

Reasons Why Illness Can Manifest

- 1. The individual might have missed messages, emotional or spiritual, regarding some aspect of their life path or work. Perhaps they have been in denial or avoiding taking an honest look at certain situations. Such reaction or inaction to life will cause an energy blockage that will later manifest as dis-ease. The illness could be the soul's inner wisdom and last attempt to get the conscious mind's attention.**
- 2. The illness may be programmed into a person's vibrational field before he or she is born. This happens on the fifth level, the etheric template. The illness may be used as a "reset button" if certain things go wrong. The individual, prior to incarnating (during a state of total consciousness and awareness) reviews the illness and the potential it will bring if those experiences are suddenly needed by the soul to grow and expand further. This potential manifestation may draw upon stored genetic factors, predispositions, environmental factors or a prior health history to trigger a preprogrammed illness.**
- 3. The illness occurs in that individual's life at the exact time and under the exact conditions for which it was programmed. The individual needs to experience this particular illness because it will be the perfect set of circumstances to further the growth of the soul. The illness is according to the individual's higher plan to address karmic issues.**
- 4. Manifesting the illness is actually one of the soul's main responsibilities and reasons for incarnating at a specific time. The soul commits to the complications of this illness as part of the person's work on this planet at this time. It is through use of the physical body that it acts as a conduit for teaching. In addition, the soul will be working to rid the planet of this illness, breaking down massive "group illness thought forms" that are holding in place the matrix of particular disease. You see, every dis-ease has its own frequency and energy signature, its own life so to speak. This type of illness contract addresses issues related to social as well as personal karma.**
- 5. A certain type of illness occurs when a person has gone so far off the track of his or her purpose work that the only way he or she can get back on track is through manifesting some type of wake up call through physical illness. The illness may be an intervention by the universe when someone is in full breakdown or self-destructive mode. This can be a spiritual awakening.**
- 6. Illness can occur as a natural "rite of passage" when the soul has completed its work here, no new lessons are to be learned or contributions**

made. The soul uses illness as a vehicle to return to spirit. If you see all illness and death as a negative thing or as a failure or some kind, you are only heeding the limitations of the personality and not supporting the inner wisdom of the soul's purpose.

I talk about the up-sides of getting "sick" in these Youtube videos with my friend, homeopath and energy healer, Carrie Hamilton. Sometimes the greatest aha moments can come from the down time of a fever. It's time to look at illness through a different lens, now that we have tools for discernment to ask and intuit the WHY of an illness.

<https://youtu.be/CWJZIIKHFA>

<https://youtu.be/obEvnd27nYo>