



BIRTH ASSISTANT COURSE

MIDWIFERY BUSINESS CONSULTATION

Birth Assistant Reading List

History of Maternity Care

- *Midwifery and Childbirth in America* by Judith Pence Rooks
- *Birth: The Surprising History of How We are Born* by Tina Cassidy
- *Pushed: The Painful Truth About Childbirth and Modern Maternity Care* by Jennifer Block
- *Birth as an American Rite of Passage* by Robbie E. Davis-Floyd

Breastfeeding

- *Breastfeeding Made Simple: 7 Natural Laws for Nursing Mothers* by Mohrbacher & Kendall-Tackett
- *Dr. Jack Newman's Guide to Breastfeeding: The Canadian Expert Offers the Most Up-to-Date Advice on Every Aspect of Breastfeeding* by Newman & Pitman
- *The Womanly Art of Breastfeeding* by West & Pitman

- *The Nursing Mother's Companion* by Huggins
- *Ina May's Guide to Breastfeeding* by Ina May Gaskin

Birth, Skills, & Midwifery

- *The Essential Homebirth Guide: For Families Planning or Considering Birthing at Home* by Jane E. Drichta, Jodilyn Owen, & Dr. Christianne Northrup
- *Birth Matters* by Ina May Gaskin
- *Spiritual Midwifery* by Ina May Gaskin
- *Laboring On* by Barbara Katz Rothman
- *Birth Crisis* by Sheila Kitzinger
- *Myles Textbook for Midwives* by Ruth Bennett and Linda K. Brown
- *Heart and Hands* by Elizabeth Davis
- *Midwifery: Best Practice Vols. 1-4* by Sara Wickham
- *Becoming a Midwife* by Carolyn Steiger

- *A Guide to Physical Examination* by Barbara Bates, M. D.
- *Listen to Me Good* by Smith & Holmes
- *Women's Bodies, Women's Wisdom* by Christiane Northrup, M. D.
- *Herbs for the Childbearing Years* by Susan Weed
- *Birth at Home* by Sheila Kitzinger
- *Understanding Lab Work in the Childbearing Year* by Anne Frye
- *Holistic Midwifery, Vol. I and II* by Anne Frye
- *Birthing From Within* by Pam England and Rob Horowitz
- *After the Baby's Birth: A Woman's Way to Wellness* by Robin Lim
- *Rebounding From Childbirth: Toward Emotional Recovery* by Lynn Madsen, Bergin, and Garvey
- *Rediscovering Birth* by Sheila Kitzinger
- *Diary of a Midwife* by Juliana van Olphen-Fehr
- *Varney's Midwifery* by Varney

Emergency Skills

- B.E.S.T. Training Resources
- S.T.A.B.L.E Program
- NRP Textbook
- *Obstetrics: Normal & Problem Pregnancies* by Gabbe

Labor Support

- *The Birth Partner - Revised 4th Edition: A Complete Guide to Childbirth for Dads, Doulas, and*

All Other Labor Companions by Penny Simkin

- *The Doula Book: How a Trained Labor Companion Can Help You Have a Shorter, Easier, and Healthier Birth* by Marshall H. Klaus, John H. Kennell