



- White cardstock square tile. I use Zentangle tiles and also regular white cardstock.
- Black inking pen. I use Sakura Micron 01.
- Graphite pencil. I use Staedtler Mars Lumograph F pencil.
- Optional for shading: black colored pencil. I use Faber Castell Polychromos, Prismacolor Verithin or Cretacolor Nero Extra hard.
- Journal or practice paper. I use 4x4 or 4x6 cardstock.
- Optional: Faux Viking Knots recipe cards printed for reference during class.