

SAFETY

WELCOME TO THE BEGINNING OF YOUR TRAINING & CONGRATULATIONS ON BUYING MY COURSE!

In this first chapter, we will cover basic safety tips which will help you to do the job safely, and with good health, some people neglect safety and finally end up in the hospital, and that is the end of their career in painting. So, always keep safety first, and make it the highest priority and never neglect your health.

When it comes to auto body repair, safety is a critical issue. You will be dealing with hazardous and flammable materials that are very toxic.

Actually, I am not supposed to tell you about safety as I don't wear gloves, cap, and boots all the time but I always protect my lungs with a face mask and you should too! Don't forget to wear a paint mask and gloves while handling paints and thinner. Dust mask, and eye protection are essentials while grinding and sanding.

The feeling which you will get after a metal piece hits your eyes is like killing yourself, so please wear your safety goggles while sanding and grinding.

Here are some safety gears that you will need to perform the task:

1. Paint mask



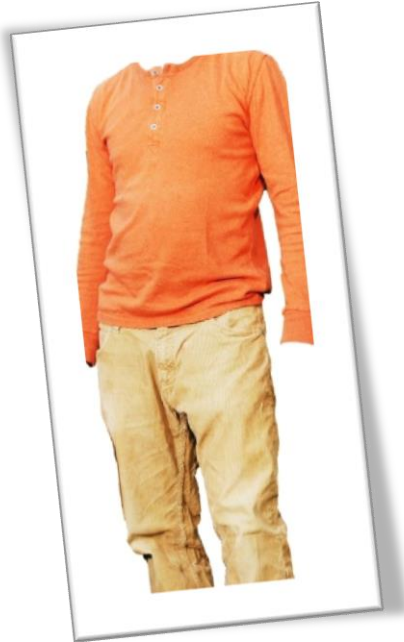
2. Gloves



3. Safety goggles



4. Long sleeves shirt



5. Long pants

6. Boots that will cover your toes



7. Cap

