PLUCKY'S

DAY OF BIG DREAMING

2025

NAME: _____

Looking Back: Reflecting on 2025

Did you have a **word of the year**? How did that go?

_____

_____

_____

_____

Did you do last year's **DOBD (Our Time is Finite)**? If so, how did your hours feel? Did you spend more time on joy? Do you feel that you're ending the year with the right priorities?

_____

_____

_____

_____

What were the **highest of highs** in 2024?

_____

_____

_____

_____

What were some of the **lowest of lows** in 2024?

_____

_____

_____

_____

What **came naturally to you** in 2024?

_____

_____

_____

_____

What was your **experience with abundance** in 2024?

_____

_____

_____

_____

What was your **experience with scarcity** in 2024?

_____

_____

_____

_____

Anything else you want to remember?

_____

_____

_____

_____

The numbers are all square, your 2024 reflection is complete!
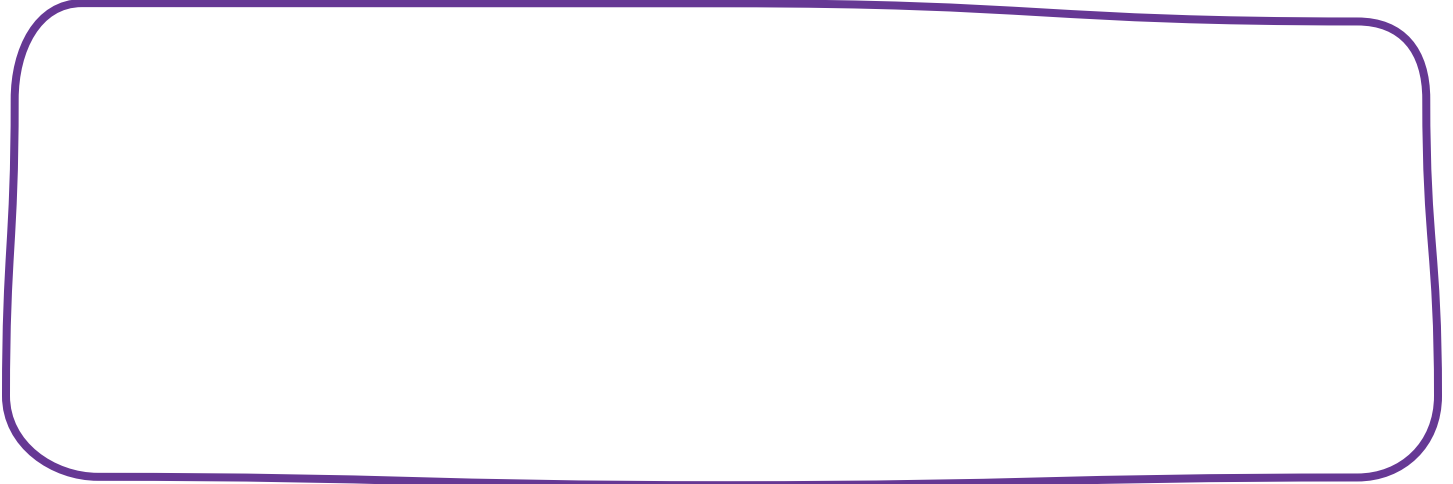
10 *(Possibly)* Irrelevant Questions

It's important to touch base with all parts of yourself before you plan 2025. Spend a few minutes remembering who you are.

1. Favorite Taylor Swift song?

2. Name two things that live rent-free in your head these days.

3. If you could be instantly talented, which musical instrument would you play?

4. Would you rather outsource cooking, laundry or taxes?

5. You get to improve one of your boss' skills. Which do you pick?

6. Would you rather watch synchronized swimming or hockey?

7. What really sucks?

8. What are your three biggest accomplishments so far?

9. You have a spontaneous day off. You decide to:

10. You get $100,000 to donate to a charity. What cause do you choose?

Waking Up 2025

What will be coming in 2025 whether you like it or not?
(a big birthday, a new family member, supporting someone through illness, moving, a new job)

Now, make the biggest list of everything you WANT in 2025.
From the small to the huge, ready–set–go brain dump. (This will connect with an exercise we'll do in a few pages).

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

You, as a Tree

Even if we don't notice, trees are growing all the time. This is true for you, too; by this time next year, you will have grown. In what ways will you have expanded?

On the next page, you're going to document yourself as a tree. Use the prompts below to draw your tree; oak, spruce, palm or coconut, pick the one that best embodies who you are!

Roots

What keeps you rooted? List out your values, important relationships, truths you believe about the world and life, special memories or anything else that makes up the rooted foundation of who you are. Draw those into the roots section of your tree.

