



November 2024 Backstage Handwriting Analysis Community Class Transcript

SUMMARY KEYWORDS

handwriting analysis, life design, trauma indicators, ink dots, court testimony, emotional withdrawal, trust issues, sexual preferences, resentment, self-esteem, journaling benefits, personality traits, forensic analysis, handwriting slant, emotional trauma, childhood trauma, flowery handwriting, mother's criticism, creative expression, handwriting evolution, left-handed loops, three-dimensional art, cassette tapes, radio show, morning announcements, Thanksgiving break, life design, coaching call, handwriting samples, personal stories

SPEAKERS

Bart Baggett, Heather Wagenhals, Ana Gomez, Dipanker Ramteke, Jean Hicks

Bart Baggett 00:07

All right, I believe the recording is processing so we can use this in the members area. I'm actually looking forward to this class. It is really fun to talk advanced psychology. And I think anyone who watches this call or attends live it's probably had some experience with the more scientific version of handwriting analysis. So, the next few months, we're just limiting it to live design members completely, so it'll be very small, like getting a one on one with me and talking about the things that you care about. The topic is handwriting, and I particularly want to put it in the lens of helping people change their lives. So if you're a life designer, if you're a therapist, you're a counselor, it's kind of in the lens of how we can interpret what we're seeing in a way that can make a difference, opposed to just analyzing celebrities, which is fun and interesting and yada-yada-yada. I don't think it really changes lives too much, and I had the I'll start with an interesting story. I'm in Boston as I record this, and I spent two days testifying in court right outside Boston, the oldest courthouse in the country actually still working in a little place called Western barrier, or something like that, right outside Boston. And this examination, as well as the examination, were very intense, and had to do a lot of research on handwriting and dots and little cues of handwriting. And the other attorneys had researched books and read a lot of literature.

And today I heard an interesting quote, which I think you'll start with, is she said, let me read you a quote from a book textbook that said, ink dots in the handwriting have no relationship whatsoever to the person's identity. And do you agree with that or not? Because I was saying, hey, this dot appears in the top of the L consistently over 20 years. I think that is an indicator the person had the pen at the same angle, and I believe that this is a repetitive trait and unconscious trait of this individual. Do you think that's a true statement gene, if you see an ink in the same part of the letter over 20 years, is that something in that individual, or is it just a faulty pen,

Jean Hicks 02:19

Something in the individual?

Bart Baggett 02:21

Yeah, I 100% agree. So, I said, hey, can you give me a quote from who that person is? And then they argued, and they said, I can't give you the quote because it wasn't in the deposition. So essentially, she found a quote to support her clients. You know, theory that it was a forgery, but it wasn't. So, there was all these small neurological clues like dots and dashes and speed that really helped identify this individual, and I was my job to compete against another examiner Bill respected 80 years plus veteran examiner who had just basically lied. I think she got herself stuck. She had opined it was a forgery a year later. Now she's got to go to court, and she's trying to defend her position, and it was, it was a train wreck on her part. So, I feel confident we helped win \$6 million case. But what's fascinating is, I wanted to say, Man, these dots are repetitive because sometimes there's an injury, and that injury doesn't go away, and so it comes back over and over. But I couldn't say that on the witness stand, because they think I was kooky. You know, they think that's insane gene to think that an injury could show up in your handwriting or trauma, right? Like I would, I would call it trauma, and injury to your leg of trauma, right?

And I just, I just found myself kind of hog tied by the fact that I'm in front of this jury and this judge wanting to reference only the scientific literature, kind of knowing intuitively, from the graph of analysis and the handwriting background that, of course, those repetitive dots and angles and things are part of the person's character developed over many years, but I couldn't say that. So, Jean, do you think I should have mentioned the back injury in my testimony?

Jean Hicks 03:55

I don't know. You know, I get myself in trouble, because if I see it, I say it.

Bart Baggett 04:06

And for those of you that are kind of new, we're referring to is that there is an entire advanced field where people see injuries. They see traumas. They see a day, you know, the year someone got molested. Some of these things, which seem unbelievable, yet sometimes they're very, very accurate. And that is really fascinating to me. There is an advanced course we sell called the 501 which I haven't really opened it until today, and I'll reference some pages for it. And it's really for those, those of you nerds that are really deep into psychology, because some of it is not true, but some of it really is true, like, with the health stuff, and when it is true, you're just, you're at a pause of like, wow, this is incredible. My physiology, like, I have an injury in my head shows up in my L's.

I mentioned that, hey, I have a repetitive in mind, and it has been that way since I was a kid. So, I know that it works even if you can't see the microscope. But I didn't say it's because I got draw. To my head when I was six years old, I didn't think that would really help my testimony much, that I was dropped in my head. It might explain a lot to my friends here of my behavior, but, but I felt like I was a little bit tied into not having that but this community, I can have that conversation, not that it's rough in my head, but there's particular trauma and so that's kind of where I want to go, is taking some of these very unusual traits, unusual things that you probably haven't heard about. It's not any of the Basic Books, and talk about some of the fun stuff.

Also, we want you to upload handwriting samples, like I said this class, and for the next few months, it's only a life design member. I've given up on the come for free crap for all those other people. So, if they're not paying, they can't be here. And pick my brain, you guys, you get to pick my brain. And I will talk about anything to do with handwriting. I've opened up the 501, course, to dig into it a little bit. It's stuff that you may not have seen. I actually have to refresh my mind, and I'll start with something that Ari talked about, although she didn't send me any documentation on her theory. But I think this is really fascinating. And so, this is from a two-page lecture that Don Leu gave the video lectures in the course. Although I will tell you, he has such a thick Texas accent, I don't think Anna you would understand a word. He would say. He kind of talks like this from Texas. But he essentially was saying that his belief is that if somebody has a lower zone, y or G, and it crosses over that stem. That is an element sort of a predictor of when trauma happened and at what age. I haven't been able to test this too much, but what I did find is that when trauma occurred, which you have to ask, you can say, let me guess what age. And what's fascinating is it's been right more than it's been wrong.

In fact, I can't think of a time I was ever wrong about this, but I had forgot about it until Ari's comment about that. So let me just go through the diagram with you. And I'm sorry that it's kind of fuzzy. He faxed us this. This is how old this this presentation was, like, 20 years old. And he said that where that selective loop. So let me go back. If a y or G is narrow or small, that would mean selective emotionally, which generally means somebody was hurt emotionally and they decided it was unsafe to trust people. So right off the bat, you've got somebody who is not, if not, open to trusting people. When I think about trauma in psychology, I always ask the question, is okay, here is this person with this defense mechanism, doesn't trust people, hates men, hates their father, anger, a split personality, like any of these defense mechanisms or personality traits which seem rather where they're odd. I always ask, hey, what was the root cause that could have made this trait the acceptable safety mechanism? So, think about that.

So, worry about hammering just, just psychology in general. If someone shows up and they're this way, defensive, angry, withdrawn, hates the opposite sex. What must have happened to that person so that this way of being is the safest way they could be. And so that line of thinking often pulls you into what could be the possible trauma.

One of the most obvious ones is if someone has an FA slant, so this is AB, this is, this is CD from your possessions, de, and backwards is like completely emotionally withdrawn on a Does that make sense to you? Because I know you haven't taken the course. I know a Dipanker has, but basically, slant on a

you are CD slant, so you're halfway between super emotive and logical. So, you are what they call an ambivert, meaning she's emotional, but she's not too impulsive, she's not too withdrawn, she can so she's really the most balanced person as far as slants go. If someone stands backwards, almost like, oh, I'm left-handed. Nope, you're not left-handed. You don't trust emoting to people that that's what the left-handed stroke means. And so, I got off the topic for a second. I can show you example of a left-handed stroke in a minute. But what's fascinating by that is, if you know they have that trauma, then you can accurately estimate, well, something must have happened to this individual. And that's kind of an interesting way to think about what trauma is, is, what is the source of that?

