

ROOT & BRANCH TREATMENTS - QUICK REFERENCE CHART

Wrinkles	Sagging Face Double Chin	Eye Bags	Discoloration Age Spots
Heart Blood Xu UB15, UB17, UB20, ST36, SP10, (LI4)	Sp Qi Xu Ren6, Ren12, ST36*, SP6, Du20, (LI4) with: ST6*, ST10, ST11, SJ17, Ren22, Jian Lian Quan*, SJ7, ST44	Blood Stagnation UB17, UB18, UB20, SP6, SP10, (LI4) Bags: SP9, ST40, ST36^ Circles: LI11	Liver Q Stagnation UB18, UB17, LI11, LI4, SP6, SP10
Qi Stag & Blood Stasis UB17, UB18, LIV3, LI4, ST36	Additional Points: Du20, ST8, UB8, Ren23, DU26, SJ17, GB12, ST7	Phlegm Obstructing Channels UB20, ST40, SP9, SP6, LI4	SP/ST Qi Xu Ren12, Ren6, SP6, (LI4)
Kidney Essence Xu UB18, UB23, Ren4, KID3, SP3, SP6, LIV3, (LI4)		Liver/Kidney Xu UB18, UB23, KID3, LIV3, SP6, Du23, Yu Yao, GB14, GB1, Tai Yang, ST2, (LI4) Dark circles: ST7	Liv/Kid Yin Xu Ren4, KID3, LIV3, SP6, (LI4)
Sp Qi Xu UB20, Ren4, Ren12, SP3, SP6, ST36, (LI4)		Additional Points: UB2, Yu Yao, ST2, GB14, Tai Yang, GB14, UB17, UB18, UB19, UB23, SP6, SP10, KID3, ST40	Yang Blockage with Blood Stagnation UB23, UB17, DU4, ST36, SP10, (LI4)
			Additional Points: ST7, SI18, Tai Yang, KID3, LIV3, LI11, SP10, SP6

POINTS FOR WRINKLES

Forehead	Above Brows	Temples	Crow's Feet	Btwn Brows	Neck	Lips	Nose	Cheek	Ears	Mouth	Jaw
ST8	GB14	ST8	TaiYang	UB2	GB20	Du26	LI19	ST2	GB2	ST5	ST5
GB15	GB34	TaiYang	GB1	YinTang	SJ17	Ren23	ST4	SI18	SJ22	ST6	ST6
YinTang	GB41	GB34	SJ23	Du23	ST10	ST4	ST7	SI6	ST7	ST7	ST7
GB34	ST44	ST44		UB40	ST9	LI4	LI20	ST9	ST9	LU7	LI4
GB41				UB60		ST36	YinTang	HT3	ST36	ST36	ST36
GB43							Du25	(rosy)	SJ5	LI4	ST44
							LI4		SJ6	ST44	GB34
							ST36		SJ7	GB41	DU26
							ST44			DU26	Ren23
							LU7			Ren23	

POINTS THAT PROMOTE COLLAGEN PRODUCTION & REJUVENATION

SI18 - Qi & Xue to face	ST4 - lift/smooth wrinkles	Tian Mu - lift forehead
Ren24 - Qi & Xue circ.	ST36 - benefits complexion	ST39 - firms skin, dry skin
ST41 - heals skin, swelling	LI9/LI10 - Qi & Xue face	SP10 - detox, tonifies
	SP6 - major anti-aging/wrinkle	

GENERAL FACIAL REJUVENATION TREATMENT

Liv3, LI4, ST36, SP6, ST6, ST7, Ren24, ST8, SI18, Tai Yang, Tian Mu, GB14, Du24, Du20

Tian Mu - 1Cun above Yin Tang

*Estim is possible

^Moxa

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