Trunk

Next, the trunk. I like to think of this as your core, from where all of your daily movements and decisions come. How do you decide what to say no or yes to? What's most important at this stage of life? These would be good indications of what makes up your day-to-day tree trunk! Draw or write them onto the trunk.
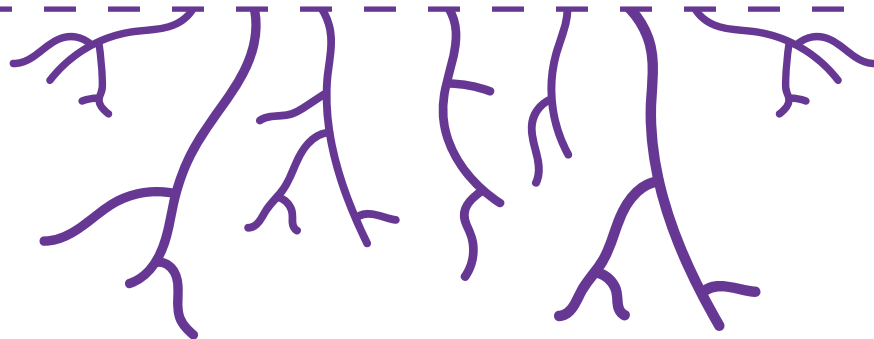
Branches

Finally, the branches. Which branches have stretched this past year? Which shoots are ready to sprout? A good example here might be recent career path decisions, becoming a parent, a new hobby, a new way of seeing yourself. Construct and decorate the branches with these concepts.

You, as a Tree

Branches

- -

Trunk

- -

Roots

You made yourself into a tree! How about that! Now that your tree has been personalized, what does it make you think about yourself? Is there anything that surprises you?

Structuring your 2025 growth

This year, you get to structure your tree's growth in the name of your desires *(think: bonsai)*. You're going to achieve that with focus and commitment.

Flip back a few pages where you listed all of your wants for 2025. Elevate your **Top Three Wants** for 2025 *(max 3)* and name them below. Make sure you're only choosing what you REALLY, REALLY want:
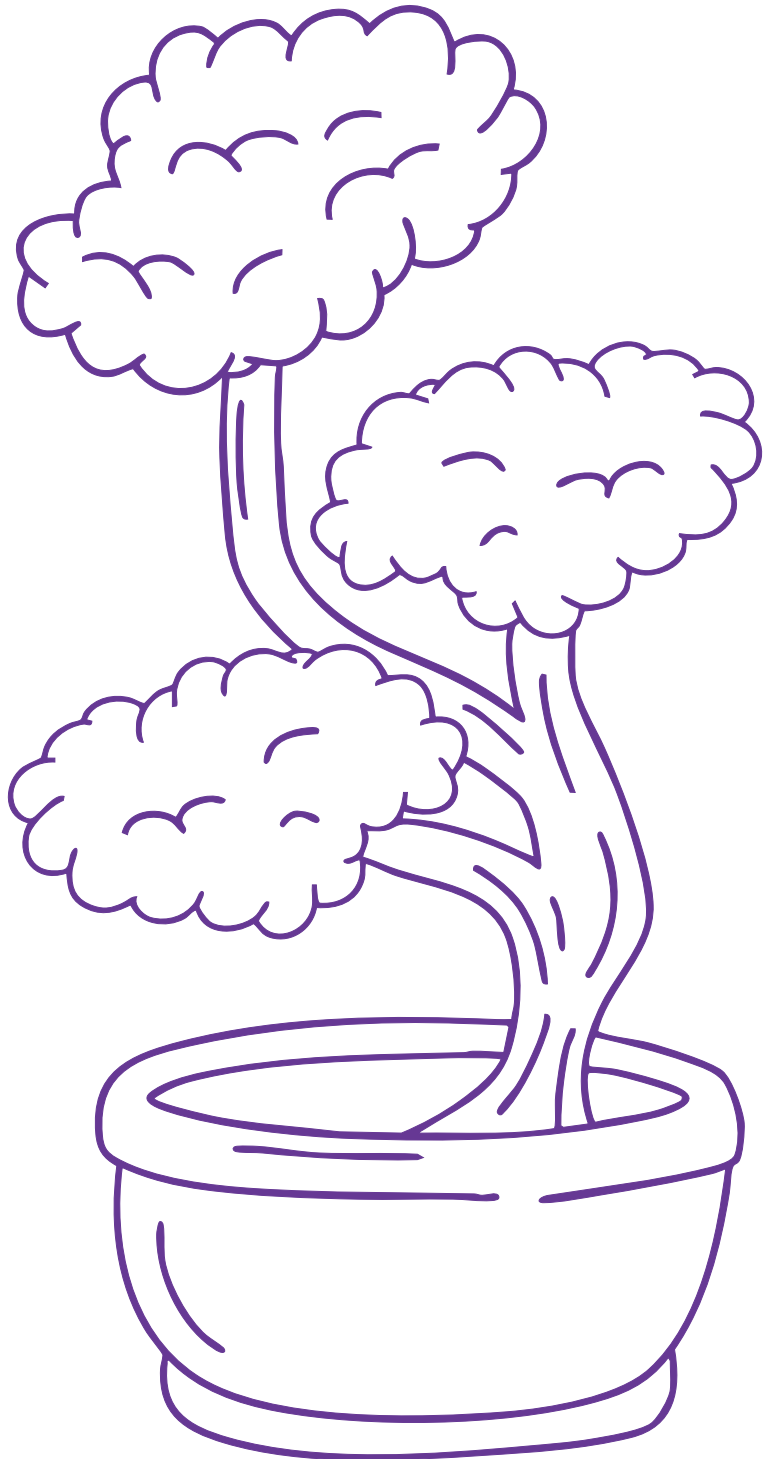
1. _____