So, I don't know what the trauma was. Here's a great example. So, here's the three slants, fa slant, which is backwards you hardly ever see in fact, you'll never see it in a social situation, because those people don't really like leaving the house. There is an occasional extrovert that has really large handwriting and really bubbly with an FA slant, but it's very, very, very rare. So, these people are emotionally self-preserved, so even, and I've seen a lot of marriages from people where the men are like, Oh my God, this woman's perfect. And I'm like, have you seen the slant? This is, this is a disaster waiting to happen as soon as she decides she's not getting what. She wants, physically, emotionally, financially, she is out of there because it's me first, always me first, with someone who stands that way.

And so, here's the gage that we publish. This is very similar to the IGAs Gage, or Milton bunker. And so, I was just thinking about that, if someone has closed off Ys and GS, it's very similar to kind of an AB slant just for the moment, meaning that they are not sure it's safe to go out and play emotionally. And so, what's interesting about this, this chart from Don lehu is all of those Ys and GS indicate either selective listening or sort of clannish. Do you even know what that word means, clannish gene. Why turn the heater down? Would you explain that for just a second?

Jean Hicks 10:51

Yeah, you know clannish means you're very selective who you're going to trust and hang with. You know you only have a few people that you trust, your own little group. You know what? Since Bart left, whether he is back, I was just curious. Since we did the Mendez brothers, did they have this stroke?

Bart Baggett 11:16

I don't remember. We can we can find out, you know, we have their handwriting from, like, a couple years after the murders. I'm not sure we have that now. Menendez when they were younger, but I don't know that that would you're saying trauma, yeah, because we believe that they were all molested at some level, right? That seems to be the consensus, but I think the result was anger, not necessarily withdrawn emotionally. I mean, they were all very, very social animals. Here is one of the letters. Now it's a great question. So, it looks like the y's are completely straight down, which gives us no indication of trusting or not trusting. See the y here, so I can get the annotation working. See this y right there? That is aggressiveness with a loner quality. So, this is loner. And then we were talking about this last week, but this D is one of those vindictive D. So that's the reddest flag of this handwriting, besides this general motion outlay. I don't think it. I don't think this handwriting, in any way, would say the man is molested. What we can say is, wow, there's lots of anger, there's lots of frustration, there's lots of aggressiveness. What could have happened to cause this 19-year-old to feel that way? I think that would be the right question to ask without speculating too much on that.

Ana Gomez 12:58

This is actually what got me interested in handwriting analysis decades ago, just even just superficially, I found a diary of mine from when I was a child, around nine or 10 years old, and I had been having all that lovely, bubbly, pink little diary, young child thing, and with my handwriting straight up and down, and very social, and then my older brother, who's 11 years older than me, tried to commit suicide, and I found my diary, where the next day, when I was describing it, all of the handwriting was suddenly completely backwards, severe. Fa, Wow.

Bart Baggett 13:38

But the day after he committed suicide.

Ana Gomez 13:40

Well, it was within it was me describing when he had tried to commit suicide. I don't know if it was the day after or exactly, but it that was my last entry in my diary, because I just No longer did that kind of thing anymore, and I'm a de writer now. Oh, wow, that's a good yeah. And I don't know when that happened or how long I stayed in FA because I didn't continue to write in my diary.

Bart Baggett 14:07

I know Anna is a person who does journaling. I used to journal quite a bit, and what I noticed looking back over, let's say I was 25 looking back at my journals through college and stuff, I thought, Oh, my God, I'm so depressed and introverted. Well, that wasn't my memory of it. What's interesting is the only time I journaled is when I was feeling introspective, when I was happy and out with my friends, I didn't feel like journaling, but when I was sad, I would journal. So, my handwriting got a little smaller. It didn't necessarily go backwards, but it sure got smaller, and that is definitely not my personality. I don't think any of you would think I'm an introvert, right? I submitted my handwriting to a handwriting expert, or supposedly, when I was 19 or so, and she wrote me this report that said I'm an introvert and I don't like people.

And I thought, I'm so confused, because, you know, why could it be so wrong? And she was only trained in Gestalt. It, and so she only took the size into consideration, and not the middle zone slants, but it was correct. I didn't intentionally give her a tiny, focused writing, but that's what she got, because that was what I was feeling that day. So, it does change. I can't I don't think it changes much anymore, but again, I was a little bit more emotional, or I think the word manic might attribute like a little more highs and lows when I was 1819, and so cola chi, I think that's a great example of how your circumstance can change your emotional outlay, suicide, trauma, and you are you back to a D East land? And were you soon after?

Ana Gomez 15:34

Oh, yeah. I have no idea how long it stays like that, but it was accurate. I did go internal. I was very social and outgoing, and I went inside because of that, because I have one of my strongest memories as a child, is standing there watching my parents and not thinking I'm traumatized, but thinking now I have to take care of them. They're no longer available for me, this is very clear, and I had

Bart Baggett 15:58

No longer available. That's an interesting term, meaning that I can't trust them to meet my needs, means I have to meet my own needs

Ana Gomez 16:06

More that I have to take care of meet their needs, I have to take care of them. Was my thought, that's a big burden, yeah, and I did for the rest of my life, but I also was able to transform over time. But I don't know how long it took me. I have no idea because I didn't have but I'm sure it was somewhere in childhood I was able to move outward again in one in my teenage years,

Bart Baggett 16:31

One of the most interesting things I witnessed over the last few years when it comes to sort of therapy and how it affects your handwriting instantly, which, which is not something we talk about much, is we had, or I hosted an NLP seminar for relationships once that was probably 20 years old. And the woman that we were doing this kind of demonstration, it was basically hypnosis. Or NLP, she had a fear of being hurt. She had been emotionally hurt. She won't trust anybody. So, she had wised that were very retraced. Uh, clannish has a small loop in it. Retraced is completely like emotionally shut off normally. When seen in relationship, when seen in men or women, it means that they've recently been heard, and their wise shrank like during that recovery period.

So, we did little NLP, dangling exercise. And after lunch, she came back and she started writing on the board for us, because we wanted someone to write on the board while I talked and her Whys were super big, and we never told her to make her wise bigger. We just went through an NLP exercise, which made her want to trust and feel safe being in another loving relationship. And I was like, Oh my God. We didn't tell her to make her wives bigger, but now she's trusting people after an hour of letting this soak in. So sure, your physiology can definitely happen instantaneously. I was really surprised. I sure wouldn't preach that or say that that's going to happen automatically. And I don't remember the intervention, but it had to be something to do with trust.

And so that goes back to the lower loops are all to do with trust. Let me wrap up this, and then we'll get to another topic. Take a screenshot of this if you want essentially where the line crosses the stem is when the initial trauma occurred.

Ana Gomez 18:18

Like halfway through is that dotted line? So, if someone's at age 60, it would be 30, and if someone's at age 20 it would be 10. Or how does that? How's that work?

Bart Baggett 18:27

Got it? You have to know the age of the writer. So, in his theory, and I think this is not just don This is a number equal theory, the length of the downstroke would be the day you're born to where you are now, and halfway up would be half of that age. So, if you are, if you're 36 when you're analyzing your handwriting, and it happened when you're 16, that would be halfway up. And so that's sort of like, when does that line cross? I don't think I've ever made my wise crossing anywhere on that line, but some people do. So, I think that's very interesting to think that theory, and I challenge you to test it, because if

it's really lower, that's the age one. So, he puts your birth at the bottom and where you are now at the baseline, or at least at the top of the middle, in the middle zone.

Ana Gomez 19:13

And so if you cross it up at your normal age, your age you are now. Would that mean just no trauma?

