# **PROTOCOL : The Force Is With You**

1. ***IDENTIFICATION AND SPACIAL POSITIONS***
   1. First T identifies with P
   2. What is the belief to change
   3. What is the new belief to install
   4. What is the Internal Resource State (confidence, force, faith, magic, joy, curiosity…) needed for the belief to change.
   5. P intuitively displays 3 spaces A, B and C in the room.
2. ***DISACTIVATE THE BELIEF TO CHANGE***
   1. P enters the space of the belief to change (space A) and T asks P to connect with all the events of his life where he verified this belief, until he feels the emotions linked to that belief. P assesses the credibility of this belief in %.
   2. Break state
   3. P enters in the space of the resource (space B)
   4. P feels this internal resource state and fills himself up completely from this resourced state.
   5. P moves from the Resource space (B) to the space of the belief to change (A) and welcomes and expresses what happens inside. Give a number in % of credibility of the belief. If the % of credibility is above 50%, move on to the next step, otherwise repeat from step 6 to 7 until you reach a % of credibility above 50%.
3. ***INSTALL THE NEW BELIEF***
   1. P enters the space of the new belief (Space C). and asks P to imagine how his life would be with this new belief, until he feels the emotions linked to this new belief. P gives a % of credibility to this new belief.
   2. P enters the Resource space (B)
   3. P experiences this internal resourced feeling and fills himself completely from this resourced state.
   4. P moves from the resource space (B) of the new belief and welcomes and expresses what happens inside him. P says outloud and in consciousness this new belief and gives a number in % of credibility of the new belief. If the % of credibility is higher than 50%, move on to the next step otherwise repeat step 8 to 11 until he reaches a % of credibility higher than 50%.
4. ***BRIDGE TO THE FUTURE***
   1. In contact with his new belief, P connects with his future and welcomes everything that is new and different.

**SPACE OF**

**NEW BELIEF**

**[C]**

**3**

**SPACE OF BELIEF TO CHANGE**

**[A]**