



FINDING YOUR PURPOSE

SECTION 2



HAVE TO VERSUS LOVE TO

- Your language provides insight into your values – list all those things you have to, ought to, or should be doing, and then list those things you want to & love doing.
- What you have to , ought to & should do is usually a list of things that other people expect of you to do (label to be important for you), whilst what you love doing is a list of things that are intrinsically inspiring and important to you



	“HAVE TO DO” / “SHOULD DO”	“LOVE DOING”
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		



	“HAVE TO DO” / “SHOULD DO”	“LOVE DOING”
1	Get my engineering degree	Reading philosophy and human behaviour
2	Find a safe and secure job	Save & invest my money
3	Find a work-life balance	Helping my clients solve their problems
4	Enjoy my “retirement”	Creating online courses
5	Socialise with friends & family	Presenting my ideas in talks and workshops



YOUR BIGGEST VOIDS



- List all the things that you perceive as the greatest *challenges*, *questions*, *mysteries*, *unknowns* or *problems* giving rise to feelings of emptiness in your life.
- Look through all 7 areas of life, and create a list of those things which you perceive as most missing.



A BRIEF DESCRIPTION OF YOUR CURRENT VOIDS	RANK



A BRIEF DESCRIPTION OF YOUR CURRENT VOIDS	RANK
Ever greater ability to awaken unique Jeanious (Genius at awakening Jeanious)	1
Ever greater understanding of the principles that govern Jeanious (polymath)	2
Making a meaningful contribution	3
Masterful body of work that teaches Jeanious for future generations	4
Financial wealth & independence	5
Having a brand that inspires people to believe in their innate Jeanious	6
Embodying the Jeanious philosophy	7