Bart Baggett 19:19

That would be my interpretation, because, because if you don't do that, you're not even making the you're not even making the letter correctly, right? So there's got to be some point to deviate from. And I think it would be the normal y, or near the baseline. I think that would be what I would consider normal. And so this would be a deviation from the normal age.

Ana Gomez 19:37

Cool,

Bart Baggett 19:39

Yeah, fascinating, right? And I hope Ari that answers your question at least. As far as we know about trauma, I think there's probably lots of ways to discover trauma, because basically, you're watching somebody exhibit post traumatic personality traits, anger, sarcasm, withdrawal, and that always means there's a source for that. So why would somebody behave that? Way, Heather, you had a handwriting sample that you wanted to share with us. Were you able to locate that and share it with us?

Dipanker Ramteke 20:06

Bart, I have one question, can I please,

Bart Baggett 20:09

Oh, absolutely, Dipanker.

Dipanker Ramteke 20:11

If we discount the fact what you just said, this is regarding the trauma at certain age. How would we if you see this straight, if this, if we see this y or a G made in this fashion. How would one react? I mean, what would be the analysis? It is not going back downwards. It is not going upwards. It is stuck in between the baseline and the important part of Y.

Bart Baggett 20:34

You mean, if you actually had somebody with the handwriting work we saw on the screen?

Dipanker Ramteke 20:38

Yeah, yeah,

Bart Baggett 20:39

I would say, this is how I phrase. I say, look, I took this course and this teacher implied that this stroke means there was some kind of trauma or really big emotional crisis approximately age eight to 10. Can you tell me if that happened in your life or not?

So, I always phrase things that are sort of research into the question of, hey, I'm kind of a researcher. Would you mind sharing this with me? I know it's sensitive, but do you think this happened? And of course, you need to know their age. So, if you're like, hey, just you're about 30, right? Cool. So about 14 to 15, something really traumatic happened. What would that be? Now, a skeptic would say you could ask that with anybody and everyone would have a trauma between 13 and 20. 13 and 20, but not a trauma. Maybe they had a loss, right? We're not, we're not trying to be mined readers here. We're not trying to do a show. But Dipanker I would use it as research, anything even like the mother father. I turn that into a question, and the mother father has to do with which loop is heavier on the capital i i say, look, it's not that I'm wrong half the time, but the books really are inconclusive on which parent, but one parent, you're much closer than the other.

Is there a bigger problem with one parent? Oh yeah, my dad died when he was eight, blah, blah, blah, and sometimes it just seems really remarkable how accurate is, but I didn't know which parent because the eye can be drawn in different directions.

Ana Gomez 22:00

How does that relate to clannishness? Like, if you're trying to describe the difference between the two of this with somebody, everybody who's clannish, would they automatically have had a trauma at an early age?

Bart Baggett 22:14

It's a great question. I think, I think the answer is a you want to make sure that it meets the definition of clannish, which I believe the books say. It's a small, round, oval, yes, or square, these aren't square. So, it's definitely socially selective. I think we can go with selective to clannish for sure. It's possible the y could be really large and crossover. That's not what we're seeing in the image, but I think that's also possible, and then you wouldn't have a clannish behavior, but you still might have a trauma, but you have trust. But in this example, go, look here, I would say yes, you're going to have some issues of selectiveness, a lack of trust, not being too what's the word I'm looking for vulnerable and or emotionally available to everyone.

And so yes, I would, I would conflate those two, and then I would ask if there was a particular trauma.

Ana Gomez 23:10

And what you said before about things being able to change quickly is you gave an example of things changing kind of back to a norm, and I gave an example of how they can change to FA almost instantly when a trauma had occurred,

Bart Baggett 23:27

Right and so, so the FA slant is a result of the safety mechanism of witnessing a trauma. So, fa slant doesn't mean trauma. It means there's a reaction to something that reaction could stick for a month or year, or like Michael Jackson his whole life. If you look at Michael Jackson, the pop star, he had basically an FA slant when he wrote. He never really trusted people. He had an amazing, interesting childhood where a lot of a lot of work, a lot of, you know, he didn't school, he toured.

But basically, you know, I'm not sure he ever had his childhood. But I don't know whether there's any accusation sexual molestation, but I think I feel that the father of that family was quite like an Asian mom. Just go to it. Work out you're seven years old, get on stage, etc. Cool.

Ana Gomez 24:18

And how about the difference between the backwards slant and the lower loop in terms of trauma versus witnessing a trauma or this other kind of upbringing, is the loop different than the FA in any particular ways that you would be looking at trauma?

Bart Baggett 24:37

Yeah, the loop is wildly different. I think they're unrelated. It's just interesting that I know that FA slants are withdrawn emotionally. I perceive that as a trust issue, where really trust issues, according to most the books, are in the lower zones. Here's an example of a lower zone loop that crosses in the lower area with a big loop. So, we're. Looking here is, you know, there is a fear of success. Y, which is this, G, A little triangle, which could imply some kind of sexual concern in the lower area, but it crosses, I guess about, let's say this person's 40 years old, age 10. So, this may be good example. I would say, oh, let's check this out and look at this. Y, this is also very similar positioning as far as age, you know, basically not quite halfway up below halfway. So, both these wise are halfway, and then the rest of this handwriting does not, does not show that, but we see, yeah, that

Ana Gomez 25:35

The triangle would be regimental, right? So, it's almost like maybe the trauma created some kind of thing that created a tyrannical or regimental way of being.

Bart Baggett 25:50

Yeah, so the word regimental doesn't register with my lexicon.

Ana Gomez 25:54

Oh, I just got it from your from your 501, your dictionary

Bart Baggett 25:58

The page, because I'd like to see it. I don't remember that word. I would say domineering, tyrannical would be these traits here. See how the T bar is on at the very top. Don't you got the that T bar slanting down is quite negative for all intents purposes, because it is downward, pointed and domineering, just like this. Y is pointed downward in the lower zone. So, both of those are going to be domineering, angry issues. But the word tyrannical, I recognize, but not regimental. So, I love to see where you got that, because I'd love to, I have the most of the five oh ones in front of me right now.

Ana Gomez 26:39

Yeah, it's actually from the 501-trait dictionary. Okay, that's where I you

Bart Baggett 26:47

Know, the manual. I think I have all the manuals with no dictionary in front.

Ana Gomez 26:51

Well, I haven't gotten through all the manuals. I'm still just starting, but maybe let me see if I can find it.

Bart Baggett 26:59

I can find it. Want to look for that. So, the word is tyrannical and regimental. We'll come back to that Dipanker. Did we answer your question before we get to Heather?

Dipanker Ramteke 27:11

Yeah, I got that. Thanks for that.

Bart Baggett 27:14

Okay,

Dipanker Ramteke 27:14

I was

Ana Gomez 27:15

Thank you

Dipanker Ramteke 27:15

Actually saying, if we don't have this trauma thing right now, like in our in our school, we don't have this. We don't call it as a trauma, right? So, if we, if we get a sample like this, we call it slants, something like that.

Bart Baggett 27:35

If you have a slant or a lower y that is very lower, Lower, lower, lower, what lower, what? Yeah, yeah, any why that is compressed means it's a lack of trust, just like the exaggeration for really big why is gullibility? So, you talk about sexuality, you're talking about very, very, very difficult to have sex with, to very big, wise, to being much more open and vulnerable and open minded, so, so that's, that's sort of the analogy of really trust and trust and sex don't always go together, especially this generation versus 20 years ago, but there tends to be some connection with you trust somebody you know at your most vulnerable state.

Ana Gomez 28:16

I apologize. It was from the earlier dictionary that had 190 trades, because that one went by lower loops and upper loops. So, it was easier to look up where, if it was just a loopy thing. So, I apologize, that's not from the 501,

Bart Baggett 28:34

I know, I know I'm getting old, but I'm not. I just didn't. So, I'm open to being wrong. So, this is the so if you have the if you have the basic 301 dictionary, we got about 100 traits. Those are the ones I use all the time. Once in a while we come along something like this one that says clannish net exclusiveness, useful because it adds a level of distinction within what we already know.

