Reverse Bossa Rhythm

You start by learning, or reviewing, the reverse bossa groove as it's the first bar when you play the full samba 2 groove.

If you haven't seen this rhythm before it can handcuff you at first

Because it's tricky, count along, use a metronome, go slow, and only work the backing tracks when ready.

Have fun as you dig into this essential and enjoyable Brazilian rhythm.

Exercise 1

To begin, you play the bass notes on beats 1 and 3 with the first chord added to the & of 1 in each bar.

Remember to accent the up beat, play it a bit louder, compared to the bass notes.

Have fun was you get started with this reverse bossa with this workout.

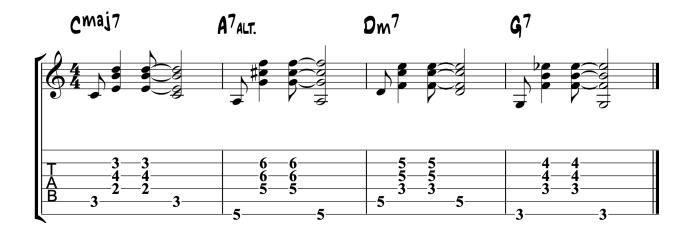


Exercise 2

You now add in the upbeat on the & of 2 in each bar, which is held over in this exercise until the end of each bar.

This is tough, splitting the & of 2 chord and the bass note on beat 3.

Because of this, go slow, count out loud, use a metronome, and build up to the backing track when you're ready.

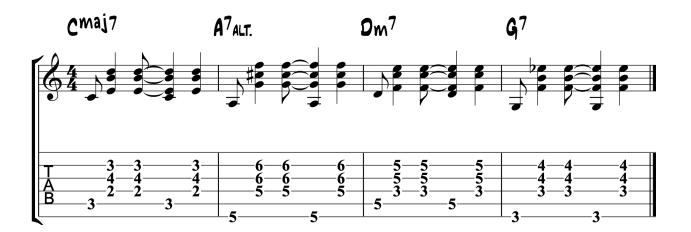


Exercise 3

You now play the entire reverse bossa rhythm in this exercise.

Remember to accent the up beats, play them a bit louder than the other beats, and use a metronome to nail this groove.

Have fun playing the full reverse bossa in this workout.



Creative Challenge

Here's a creative challenge where you're given a Bb blues progression and you apply the reverse bossa to this form.

Go slow, use a metronome, work up the rhythms and then get them onto the backing track when ready.

