/Return to commit the change.
- Set the Blend Mode of the DODGE/BURN layer to Overlay. The gray should have disappeared from the document.

## Add the Burn Shadows

- Get the Rectangular Marquee tool.
- In the Tool Options, click on the New Selection icon. Set the Feather to 0 and the Style to Normal.
- On the document, click and drag a selection outline that is larger than the heart, but intersects it in the middle.
- To reposition the selection, click and drag inside of it. (See the screenshot.)
- Get the Brush tool.
- In the Tool Options, open the Brush Picker, open the General Brushes, and choose the Soft Round brush. Set the Mode to Normal, the Opacity to 100, the Flow to 100, and the Smoothing to 0. Click on the Brush Settings panel icon to toggle it open.
- In the Brush Settings panel, set the Size to 300 and the Spacing to 25. Uncheck all
  options under Brush Tip Shape.
- In the Tool Options, click on the Brush Settings panel icon to toggle it closed.
- Black should still be the foreground color.









- On the document, click once on the top-right corner of the selection outline, making sure the center of the brush and the corner of the selection are aligned. (See the screenshot.)
- Holding down the Shift key, click on the bottomright corner of the selection outline.

#### Add the Dodge Highlights

- In the Menu Bar, choose Select > Inverse.
- Press the letter X to make white the foreground color. You should still have the Brush tool.
- On the document, click once on the top-right corner of the selection outline, making sure the center of the brush and the corner of the selection are aligned.
- Holding down the Shift key, click on the bottom-right corner of the selection outline.
- Press Ctrl D (Mac: Cmd D) to deselect.
- Lower the Opacity of the DODGE/BURN layer to 20%.

NOTE: The opacity percentage may need to be adjusted depending on the paper you are blending. Darker papers may need more opacity and lighter papers may need less.

#### Add a Custom Shadow

NOTE: If you have a custom shadow action and you'd like to use it, feel free to do that in replacement for this step. Just make sure to keep the same settings as below.

- In the Layers panel, hold down the Ctrl key (Mac: Cmd key) and click on the thumbnail of the type layer to get a selection outline around the heart dingbat.
- Click on the Frames group to activate it.
- Click on the Create a New Layer icon.
- Black should be the background color.
- Press Ctrl Backspace (Mac: Cmd Delete) to fill the selection with black.
- Press Ctrl D (Mac: Cmd D) to deselect.
- In the Menu Bar, choose Filter > Blur > Gaussian Blur.
- In the dialog box, set the Radius to 14 and click OK.
- In the Layers panel, set the Blend Mode to Multiply and the Opacity to 70.











## Transform the Custom Shadow

- Press Ctrl T (Mac: Cmd T) to get the Transform options.
- Holding down the Ctrl key (Mac: Cmd key), click and drag straight down on the top-left handle, and then straight up on the bottom-right handle. (See the screenshot.) Make sure that the fold of the heart appears to be unshadowed.
- Click the checkmark to commit the change.

NOTE: We'll show you other ways to manipulate the custom shadow in the variations for Lesson 3.

## Add a Second Drop Shadow

- In the Layers panel, click on the type layer to activate it.
- In the Menu Bar, choose Layer > Layer Style > Drop Shadow.
- In the dialog box, set the Blend Mode to Multiply, the Opacity to 35, the Angle to 120, the Distance to 1, the Spread to 0, and the Size to 7. Click OK.

## (Optional) Add Stitching

- In the Layers panel, click on the DODGE/BURN layer to activate it.
- Open the stitching (File > Open) from the Class-Files.
- Get the Move tool.
- Click and drag the stitching onto the document. Position the stitching directly over the crease in the heart.
- In the Layers panel, double click directly on the name of the stitching layer, rename the layer "stitching," and press Enter/ Return to commit the change.

#### Group the Heart Layers

- In the Layers panel, click on the stitching layer to activate it.
- · Hold down the Shift key and click on the custom shadow layer.
- Click on the Create a New Group icon.
- Double click directly on the name of the new group, rename it HEART, and press Enter/ Return to commit the change.







#### Move the Heart Into Place

- On the document, click and drag the heart to the top of the page.
- Press Ctrl T (Mac: Cmd T) to get the Transform options.
- Hover your cursor near a handle of the bounding box until you see a curved double headed arrow, then click and drag counterclockwise to slightly rotate the heart.
- To reposition the heart, click and drag inside the bounding box.
- Click the checkmark to commit the change.

#### Save the Document

• Save the document (File > Save).