Here you go, Dipanker, see how the y is very rounded and like almost a fear of success, but it's an oval shape. That is what Dr Walker called clinicians. And I think also Erica Corosis would probably be along with hers as well. She's no longer with us, but she was one of the best teachers in America. She's a PhD, German restriction social circle to a few close friends, lacks trust and open a small, squared or rounded circles at the bottom. So, I would say that the material we're looking at Don lay who don't meet that definition. But very, very fascinating. And you were talking about domineering, which you were calling regimented, which isn't in here, but I think right would be. So, this is interesting fear of success. This also might be part of this conversation, because if you're going to have fear of success, you're always going to have something that meets the definition of trauma by down late, right? Because in order to make the fear of success, you have to. Cross the line at some point.

So, if you think about the idea of fear of success, so let's read it, because none of you have it that I'm aware of, and I hardly ever see it in my life. Often a feeling of dejection occurs when they almost become successful, they get close success and they fail. And this is one of those traits that I just can't ever hire somebody with it. The few times I've, I've experimented with these people, they tend to, as my father would say, you could screw up a one-man funeral love that you got.

You got to process that real quick to see if you can understand that joke. But that's pretty funny. It is. He probably used the F word on that

Ana Gomez 30:42

Hey in the 501, the square, the triangle, not the square, but the triangle bottoms, is sexual preferences, alternative or BI open and curious about alternative sexual preferences, triangle or pyramid shapes that form the lower zone loops, common in y and g loops

Bart Baggett 31:02

Is that a new interpretation of that from your perspective?

Ana Gomez 31:06

No, that's your 501 dictionaries.

Bart Baggett 31:08

I'm asking is for you. Is that new? Because I believe I added the bisexual part.

Ana Gomez 31:14

Oh, I've never, I only have seen beforehand that earlier dictionary. So, I kind of got it into my mind that it was something to do with tyranny or regimentalism or kind of strictness. In that way, it's kind of control, and as being a good strategist, because you want to control everything and then, but in the 501 it said that it was about being bi or having odd sexual preferences.

Bart Baggett 31:48

So, yeah, those are two wildly different definitions,

Ana Gomez 31:52

Exactly.

Bart Baggett 31:54

So do you know the primary trait, trait name that would be under

Ana Gomez 31:58

The primary trait is sexual preferences.

Bart Baggett 32:02

S-E-X

Ana Gomez 32:03

On in the advanced traits in the 501, yeah,

Bart Baggett 32:12

Thank you. Think I'm looking right at it. I'm not seeing it so weird, yeah, maybe I'm in the wrong dictionary.

Ana Gomez 32:20

Question. You had to go further. It's, you're under SEL when you had to get to sex. Yeah, it's not there. Maybe,

Bart Baggett 32:29

Are you sure? It's my book, it's,

Ana Gomez 32:31

It's, I just got the 501 and it's right here. I'm just looking right at it,

Bart Baggett 32:36

Sexual preferences

Ana Gomez 32:37

Found it with the Google Search. Okay,

Bart Baggett 32:37

Okay. Here you go.

Ana Gomez 32:37

Sexual preferences, alternative or by it's the 155th trait in the book. On page.

Bart Baggett 32:39

Okay. This is really fun, because this is something that's probably not in most books and because of my vast maturity, now I just don't talk about this a whole lot. Anna, go ahead.

Ana Gomez 32:59

Well, I was going to ask about that, that why that fear of failure? Why I wasn't sure if I'm not sure if I heard you correctly. Did you say that that fear of failure? Why is that a result of trauma? Did I hear that correctly?

Bart Baggett 33:17

Yeah, what I said was, I've never associated the two until this moment. But if Don Leh who's correct, then the only way to meet the definition of fear of success is if it crosses in the middle of the lower zone. If it crosses in the middle according to Don, something happened at that age that that was what I was having, that epiphany of like, wow, maybe they are connected. Maybe this desire to screw something up is connected to some event at that page. But I don't know if any way or shape or form that's Sexually trauma as much as a trauma.

Ana Gomez 33:51

No, no, yeah, I didn't think that it was necessarily sexual. I have a student I mentioned months ago that has a fear of failure. Why? And I know very little about him writing, but I remember seeing that and be like, oh, can you change your why? I just, I was just like, that's not good. And she, she did it. I mean, for like, a few weeks, I don't have them write typically, but, but I noticed when she wrote, like, after a while she still had it, but it was a little bit milder, but it was still there in the she's very young. I think she's 11. Maybe it was just so shocking to me and she absolutely has fear of failure. I have seen her execute on that so many times,

Bart Baggett 34:44

Fear of failure or fear of success.

Ana Gomez 34:47

Oh, sorry, I meant fear of success, yes.

Bart Baggett 34:49

Oh, so she does have this thing close to the finish line. She has an accident, she gets sick, she Okay, some excuse. Yes, yeah. Right? So just to and I haven't forgot about the other conversation we're having, I can multitask. Is that cool? Usually, there's two reasons people get a fear of failure, and I'll say women, because I've seen it like 10 to one compared to boys. And this student's a boy or girl, he's a girl. So, what my theory is, and I think Dr Walker's three was that if you think about the basic motivations of humans using NLP, we talk about this a lot in the life design. Course, the motivations moving toward and moving away from if they get massively rewarded for fucking up, then their brain goes, If I succeed, I don't get rewarded, but if I fail, moms give me a new car. If I fail, mom takes me shopping and takes me an ice cream. If I come in last place, mom takes me for an ice cream. If I don't good, get good grades. My dad hugs me. But if they get good grades, they get no attention. So, a middle child that gets no attention could get more attention being troubled could get more attention getting in trouble than they would get being a middle child and five kids.

So, I would investigate, is there some kind of reward system that this kid was installed, probably without the parent's awareness that makes it more emotionally fulfilling to fail than succeed? Wow. Okay, that's how you dig into how which one it is you now, if it's a move away from it means that that failure causes emotion of success causes emotional pain.

That's illogical to me, because I didn't have success come easy for me, and I don't think you did either. You really worked for it, you know, because you worked and worked at Anna's been playing piano since she was eight or nine and so, yeah, you when you failed, no one rewarded you, no anything you got embarrassed, right?

Ana Gomez 36:48

Right, yeah, yeah, no, I really wanted to do well. I associated doing well with more reward and recognition.

Bart Baggett 36:59

Yeah, so, so think about it that way, but generally, not generally, specifically. Everyone I've known that's had that has had a real problem handling promotions, success, good relationships, they're just not comfortable. Things going well, they're more comfort. So, we're talking about money. And finances, there's this comfort level we have with our finance, their relationships, and some people are always in a troubled state, and when they get smooth, they're like, I'm not comfortable having stability. I'm going to jump back and find a crappy relationship to have some drama. No one on this call has that, of course, but some people do.

So that's a great, great question on it, it's a really advanced trait, and I wish we had 100 examples to really study them. I've only seen one psychology book on the fear of success, and it was written in the 1950s 50s or 60s, from a New York psychologist that just dealt with celebrities and famous people, and he just identified this trait, almost like the imposter syndrome. I don't understand it, but some people, some therapists, see it repeatedly in their clientele, of people that got success without earning it. It's sort of a mystery to me, because I was never handed success and was never rewarded for failing, so it didn't make a lot of sense to me

Ana Gomez 38:11

To tie that into the FA slant when I was a child, I also created a fear of success at that time, because I didn't want to make my parents feel bad by me being too happy when they were so sad.

Bart Baggett 38:26

Wow, that's interesting. Now, did your brother kill himself at some point or just attempt?

