

Little Flowers Suggested Supplies

For this workshop I will list what I used, but please do substitute your own favourite supplies and colours. You will also find the reference image that I used at the end of this list, but you can of course choose your own reference or work intuitively if preferred.

Items marked with a * are pretty much necessary, all others can be mix and match according to your own supplies and preferences.

*substrate of your choice. If you are using paper, then definitely use something heavy weight and prime with gesso before painting. I used a canvas 8" x 8" but please do use what you have!

*white gesso primer

*brushes, water, cloth or tissue for clean-up/wiping

I used **willow charcoal**-you can also use chalk pastel, water soluble crayon or pencil, or graphite to sketch.

I used **Amsterdam acrylic ink in Turquoise Green**. You could use any acrylic ink or fluid acrylic.

I used **Inktense stick in Lime Green**. You could use any water soluble crayon or dilute ink.

I used **Daler Rowney Phthalo Green 154**. You can use any choice of acrylic paint you wish!

*Matt gel medium - any brand - I used **Liquitex**

*White acrylic paint - any brand - I used **Golden liquid in Titanium white**

*Clear gesso - any brand

Coloured pencils (non soluble) of your choice. I used:

Karismacolor Imperial Violet 1007 and Ultramarine 902

Karismacolor aqua 1016, white 938, clay rose (my favourite!) 1017.

Derwent studio magenta 22

Optional added layer - oil pastels in your chosen shades. I used

Sennelier Oil Pastel - turquoise, magenta and ultramarine

Useful but not necessary - a hairdryer to speed up drying and a blade to sharpen pencils and pastels!

I also sealed the painting with Liquitex varnish - this is optional, but I would recommend so the surface is protected from smudging or dirt. Use whatever varnish or sealant you have or prefer, matt or gloss seal is fine. Mod Podge is great in journals and comes in a variety of options. You can also seal with your acrylic gel medium.



