



materials

- **Art Journal** (preferably one with mixed media weight paper such as a Canson XL or Strathmore
- 10x10" wooden panel and canvas (or similar size)
- Stabilo marks-all pencil (black)
- Oil pastels (I love the inexpensive Crayola brand!)
- Acrylic Paint (all your favorite colors plus red, yellow, blue, white & titan buff or off-white)
- Shiva Oil Paintsticks (Titanium White, Yellow Ochre, and Aliziron Crimson or any red or pink color. Find them on Amazon.com or dickblick.com)
- Spray ink (a few of your favorites. I like Dylusions and Mister Hueys. I get my Mister Hueys at Frantic Stamper: franticstamper.com)
- Assortment of stencils & rubbing plates (or found textures unmounted rubber stamps and stencils work well)
- Unmounted rubber stamps or silicon trivets (we'll use these to add texture to our portraits in week 4. You can find silicon trivets on Amazon or in the kitchen aisle at the store)
- Brushes
- Baby Wipes
- Glue stick & Mod Podge or Matte Medium

Optional (not essential, but nice to have!):

- Stabilo Woody 3-in-1 pencils
- Gelli Plate & brayer
- Found objects (for mark-making and stamping with)
- Waterbrush
- Carbon transfer paper (ex: Saral brand--you don't need a lot, sampler pack is fine)



Week 1: November 1

Welcome & Intro Materials Mark-making & creating collage paper Creating a background Sketching the face (Part 1 & 2) Facebook Group LIVE chat & demo Q&A (time & date TBA)

Week 2: November 8

Building the background Sketching the face Shading with Oil Paintsticks Adding texture & collage Bringing it all together Facebook Group LIVE chat & demo/Q&A (time & date TBA)

Week 3: November 15

Building the background Transfer paper technique Shading the face with acrylic paint Bringing it all together Facebook Group LIVE chat & demo (time & date TBA)

Week 4: November 22

Creating the background Using stencils Shading with oil paintstiks Adding texture Bringing it all together Facebook Group LIVE chat & demo/Q&A (time & date TBA)

Week 5: November 29

Bonus Lesson 1: Gelli Printing Bonus Lesson 2: Journal Making Bonus Lesson 3: DIY Art Supplies Final Facebook Group Live chat & demo/Q&A (time & date) TBA)