Ana Gomez 38:30

No, he didn't. He attempted.

Bart Baggett 38:31

And why were they so sad? Or you were

Ana Gomez 38:34

They were trauma. They were traumatized and sad.

Bart Baggett 38:37

So you thought the appropriate motion would be sadness and to match their emotion,

Ana Gomez 38:41

Yeah, not to make them feel sadder by me being so happy, because I was such a happy go lucky kid. You are so pathetic. That's fascinating. Yes, empathy is in my writing all over the place. It's one of my major things.

Bart Baggett 38:53

Okay, so here's a funny story. So, this why I've seen throughout you know, since I've been doing this, and usually it was associated with a very peculiar, large sex drive. The larger wise, the bigger stories, you know, the people that were into swinging and like, because, because I didn't know a lot of these people, so it was just kind of like, especially as a kid, I didn't really know what that meant. I moved to West Hollywood at age 33 and for the first time my life, I was around a lot of gay men as friends and associates and analyzed their handwriting. And the most promiscuous gay men had the triangle y. Now, I didn't have a lot of gay friends at that before that, so I had no reference point. And when I ask about it, they go, Oh, yeah. Like, I fully am curious about both genders. I'm curious about sex. I have no moral judgment, and I just want as much from whoever possible. I'm just thinking about one individual in particular. And I was like, Wow, that's so interesting. So, what my brain did is say, why does this why do this thing ring true? I. What is the book? What is philosophy?

So, philosophy is two things, a lower zones equal imagination. Lower zones relate to the physical environment, body, sex, intimacy, etc, exercise, that's lower zones. If you have no lower zone, you probably have a flu, like you have no energy, more energy, longer lower zones, the triangles as a shape are a masculine shape. Remember the angular handwriting like Donald Trump has, versus the rounded handwriting that school teachers have. The school teacher is left probing, less analytical, less engineer, more supportive, more again, both great traits, but one is offensive and curious and analytical. The angular person in the middle zone. This angle is in the lower zone.

So, my brain went, oh, it's curiosity and investigation relating to sexual matters. And there's no limits on this dude or this girl. She'll try anything. That was my interpretation after being around what I would consider a very sexually open-minded population for a couple of years, I had dude friends that would go to a club with nothing but naked dude friends, and they'd be gone half the night, like there were places that were legal where they could go. And to me, I was like, Am I in a movie? Like these places exist. This is so weird, but this is sort of how the behavior of the of the gay man and the 2000s behaved in West Hollywood. So, yeah, so some of my friends behaved that way. And I was like, wow, this is crazy, and a lot of them have a why that was not only trusting, but also kinky.

So that would explain Kalika, my unique experience with that, why I don't see the words that you use from the other book is bringing to be true. Can you remind me what the other book said about this?

Ana Gomez 41:49

Yeah, it was like the original dictionary, probably from Walker's time that I found before I met you.

Bart Baggett 41:57

Let me speak on that. So, in Milton bunker book, which originally published in 59 he originally called clannishness, homosexuality. Interesting. Now think about why that might have seemed true from the perspective of 59-year-old of a white, straight man in the 1950s in America. Yeah, yeah, everybody that was homosexual was in the closet, or you got hung by a tree, right? You couldn't get to work. It was no acceptance and no tolerance. So, so the clannishness was simply a side effect of the lifestyle and the social pressure. The clannishness had nothing to do with the person's sexuality, but the societal trauma of saying, If you come out of the closet as gay being in the 50s, we you will get punished by many, many ways. Even Liberace had to have a fake wife. Do you remember that ridiculous, right? Yeah, I remember funny story.

So, I saw this black in my interview of Liberace with his wife, and said, live from Sherman Oaks, California, the home of the Maria. Now, I lived in Sherman Oaks for many years. It is a it is a wife and husband type little town outside LA and I was like, he got a house in the suburbs to look like he was straight and he had a wife. And I was like, now you can't look at that guy and go, of course, he's gay. He's the best dressed person here, he's clearly gay, but back then, there's no way you could tell that.

And so that was you'd have to be clannish to be that way back in the 50s. So, when you look at the older books, you've got to sort of look through the perspective of the author. And some of those traits make no sense. And what you said was judgmentalness or regimented, regimented. Yes, that makes no sense to me. The word regimented, to me would be predictable, rhythmic and maybe excessively controlling. And to me that would be a rigid baseline, maybe domineering. But yeah, I'd throw that. I'd cross that out of my book. By the way,

Ana Gomez 43:53

Just cross out the whole book. I mean, I'm actually just working from the 501 now, because I just like realize that there's too many differences. So, one of the things you're saying, though, is really, that really is interesting, is that maybe, you know, the clannish could work for outside of homosexuality, even back then, I mean women that just maybe had one or two friends. And maybe it's also kind of the same way with the sexual preferences triangular. Why that? Maybe gay men have it, but maybe other people have it. To have if they're just curious about physical things, it does it? Does it have to be sexual stuff?

Bart Baggett 44:34

It almost always is sexual stuff in the lower zone. But that doesn't mean it's gay. I know people that have been into bondage, into fetish. I've gone to clubs with friends that were into fetish and analyzed handwriting, and man, I saw some strange stuff, and it doesn't fall clearly in the lines of gay or straight, but it is curious, like the idea of S and M and bondage again blows my mind. I don't get it. So, I've never had the desire to change someone up and spank them or be spanked myself. But for some people, it is really, really exciting, and that is their little deviant thing, and that would not be accepted by society.

So, you'd have to be clannish, or you'd have to be at least some of those ways. And I've also met people in these subcultures, especially gay people, with no indicator whatsoever of shame, guilt or repression or clannishness. So, so in itself, none of these behaviors equate the identity of gay, straight, swinger fetish, but they are an they are an outcropping of that decision and how it affects their life.

Ana Gomez 45:36

Okay? So, they're, they're usually have to do with something sexual being in the lower loop, rather than the other things that are associated with the lower loop, like doing some kind of radical physical thing other than or having a radical desire physically, or eating weirdly, or any of that kind of stuff.

Bart Baggett 45:56

You know, I guess eating weirdly could be considered physical. I wouldn't. I've never heard of eating weirdly as a fetish, but I guess they do have toe fetishes and finger fetishes and food fetishes. The other thing that you might consider, especially if there are elements of trauma or something really wrong with the person, is that sometimes they are so frustrated with their sexual desires, and religion has told them that they're really, really wrong to have any sexual desire. They end up with either narrow, wise, triangle wise, or this constant over analyzing of their sex drive, because they grew up in a religion that completely said if you have sex, you're going to hell.

And so, in India, I've met 17 eight-year-old girls that were that were again with count, like, Hey, I'm just I'm not active sexually. That can't be true. In fact, I can't be active because I would be punished by God. And my parents, they still had this sort of odd shape in their why, but they obsessed over the idea of sex, especially because it was not allowed.

So, when you make something not allowed, it becomes much more interesting. So, I would not call those people by especially 1617, and 18 pretty common to be really curious about it, but that doesn't mean they've acted on it. And unless you're doing to do a survey of 18-year-old and you can get honesty, I'm not sure that we can know colicky If it's going to be acted on or not, but they're probably watching some pretty interesting porn, if they would tell you the truth, which they won't, but you can always ask

Ana Gomez 47:27

Fascinating. Thank you.

Bart Baggett 47:30

Oh, this has been fun. You know, I've just been talking and talking as many questions. I feel like a chatter box. I'm going to stop now, Jean,

Ana Gomez 47:35

I've just asked you a dozen questions.

Bart Baggett 47:42

Oh, here's a fun one. This is something that I've never seen in real life. But does this look kind of like the trait we saw in the Menendez brothers, vindictive? It looks kind of like his DS.

