

Basslines Chapter 2 – Practice Day 4

In today's workout you practice applying root notes to 3 different ii-V-I progressions.

Here, you aren't given any bass notes to play, only the chord changes and it's up to you to supply the bass notes.

As you work on these progressions, take a few seconds up front to visualize the root notes on the 5th and 6th strings.

This will help you quickly play those root notes when you begin the exercise and it helps you build your fretboard visualization skillset in the process.

Have fun with these three progressions as you take the next step in your root note bassline development.

Bassline Exercise 1 – 5 Minutes

Here's the first exercise for today's workout, which you'll spend 5 minutes on in the practice room.

To help you get the most out of this exercise, here are some tips to get started.

- Look over the chords for a few seconds and plan ahead.
- Map out the root notes on the 6th and 5th strings.
- Play the roots with a slow metronome, or no tempo.
- Work the roots over the backing track if ready.
- Sing along for added benefit.
- Record yourself and listen back for instant feedback.
- Enjoy yourself!

Have fun with this exercise, and remember, set a timer and stop after 5 minutes so you get a full, well-rounded workout in today.



Bassline Exercise 2 – 5 Minutes

Here's the second exercise for today's workout, which you'll spend 5 minutes on in the practice room.

To help you get the most out of this exercise, here are some tips to get started.

- Look over the chords for a few seconds and plan ahead.
- Map out the root notes on the 6th and 5th strings.
- Play the roots with a slow metronome, or no tempo.
- Work the roots over the backing track if ready.
- Sing along for added benefit.
- Record yourself and listen back for instant feedback.
- Enjoy yourself!

Have fun with this exercise, and remember, set a timer and stop after 5 minutes so you get a full, well-rounded workout in today.

The image shows a musical staff in 4/4 time, indicated by a treble clef and a 4/4 time signature. The staff is divided into four measures, each containing a series of diagonal lines representing a bassline exercise. Above the first measure is the chord **Em⁷**, above the second is **A⁷**, and above the third is **Dmaj⁷**. The fourth measure is empty. The staff ends with a double bar line.

Bassline Exercise 3 – 5 Minutes

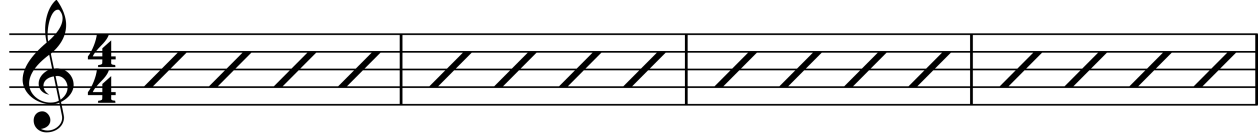
Here's the final exercise for today's workout, which you'll spend 5 minutes on in the practice room.

To help you get the most out of this exercise, here are some tips to get started.

- Look over the chords for a few seconds and plan ahead.
- Map out the root notes on the 6th and 5th strings.
- Play the roots with a slow metronome, or no tempo.
- Work the roots over the backing track if ready.
- Sing along for added benefit.
- Record yourself and listen back for instant feedback.
- Enjoy yourself!

Have fun with this exercise, and remember, set a timer and stop after 5 minutes so you get a full, well-rounded workout in today.

Bbm⁷ *Eb⁷* *Abmaj⁷*



Bm⁷ *E⁷* *A^mmaj⁷*

