



# OKRA

*Capsicum annuum*

Warm Season Crop

<b>Preferred Climate</b>	Warm   Warm to hot
<b>Days to Germination</b>	Up to 12 days
<b>Sowing Depth</b>	3/4 " inch
<b>Spacing</b>	12-18 inches
<b>Days to Maturity</b>	60 days

## PLANTING NOTES

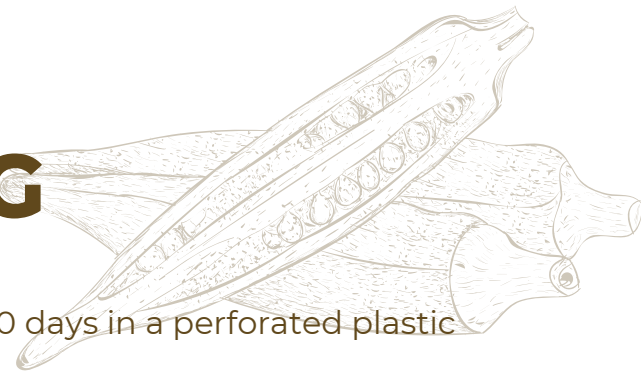
It is best to directly sow okra seeds directly into the ground well after the risk of frost has passed. If you want to add additional fertilizer, use fish emulsion about every 3 weeks with a ratio of 3-4-4, Soak seeds overnight before planting to soften up the hard outer coat. This will also help speed up germination. Okra likes to heat, but keep the soil moist up until germination.

OKRA

Organic Vegetable Gardening ©Online Gardening Academy

# STORING

Pods have a short storage life. They will keep for 7-10 days in a perforated plastic bag at 45-50°F.



## JOE'S FAVORITE VARIETIES

- Clemson spineless
- Cajun jewel
- Jade
- Jing orange

## JOE'S TRUSTED SOURCES

Johnny's Seed  
High Mowing

## TOOLS & GEAR

- Planting board
- Soil knife
- Snow fencing
- Sleeves for harvesting or protective gear
- Harvest basket
- Micro snips

# PESTS AND DISEASE



## COMMON OKRA PESTS

Chipmunk  
Squirrels  
Chickens  
Stinkbugs

## COMMON OKRA DISEASES

Fusarium wilt is occasionally a problem in hot climates and can be managed with crop rotation. Remove and destroy affected plants.

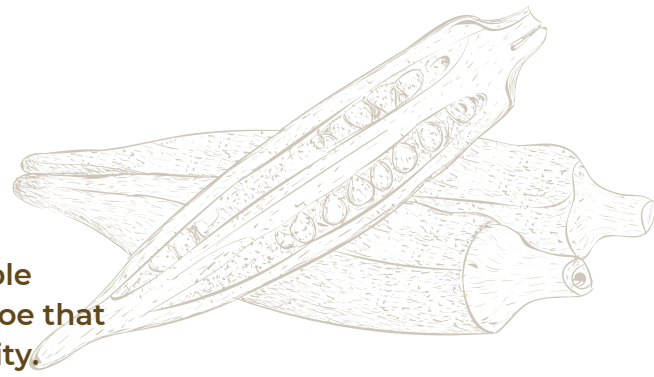
# GROWTH

Depending on the variety, Okra can get very tall and bushy, so be sure to thin them out to about 12 inches between plants just about 2 weeks after sowing.

# HARVESTING

Okra is ready for harvest when the pods are between 2 and 4 inches in length. Make sure you monitor your okra daily as they grow really fast and can double in size very quickly. There are irritants in the stems so it's important to wear protection if you have sensitive skin.

# OKRA



## Hands-On

After viewing the course lesson on okra, fill out the table below, jot down notes, and write down questions for Joe that you'd like to bring to coaching or post in the community.

<b>Varieties I want to grow:</b>	
<b>Date to plant:</b>	
<b>Pests to look out for in my region</b>	
<b>Diseases to watch for</b>	

## Notes

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## Questions

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