Remember that we talked about we saw that weird D now it's not in the y's, which is how this book says it should be, but it's so close. This is why, when Pradeep told me this is, this is, this is a trait we now call revenge, I said, you know what? I think you may be right. Like this is fascinating. Let's just take a look at that and see if we can see it. So, okay, take, take a picture of you of the of the vindictive in your brain. Okay, here is the Menendez brother. Look at the D. Tell me if that shape is not exactly like we just saw, but in the middle, oh, wow, yeah, right, yeah.

And so, it's not in the lower zone, but that D looks exactly like the diagram we just saw where it says, I understand. So, so I think Pradeep is correct. I think when you see that weird stroke, it's going into the past. It's analyzing what somebody did wrong to me and coming back in the future again. I don't think I could have successfully predicted the Mendez killing their parents from their handwriting. I'm not going that far.

And now that we know their history, it's easy to point out the features which may have been troublesome. That's what annoys me when I see people on TV talking about celebrities is, in hindsight, you can always make something fit, but could you do it ahead of time? I'm not sure that I could have in that case, except those are pretty interesting correlations there.

Heather, good to see you. Back. Does your dog have to go to emergency or something?

Heather Wagenhals 49:35

No, no. A client issue? Exactly.

Bart Baggett 49:39

Awesome. Awesome. Did you have something you wanted to share with us? So glad you're here. We really miss you in this community. It's so nice to see you again.

Heather Wagenhals 49:46

I know it's just been, you know, I'm in a different time zone, and so it's, it's really difficult for me to get in, but now that I'm back in another time zone, that it makes it more feeling I'll be here.

Bart Baggett 49:58

We're on a different plane than the rest of. Actually, Heather, you,

Heather Wagenhals 50:04

I don't have a way to upload this note that I wanted.

Bart Baggett 50:10

Okay, why don't you take a picture and text my phone? Okay, let's see. Does anybody else have any handwriting that they brought with them to see?

Heather Wagenhals 50:25

But it's like, it's like, it can it's like, I don't know,

Ana Gomez 50:31

You have a background, so it's not showing up, right? Well, there you go. There it is. Keep it close to your body, and then we can

Bart Baggett 50:38

Heather. Heather. Can you take a picture with your phone,

Heather Wagenhals 50:41

Yes,

Bart Baggett 50:42

Text it to me, and then I can share it on the screen. I know it's that you have this thing on which makes you disappear, and it's really going to drive us batty trying to figure this out.

Heather Wagenhals 50:52

Sorry about that. Okay.

Bart Baggett 50:59

Well, and next, next month will be around Christmas. Bring some handwriting samples all those Christmas cards you get in the mail. Let's analyze your friends and neighbors. See which one of them are swingers

Ana Gomez 51:08

In the mail. Who does mail? Newspapers are great.

Bart Baggett 51:20

We took a Christmas card said Doctor. Sometimes our family and Stephanie mails, not Christmas cards with the family picture. It happens. Yeah, but yeah, if you don't bring handwriting samples, we'll just dig into, like, one of the courses and kind of talk about it.

Heather Wagenhals 51:35

I never really question for you that's unrelated to this, but it's about those loops.

So, when I was in high school, oh, by the way, oh, I had a comment about the journaling stuff, most journaling is always negative. That's why they don't always recommend, like, not everybody is told to journal, because studies have shown that that journaling tends to be very negative.

Bart Baggett 51:59

Because that was my experience. Yeah, that's interesting, yeah? Or at least that's weird,

Heather Wagenhals 52:05

Yeah? Because anytime, like, I've gone back to look at stuff, and I'm like,

Bart Baggett 52:11

Well, extroverts, like, we're like, extroverted soul twins. So, we never journal when we're happy. We only journal when we're trying to work something out. You journal when you're happy, right? You journal on a regular basis.

Ana Gomez 52:23

I journal regardless of the content, and if, if I'm really happy, I really want to journal because I want to, like, milk it, solidify it. And then I go into gratitude, and then I go into goals and intentions for the future. So, yeah,

Heather Wagenhals 52:43

That's awesome.

Bart Baggett 52:44

I wish I did that. When Heather and I are happy, we want to call each other and brag about it. See we're extroverts.

Ana Gomez 52:50

Well, that's part of the program. Is destroyed

Heather Wagenhals 52:52

By your doggy. I need my Bart. Good doggy, Heather, here's another treat. Keep out the good Bart.

Bart Baggett 52:59

Okay, what were you saying?

Ana Gomez 53:01

It's part of the prism, LDA stuff to do a journal. So, I just started one with all these wonderful positive things, like first things start with a with something you're gratitude for, and then three things that your three action items, and then what's good and new. And I vote this. Got this all just from you Bart in the in your wonderful course about getting a journal in that direction. It's wonderful.

Bart Baggett 53:31

So I'm of the opinion if we did more of what Anna did, we would probably transform faster, because we're spending time thinking about what's important. I think it's a great a great skill set.

Ana Gomez 53:41

It's already helping. I've only done it for a few days, and it's wonderful.

Bart Baggett 53:45

Thank you. The reason we've structured it that way is if you do 30 days of this thought process, positive affirmations, analyze something, find the good intention, rate your day, track your enhancements. If you do that 30 days and you don't miss a day, you've created a new habit of thinking that way.

And so, you could print that off and do it every month. Eventually you'll probably end up like, what Anna does is have a methodology where she sits down and does this thing and she puts herself in a great emotional state.

So, I think, I think Heather and I were discussing like, when we journaled with no structure, it was only when we were working stuff out. Oh, yeah, deal, yeah, what Anna does or work through a book like the 30-day happiness journal, because that gives us structure to coach ourselves into a positive mental state.

Ana Gomez 54:32

Yeah, when I was young, I had all these journals of all this negative stuff, and I actually sat down, put one in the backyard and burnt them all and did a wonderful transformation by just burning all my journals because all that negativity. But this is totally different. What on is doing and what your journaling is in there, in your course, it's just wonderful, because you I see this every morning. It's on my desk, and I go and do it every morning, and it sets up the day just beautifully.

Bart Baggett 54:59

I think you'll be the first person in the course that's done all 30 days. Okay, for some reason they'll start it for three days, and they'll forget about it, and it's doing it consistently that's going to create the internal training. Because the whole point of this program is training your brain. We want to train your brain to think positive, to think like a millionaire, to train your brain to reframe things instantly and find the good in a bad situation, like that's what we're training you to do. And all of a sudden, you're one of those people that everybody wants to be around, because you're a solutions provider rather than a problem person. And so, none of you here are problem people. You wouldn't have paid money to get it.

Ana Gomez 55:39

Okay. So, I'm going to remember exactly what you said, that I'm going to be the first person to do it, but if it might be like the four-minute mile, if I do it, then maybe everybody else will want to do it right, because it's been done. It's such a positive thing, and it's so wonderful. And I can imagine that it would bring up everything in a person that would prevent them from doing what's there. And so, it does take, I do spend a few minutes meditating afterward to make sure I'm clearing so that I can do it. And it's still not easy.

Bart Baggett 56:15

Yeah I don't think the 30 day is like the most troubled, like the questionnaire, which is something you got like on day one. I don't think anybody's ever sat down and filled out 24 pages. It actually makes you think about your life.

Ana Gomez 56:29

I did. I actually filled out your whole questionnaire.

Bart Baggett 56:31

Oh, that's so good. And so, by the way, that's something that you can come to an open coaching session with and go, hey, I read this question, and it made me think, Stephanie, what do you think I

should do about this? Like that? That's really what it's for, is to start that conversation. Like, if I were to work with you, like, sort of 12 weeks, one on one, I would take that intake and say, let's talk about how you want to change this.

So, let's talk about this outcome that you want and create a plan for the outcome. Because a lot of people, year after year after year, they don't even set intentions for an outcome, whether financially or relationship, etc. So anyway, I'm glad you're happy with it. Go look how you're going to be a big success story.

