

Resources



The Guide to Allyship
<https://guidetoallyship.com/>



TedTalk
[3 Ways to be a better ally in the workplace](#)

Vocabulary

Ally is a person of one social identity group who stands up in support of members of another group; typically a member of a dominant group standing beside member(s) of a group being discriminated against or treated unjustly regardless of our identity, benefit when any of us take steps toward eliminating prejudice and discrimination in our society.

Inclusion is the act of creating environments in which any individual or group can be and feel welcomed, respected, supported, and valued to fully participate and bring their full, authentic selves to work. An inclusive and welcoming climate embraces differences and offers respect in the words/actions/ thoughts of all people (Equity in the Center).

Allyship is a lifelong process of building relationships based on trust, consistency and accountability with marginalized individuals and/or group of people.