

LESSON 5 STRATEGIST GUIDE QUESTIONS

THE WOMAN SCHOOL

LESSON 5

CRYSTALIZING YOUR DREAMS

QUESTIONS TO GUIDE THE CONVERSATION

1. What else do you need to do to crystalize your dreams? Who can guide you?
2. What are some roadblocks that are holding you back from discovering your dreams?
3. Are stress and anxiety a habitual factor that hijacks your capacity to be a woman of vision? How can you change this?
4. Have you created a 145 DGA (both professionally and personally) that can help you focus?
5. How would a morning and evening routine transform the quality of your day?
6. What is holding you back from creating a rhythm of life? What can you do about it?
7. Do you feel stuck and unable to move into action? What would help you get unstuck? What is one small step you can take today/this week to move you in the direction of your dreams?
8. Are your friends intentionally dreaming and working backward from their dreams? How is this affecting your capacity to dream?
9. Are comparison and judgment something you suffer from? Write a script to rewire comparison?
10. How can you use your gifts to change the world?