

Death Doula Sample Intake Questions

- **Are you in need of support and tools to prepare for your transition process? How do you feel about the death process?**
- **What are your spiritual beliefs and perspectives about what happens when we die? Are you a member of a spiritual organization or religious group?**
- **What goals/intentions have you set for yourself to complete this life with a sense of satisfaction? These items may be non-tangibles, like communicating with a loved one and saying things that have not been said or resolving conflict, for example. List out any unfinished emotional business, such as forgiveness, you would like to resolve before transition. Your death doula, counselor or minister can assist you with this process, if you are unsure about these answers.**
- **Do you have a caring support system of friends or family? List caregivers and loved ones who will be an important part of your transition process. Do you have people in your life you can openly communicate your wishes to when it comes to estate planning, funeral plans and medical care directives? Would your family members be open and interested in the supportive assistance of a death doula?**
- **Are you in need of support when it comes to End-of-Life planning, natural burial options, funeral alternatives and legal documents such as medical directives? List out your wishes when it comes to burial, cremation or alternatives for internment along with anything that makes you feel overwhelmed when it comes to resources you will need. Do you have financial affairs in order for your estate or are you dealing with challenges in the area of financial resources?**
- **Are you interested in energy healing as a form of support for the transition process? Have you received professional energy healing services before? Do you have questions about energy work?**
- **Do you have interest in a non-denominational funeral or celebration of life and are you in need of a celebrant/shamanic minister to provide your service? If so, here are some questions to consider.**

Intake for Funeral Services

- 1. What type of ceremony or funeral service would you like to have? List out elements of cultural heritage that are important to you. Any spiritual or cultural influences in your life that you wish represented at your funeral can be listed here.**
- 2. Are there significant people in your life you would like to ask to speak or have a contribution at your service? List them with their contact information.**
- 3. Would you like to have an at-home funeral, a service at a funeral home, a casual outdoors memorial celebration or a celebration at a venue? Be creative and remember, this is all about honoring your life. Your end-of-life celebration is important therapy for those you leave behind. The more creative and personal you make your service, the more you will assist those you leave behind in processing your transition.**
- 4. Are there specific songs you wish to be played at your celebration? Would you like someone to sing, have live music or simply have songs played over a speaker?**
- 5. Are there poems, scriptures or passages you wish to have read at your memorial service?**
- 6. Do you have favorite flowers or plants you wish included in your celebration?**
- 7. Have you written your obituary? Do you have someone to help you write out your life's story? What significant milestones and accomplishments in your life do you want to be remembered?**
- 8. List out any fears, questions and concerns you have at this point when it comes to your transition process.**