Why is this worthy of your top 3?

_____

_____

_____

2. _____

Why is this worthy of your top 3?

_____

_____

_____

3. _____

Why is this worthy of your top 3?

_____

_____

_____

Vision It

Okay buddy, prepare all bells and whistles. Draw or describe the most mind-blowing version of each Want. Assign it a time frame *(i.e. I want to complete a half-marathon by May 31, 2025)*. Take care; this is visioning work! It will take some time.

1.

If I could have this on December 31, 2025, I would feel:

_____

Vision It

2.

If I could have this on December 31, 2025, I would feel:

_____

3.

If I could have this on December 31, 2025, I would feel:

Set it up

Okay, now this is the hard part. For each Want, you gotta make a plan and then YOU HAVE TO DO THE PLAN. *Choose at least two of the structures below* (or invent your own), then set them up in whatever way you need to in order to activate the work.

Want 1: _____

☐ Three ways to keep the vision alive:

- _____
- _____
- _____

☐ I will track my hours here: _____

☐ My accountability partner will be: _____

☐ Here's how I'll use my calendar for milestone planning:

_____

☐ I'll make a giant tracker for my wall that measures:

_____

☐ I'll draw a huge map that includes destinations along the way.
The finish line will be:

_____

☐ Other: _____

☐ Other: _____

Set it up

Want 2: _____

☐ Three ways to keep the vision alive:

- _____
- _____
- _____

☐ I will track my hours here: _____

☐ My accountability partner will be: _____

☐ Here's how I'll use my calendar for milestone planning:

_____

☐ I'll make a giant tracker for my wall that measures:

_____

☐ I'll draw a huge map that includes destinations along the way.
The finish line will be:

_____

☐ Other: _____

☐ Other: _____

Set it up

Want 3: _____

☐ Three ways to keep the vision alive:

    ● _____

    ● _____

    ● _____

☐ I will track my hours here: _____

☐ My accountability partner will be: _____

☐ Here's how I'll use my calendar for milestone planning:

_____

☐ I'll make a giant tracker for my wall that measures:

_____

☐ I'll draw a huge map that includes destinations along the way.
The finish line will be:

_____

☐ Other: _____

☐ Other: _____

Word of the Year 2025

Given who you are, where you are, the skills and experiences you've had and the year that's shaping up, it's time to pick a word for next year. This word will anchor you when decisions arise and empower you to take the right risks. There are no wrong answers!

My 2025 Word of the Year will be:

Why are you ready for this word?

What might the outcomes be if you honored this word every day?

How will you keep this word front-of-mind?

2025 Calendar

Take a few minutes to look ahead. Consider what's coming—vacations, exciting life events, concerts, conferences, weather and when to travel. Then plan your ideal calendar... of course, some of it may not come true. But planning it is naming what you want and naming what you want is LEGIT.

Optional: pull a Tarot card for guidance for each month (I suggest limiting this to major arcana).

January 2025

February 2025

March 2025

April 2025

May 2025

June 2025

July 2025

August 2025
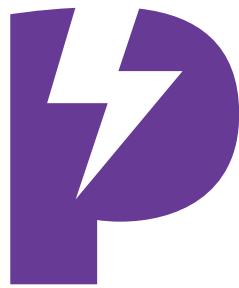
September 2025

October 2025

November 2025

December 2025

Happy New Year!

Holy dreaming, Batman, YOU DID IT! You have earned your big dreams and now it's time to make them a reality. Enjoy the rest of your day and remember that *knowing what you want is the surest way to get it.*

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