

# Reverse Bossa Rhythm

You start by learning, or reviewing, the reverse bossa groove as it's the first bar when you play the full samba 2 groove.

If you haven't seen this rhythm before it can handcuff you at first

Because it's tricky, count along, use a metronome, go slow, and only work the backing tracks when ready.

Have fun as you dig into this essential and enjoyable Brazilian rhythm.

## Exercise 1

To begin, you play the bass notes on beats 1 and 3 with the first chord added to the & of 1 in each bar.

Remember to accent the up beat, play it a bit louder, compared to the bass notes.

Have fun as you get started with this reverse bossa with this workout.

**C<sup>maj7</sup>**      **A<sup>7</sup> ALT.**      **D<sup>m7</sup>**      **G<sup>7</sup>**

T 3 6 5 4  
A 4 6 5 4  
B 2 5 3 3

3 3 5 5 5 5 3 3

## Exercise 2

You now add in the upbeat on the & of 2 in each bar, which is held over in this exercise until the end of each bar.

This is tough, splitting the & of 2 chord and the bass note on beat 3.

Because of this, go slow, count out loud, use a metronome, and build up to the backing track when you're ready.

**C<sup>maj7</sup>**      **A<sup>7</sup> ALT.**      **D<sup>m7</sup>**      **G<sup>7</sup>**

The musical notation shows a 4-measure phrase in 4/4 time. The melody is in treble clef, and the bass line is in bass clef. The chords are C<sup>maj7</sup>, A<sup>7</sup> ALT., D<sup>m7</sup>, and G<sup>7</sup>. The bass line includes fingerings and slurs.

Measure	Chord	T (Treble)	A (Alto)	B (Bass)
1	C <sup>maj7</sup>	3	4	3
2	A <sup>7</sup> ALT.	6	6	5
3	D <sup>m7</sup>	5	5	5
4	G <sup>7</sup>	4	4	3

## Exercise 3

You now play the entire reverse bossa rhythm in this exercise.

Remember to accent the up beats, play them a bit louder than the other beats, and use a metronome to nail this groove.

Have fun playing the full reverse bossa in this workout.

**C<sup>maj7</sup>      A<sup>7</sup>ALT.      D<sup>m7</sup>      G<sup>7</sup>**

**T**      3   3      3      6   6      6      5   5      5      4   4      4

**A**      4   4      4      6   6      6      5   5      5      4   4      4

**B**      2   2      2      5   5      5      3   3      3      3   3      3

3      3      3      5      5      5      5      3      3      3      3

## Creative Challenge

Here's a creative challenge where you're given a Bb blues progression and you apply the reverse bossa to this form.

Go slow, use a metronome, work up the rhythms and then get them onto the backing track when ready.