Ana Gomez 57:05

Oh, good. Thank you,

Bart Baggett 57:07

Heather. We don't have your picture. I'm so sorry the technology is failing us. Okay, we will wait. We can get it done here in a second.

Heather Wagenhals 57:15

Alright, did you get it now? It's because I'm hearing the blink saying

Bart Baggett 57:19

I got it now. Finally, Yeah,

Ana Gomez 57:22

Cuz I do that part too.

Bart Baggett 57:25

Okay, so Heather found a piece of handwriting, and she would like some unbiased answers about how this person's engaging. So, first of all, based on our conversation tonight, let's look at the y's. We see a healthy y here, a healthy y here, a healthy y and g here. We see a narrow y here, and a retrace,

Heather Wagenhals 57:54

Not a y up top, by the way,

Bart Baggett 57:55

A z, okay, I can live with a Z. Doesn't bother me at all.

Heather Wagenhals 58:01

Oh, okay, I didn't have that loot. If the letter made the loop different.

Bart Baggett 58:04

Yeah, it doesn't. It's a lower zone. But these last three make me think that this person isn't a man or a woman. The writer is a man. So, the man has issues with trust and doesn't want to get burned again. We see this along the bottom, but this, the top doesn't say that. So again, the more handwriting we get, the more we can calculate how often this occurs.

So generally, rushed writing, it would that make a difference, not really. I mean, we want to be rushed. We want to have not our best foot forward, one our unconscious mind writing it. Because if someone says this is going to be judged like a Christmas card will write really pretty. So, I would say half and half, some intimacy issues, not trusting, and then he's fine. Here. What's interesting is that this trait, this one, one I want to bring your attention to. This is a trait I don't see much I do. I don't think this meets the criteria, but this sure does. Does anybody know what this trait is,

Ana Gomez 59:05

Resentment?

Bart Baggett 59:08

Yeah, Dipanker when you've seen this or studied about what does that inherently mean? It's an emotion called resentment.

Dipanker Ramteke 59:17

Excuse me, it's fast. Something has happened in the past, and he has angry about something.

Bart Baggett 59:26

Well, the assumption is something happened, but more importantly, there's a reoccurring anger to aggressively handle something. And so normally that comes out at the people around him, if it goes way in the past. Like, see how this A goes a little bit below the baseline. It is something from childhood, but I only see that once this one's up in the upper zone. So, I would say some resentment at religion, maybe, to really be sure, I would look at the H which I don't see one there's nothing here. So, there's going to be a slight bit of edge to this guy. Okay, and the underlying emotion is anger. And it may never be it as close friends, but generally there's some unresolved anger issues. This is an interesting one. Look at this O. This is a o which is normally closed. This is every one of these O is open.

What does that mean? Jane, you know this one very talkative, very talkative and open book, like loves to hear himself talk, very friendly. So, it may seem counterintuitive, Heather, that there's a restriction in trust but also talkativeness. But the restriction is trust comes with intimacy in relationships, and, like, getting his heart broken talking is just his way of being so I think he's very transparent, like, like, like, if this is a relationship that you're dating somebody, I don't think he's going to cheat, because he'll tell you the next day because he can't get his mouth shut. Like he's just too honest. Like he's just so honest. And that's a delightful personality, unless what he's saying is annoying.

Ana Gomez 1:01:04

Even the D is open at the bottom. Even the D,

Bart Baggett 1:01:08

Yeah, I'm not sure.

Ana Gomez 1:01:10

Does that count here? That yeah, and all the D's, and the one that we reunited is very open. It's almost

Bart Baggett 1:01:18

They're open at the top a little bit. But yeah,

Ana Gomez 1:01:20

No, I met the one that the reunited D at the very bottom. They're all, all the D's are open at the top.

Bart Baggett 1:01:27

Yeah, I don't know that that means the same, but it's an oval shape, so I guess it would, but I would never go to the secondary trait because the first one's so obvious. Ah, okay, good. Thank you. The D here has a slight loop, which means he's got a little bit of sensitivity, not paranoid, but sensitive. He's going to care about compliments. He's going to, it's going to its complimenting the way looks are going to, you know, what he's wearing, is going to affect him. Lot of pride in his work. Very intelligent. The M's and n's are very balanced and intelligent. Good with his hands. There's a lot of good stuff here. The only red flag I'm seeing is the resentment, which is an unresolved anger at somebody or a circumstance. Usually, it means they don't think they were treated fairly in some context, and they're kind of mad about it. Sometimes that can be a motivator. The only funny thing I'll say is it's the only consistent trait, Heather among serial killers. Look at his T bar. This guy has a great self-esteem. High T bars on this guy's T bars almost high as your T bars.

Heather Wagenhals 1:02:42

That's right.

Ana Gomez 1:02:43

Hey, would it matter what they're writing about versus maybe they because it says I'll miss you at the end. Would it ever be maybe resentment in this one circumstance where he might not put it in another right?

Bart Baggett 1:02:58

I don't I don't think so. I think we open the class with how rare contextual changes are, I just haven't seen it that much in my 3040, years of doing this. So no, I don't think it's to this person, if anything, the wise that are narrow could emoting some sort of like, oh my god, I'm going to get hurt because I miss you, maybe. But I don't like to contextualize it to the content, even though, as we talked about earlier, occasionally, it does happen that way. Normally, it's a personality trait that's going to reoccur frequently. Man, what a good self-esteem. Though, bright guy, really friendly, really expressive, really honest. I just would be mindful that he has some unresolved healing to do. That would be the way I would phrase that.

Ana Gomez 1:03:40

What about this slant Since you were talking about the slant earlier, and I don't know too much about it, it seems leaning to the right. So, is that more emotional or sort of more balanced?

Bart Baggett 1:03:53

Yeah, it's a great question.

Heather Wagenhals 1:03:54

The card was tipped a little bit when I took the photo, but the all the lines are straight across, like almost perfectly.

Bart Baggett 1:04:03

So, the baseline is straight.

Heather Wagenhals 1:04:05

Yes, the baseline is straight. It's been so long I can't even tell you when the last time I looked at handwriting analysis or that class I took, not yours, of course. So that's why I don't know half of the stuff I should.

Ana Gomez 1:04:17

I'm going to guess a de but I've been trying to actually measure them all, because it's so important. And to learn is that the right guess Bart,

Bart Baggett 1:04:27

Yeah, the measurement comes with this yellow Gage. And if you don't have that yellow Gage, I think like two bucks, I would really recommend you getting one. In fact, this came up in the trial I was in today in the Bahamas. The other expert. I use that word loosely, even though she's been to court 400 times, she didn't measure the slant correctly. I think a she's old and doesn't know how to use Photoshop and things like that, so instead of making a baseline, she just randomly put a dotted line where she thought the slant was, wow. And this is the forensic. Expert, not a not someone trained by walker or myself, and she lied because she only measured down strokes and she just picked the two samples that made it look like the writer had two different slants. That was her, that was her cheating to try and persuade the judge that these were different human beings, but when you measured it using the tool, they were all within the same region, which was roughly a CD slant. So, this is an FA slant we're seeing on the screen, and on a CD would be right about there. Okay, so what you do is take that gage and then lay it over that angle, and then move it until it basically comes into one or another. So, I'm pretty good eyeballing, but I still mess up once in a while. And so that slant. Let's see if we can put these side by side here. I'm going to stop sharing then I'm going to share my screen. I don't have the gage ready, but we'll do it the best we can.

