

## MA2-L12-3-ps-Grid-Journaling-transcript



### Digital Scrapbooking Mastery, No. 2

#### Lesson 12, Part 3: Grid Aligned Journaling for Adobe Photoshop Transcript © 2019 Jen White

Journaling makes memories come to life. Here in the last part of Lesson 12, we'll put the finishing touches on our Mastery 2 scrapbook page by adding the all important element of the written word. Begin in Adobe Photoshop by opening the document that you ended with in Lesson 12 Part 2. And then, press the letter D to reset the Color Chip to the default of black over white.

At the end of Lesson 6 of this class, I recommended that you save room for a text box. So if that empty space has been bugging you up to this point, now is the time to fill the gap. In the Layers panel, click on the Circular Overlay group to activate it and then get the Horizontal Type tool. In the Tool Options, open the Font picker and choose a journaling font. My all time favorite journaling font is DJB Annalise. Set the Size to 12 pts, this can always be adjusted later, and click on the Center Alignment icon. We'll leave the Color Chips set to black. And then, open the Character panel. In the Character panel, you'll want to open the Leading options and choose Auto. And then, set the Tracking to 0. Now on the document, click and drag out a text box that fills the space between the flower and the frame. You want the text box to be fairly long. My text box is approximately 3" wide by 8" tall. To reposition while dragging before you let go of your mouse, press and hold the Space bar and you can move the text box around. Notice that my text box is slightly overlapping the flower and the frame.

And when I let go of the mouse, a portion of the text box will fill with text. But, let's fill up the entire text box. Since that text is already highlighted, press Ctrl C, Cmd C on a Mac, to copy the highlighted text. Then, press the Right Arrow key to place the cursor at the end of the text. And then, press Ctrl V, Cmd V on a Mac, until the type is completely filling the text box. Then, click the checkmark to commit.

So now that the text box is full, let's align the text to the grid. First, I'll want to zoom in. Hold down the letter Z and click several times on the text box to zoom into it. On the document, hold down the Space bar and click and drag on the document until you can see the top line of the text. It's the line that starts with Lorem Ipsum. Get the Move tool and press the Up or the Down Arrow key until that line is resting on a grid line. It doesn't really matter which grid line, but I'm choosing this one right here, the one below it. Now in the Character panel, we'll need a starting point for the Leading. Right now it's set to Auto, but I'm going to change it to be the same size as the text. So I'll change the Leading to 12 and then press Enter. Now that we have a starting point, we can make adjustments to the leading until the lines of the paragraphs are lining up with the lines in the grid. So, I'm going to highlight that 12 of the leading and then just click the Up Arrow key to change it to 13. The second line of my paragraph looks pretty good, but if I keep scrolling down, I can see that the lines are gradually moving upward, so that when I get to the bottom of my viewing area, this line of type right here is not sitting on a grid line. So it looks to me like I need to increase the leading just a little bit. It's still highlighted in the Character panel. I'll press the Up Arrow key one more time and see what I get. Now when I look at my paragraph, again, the second line looks really good, but if I continue to scroll down, I can see that the lines are gradually creeping a little bit downward and they are missing the grid. So, 13 was not enough, but 14 is too much. So now, I'm going to manually adjust the Leading. Instead of a 13 or 14, I'll try 13.5. Now, take another look at my paragraph. The first couple lines look great and they're continuing to look really good down further in the preview. Just to make sure I'm going to press the Space bar and move down. And now I can see the further I go down, because there are lots of lines of type, that it's starting to creep just a tiny bit downward. If you're like me, this is going to bother you and you're going to want to need to get it perfect. So at this point you would change the leading a very tiny bit. Because the lines are creeping down in the preview, I'm going to assume that the Leading is set just a tiny bit too high. So, let's change that to be 13.4 instead of 13.5. I think that helped a lot, but you can see at the very top of my paragraph, the first line is actually sitting on the grid line and if I scroll to the bottom of the paragraph, the last line is a tiny bit above. Now I'm not really sure that's that big of deal, but again, it's going to bother me. So, I need to add just a tiny bit, maybe about halfway in between. So I'm going to set the Leading to 13.45 and I think I've got it. Here at the very bottom line of my text box, the line is sitting on the grid. And if I scroll to the very top of the text box, the line is sitting on the grid. Bingo! I've got the right number.

At this point you'll want to spend a little bit of time deciding what you want to say. I recommend typing your journaling into a word processing program, that checks spelling and grammar, and then copying and pasting that onto your scrapbook page. So after your journaling is how you like it in your word processing program, highlight the entire text, then press Ctrl C, Cmd C on a Mac, to copy the journaling. And then, return to Photoshop and double click on the thumbnail of the type layer to highlight all of the text inside the text box. Press Ctrl V, Cmd V on a Mac, to paste in your journaling, and then, click the checkmark to

commit. Zoom out on your document by pressing Ctrl 0, Cmd 0 on a Mac, and see how your journaling fits in the type box. Personally, my journaling is only filling half of the type box and that looks just a little bit odd. So here's two things that you can do if you don't have enough type to fill the box. The first thing you can do is to add space at the top of the text box, and here's how you do that. Double click on the thumbnail of the type layer to highlight all the type. Then, press the Left Arrow key to put the cursor at the beginning of the type. And then, press the Enter or the Return key to add returns at the top of the paragraph. This will move your paragraph down inside the text box. When you're satisfied, click the checkmark to commit. Now I think that that still looks a little bit odd for the paragraph that I'm working with, so I'm going to undo that change. And, here's the next thing you can try. Because we're aligning our text to the grid, another choice would be to skip every other grid line when aligning the paragraph. To do that, you're going to need to know some very basic math. In the Character panel, the Leading is currently set to 13.45. In order to skip every other grid line, you would want to double the Leading. So, you would take 13.45 times 2. I'll save you the hassle of trying to multiply and just tell you that that comes out to 26.9. And now, instantly you can see that my text box is aligned to every other line of the grid. After completing this step, you may want to go back to the last suggestion and add a space at the top. I think I'm going to do that, and it'll move it down just a little bit. I like how that looks, so I'll click the checkmark to commit.

And, the last thing that I want to talk about is the fact that you're likely going to have part of your glittery brushed anchor in the way of your type. I could simply move my type layer above the glittery brushed anchor, but since that glittery brushed anchor has a layer style applied to it, I'll need to keep it below it. Instead, let's mask away some of the glittery brushed anchor. To do that, in the Layers panel click on the Glittery Brush Anchor group and then click on the Add Layer Mask icon. Get the Brush Tool. In the Tool Options, open the Brush Picker and choose a Hard Round brush from either the General Brushes or the Legacy > Default Brushes. Back in the Tool Options, make sure the Mode is set to Normal, the Opacity is at 100%, and the Flow is that 100%. Then on the document, hover your cursor over a part of that anchor and press the Right or the Left Bracket key to make the brush larger or smaller until it's slightly larger than one of the dots that's on your anchor. My brush is now 100 px. Hover your cursor over one of the dots of the glittery brushed anchor and click. And now when I zoom out on my scrapbook page, I can see that it looks lovely. So that's how to add grid aligned journaling to your Mastery 2 scrapbook page. Make sure to check out the very last video in this section where I'll show you how to wrap things up and give yourself a pat on the back. This has been Jen White with Digital Scrapbooking Mastery.