1:05:56

The interesting thing is that you draw two lines like you don't you do it to the bottom of that same letter, which is totally different than what she did she did when you're talking about the other expert, because she just, she just did just no other, just the baseline,

Bart Baggett 1:06:11

Any technique, because she wasn't trying to be scientific. She was trying to make a case. Yeah, client wrote a certain way, so it was just basically someone lying to the court. So you have to draw a baseline, and then you have the angle, so that looks right about a CD or de slant. Here's an upstroke,

Ana Gomez 1:06:33

But look at there how it goes upward, because see, it's not what she that anybody might think of as the baseline, because it's the end of the letter, not the not the overall line, which is makes it so you have to be able to look at it differently,

Bart Baggett 1:06:49

Yeah. So it's, I think it's going to be a strong d-e

Ana Gomez 1:06:53

That's what I would have guessed.

Heather Wagenhals 1:06:54

Wow, good. I'm getting the hang of it,

Bart Baggett 1:06:57

Good job. And again, you're going to find ones that are really hard to measure. I'm not going to go into measuring that's covered really well, even in the level 101, course, there's a whole section little purple booklet. There's a gage that comes with it. If you don't have it, we'll get you one. It's really useful, and it's kind of boring, because after about 10 tries, you're like, oh, I got that Bart. I don't have to do 100 if you don't do 100, you're not going to make that error and then go back and go, damn it. And one of the questions on the test has you measure, and I'm not exaggerating this particular sample. When you look at it, looks like a, d, e slant, but when you measure it, it's an A, B, and it's just deceiving, and it trips up about 50% of the people that take the course, so the certification course, so I'm just saying it's not quite as easy to eyeball as you think it might be.

Ana Gomez 1:07:45

Oh no, it's hard. Yeah, because of that, all the different lengths coming together at the angle, it's a different angle than you would ever think when you actually draw it.

Bart Baggett 1:07:56

Okay, final sample. This is a question I don't know the answer with, so I might leave it to you. Here's an odd sample that I've never seen before. To me, this is a stylized handwriting, almost someone who decided to make their own version of the alphabet. Does anybody have any theories of what it might mean? Because I do not.

Ana Gomez 1:08:16

I thought you would call it ostentatious.

Bart Baggett 1:08:19

You know what? I could go with all stages. So, so when someone goes and deviates away from how they were taught to stylize, it is the kind of person that says, here's what's normal. I don't want to be normal. I want to be noticed as different. And I'm going to create my own version of this thing.

So, I know that sounds a little Gestalt, but I don't know how to explain it, except that it's not a common enough trait to even have a trait dictionary for it. I don't see any significant traits like stingers or hooks or angles, if anything, the beginning and ending hook is a desire to acquire, maybe. But I think it's just style. I think it's like air, like flowers in the head, something to do with getting attention, something cute and girly. Like, girly is this also a boy's handwriting Heather that you're dating? No, very pretty.

Heather Wagenhals 1:09:17

So, well. So, here's this thing. So, we were talking about, like, childhood trauma and all of that stuff. So, when I was, like, 1516 like, I've always had really neat handwriting, and even though I'm a southpaw, like, I'm not a hooker Southpaw, that's really a right hander, I'm like, a real southpaw. Then I write this way, and I always had to tip my paper kind of funny so I wouldn't smear that sort of thing. But like, in high school, I started doing this very, like, flowery, ornate stuff. And like, if you would look at like a paper, because back then, we didn't have, we didn't type like it was typewriters. You know, I just turned 55 so it's like, there wasn't that, like you wrote out your papers when you had research papers or whatever. And so, like. I had all these things where they flowed, like, all these flourishes, and I just always made it really nice. And one day, my mother yelled at me and said that I was stuck up and conceited, and I needed a knockout bullshit, flowery writing.

And I overnight, like I was, like, I thought it looked pretty. And everybody always said, Wow, that's so beautiful. Like, I got compliments, right? So, and of course, like, the whole like, greed is good. Gordon Gekko, that's my needing to acquire. Because I was, I grew up a poor kid and stuff. So, like, but I so I just, I don't have a sample of it. If I had one of my old papers, I'd be able to do it. But I used to do all of these cool things, like when I would do a p or A Q, and I would whip these cool things, and it was always like, super precise, but super fancy. And I just, I took my time back then with my handwriting. And now, like, I take a fair amount of time, but sometimes I just need to get a thought out.

Bart Baggett 1:10:58

And then I'm like, I think you explained it pretty well. If you are a child trying to express some creativity, you chose your handwriting as a means to express something that you're not typical, and you apparently got criticized for it by your mother. But it's not uncommon for kids to go, oh, this is uniquely me. I'm going to make it my own, one of my friends in college. No, no high school. His name is Patrick. I don't know what happened. He might be dead. Who knows what happened to that dude? He used to dress like a vampire, so he had so he was long, hair black out, and he remember the Rocky Horror Picture Show that the way the letters dripped in blood, his handwriting looked like that font. So, he was going for dark and creepy, and you were going for girly and fun.

Ana Gomez 1:11:45

Yes. Question regarding the one that you just had up when those things almost kind of slash through the lower area where there would be a loop, do you see, like the y and the G?

1:11:58

I would do it like that, like I would make the G almost like a straight stick it just at the very end, and then I would do that and come back around. I just did that quickly, but it was very curly when I used to do it.

Bart Baggett 1:12:11

Yeah, I think this would

Heather Wagenhals 1:12:13

Flow. And I just

Ana Gomez 1:12:17

Sort of like a backwards kind of loop, in a way you were just kind of doing a loop in a different in a different way.

Heather Wagenhals 1:12:24

So maybe that's because I'm left handed, like so the loops went other way for that reason.

Ana Gomez 1:12:30

That makes sense.

Ana Gomez 1:12:31

But I draw, so I draw three dimensional stuff, and really like unusual type of art too. So, I still do all of those cool swirls

Bart Baggett 1:12:42

That's fun. What you're still kind of girly, in my opinion, so it hadn't changed too much in 40 years. Yay. You guys are delightful. Any better outstanding questions? This was fun. Heather. And again, if you guys bring a handwriting sample, have it on your computer so you can share it. It makes a little bit easier for us next time, and start looking for handwriting samples in between classes. We're going to keep these small. We'll go really deep and real advanced. I'll tell you stories that you wouldn't hear otherwise, and you won't have on the cassette tapes. That's a cassette tapes. I think it's time to go to bed. We used to sell cassette tapes, and they're very funny. If you guys listen to me and Kurt Baggett from 1996, you'll laugh your ass off, because that was when it was okay to be politically incorrect. Heather, you kick

Ana Gomez 1:13:26

Oh, I wish I had those.

Heather Wagenhals 1:13:28

You have any of those laying around?

Bart Baggett 1:13:30

Yeah. Coco we need to get you all of

1:13:33

My oral book reports on my little cassette audio recorder. If you had to push the red button down. You remember that? And you had to crank it to play in order to record, and then you could, like, use your microphone.

Bart Baggett 1:13:47

Heather, I know they find this hard to believe, but I also have a cassette tape of me doing a radio show at 14 years old, and we called it boogers.

Heather Wagenhals 1:13:55

I used to DJ like, I was like the girl that did the morning announcements. I was like the DJ for like, the high school

Bart Baggett 1:14:03

Does not surprise me either way.

Heather Wagenhals 1:14:07

Papa Heather is the name as you well know as a up, I'll make it so like I was just, I'm such a dork.

Bart Baggett 1:14:17

Cool. Alright, for those of you that want I think we're not having another coaching call during Thanksgiving, because that Tuesday, Wednesday, Thursday, we're doing things, but there is a call Sunday and Monday, Sunday night, I'll be coaching something, and then on Tuesday stuff, I'll have our class again. And if you guys have any ideas or any thoughts on the life design stuff, come and bring your questions, and we'll, we'll dig into some of the content. So, this has been fun. Guys, I appreciate you hanging out late with me

Ana Gomez 1:14:43

Bart, aren't we all so lucky? This is wonderful. Thank you, guys. Thank you. Bye.