Applications of Animal-Assisted Therapy

Online Training

A comprehensive online training that allows you to learn all about the practical application of Animal-Assisted Therapy in your own time, at your own pace, your own way.

Lyndsay Wright, MC, Registered Psychologist, CAATP

You're in the right place if...

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1. You have a passion for animals and understand the power of the human-animal bond.
2. You're a mental health professional (therapist, psychologist, counsellor, coach, social worker, etc).
3. You want to learn how to incorporate animals to help the populations you work with.
4. You have completed the Foundations of Animal-Assisted Interventions training.

Welcome

Welcome to the course outline for the Applications of Animal-Assisted Therapy training. This training provides you with the practical knowledge needed to ethically and effectively incorporate animals into your program or practice. With over 20 hours of learning, you will have the opportunity to explore how animals can support the populations you work with.

The Applications of Animal-Assisted Therapy training provides you with a wealth of knowledge to help you on your journey of animal-assisted interventions. The training provides a variety of learning tools including video instruction with slides, closed captioning options for the videos, downloadable slides, audio instruction, self-study sections and self-reflection sections. In addition, a course workbook is available to deepen your learning of AAT and guide you through the self-reflection section.

This training is an amazing tool for any mental health professional interested in taking their AAT work to the next level. By now you have the foundational knowledge of AAT but want to deepen your level of expertise in the area of AAT by learning practical tools and interventions that can be implemented with AAT.

The Applications of Animal-Assisted Therapy training has also been pre-approved by several mental health associations for 24 continuing education credit hours! You can use this outline to submit to your licensing board for approval of this course for CECs/CEUs.

Happy Learning!
Lyndsay Wright
Founder & CEO of Wright Psych Solutions

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MEET THE INSTRUCTOR

Lyndsay is a Registered Psychologist and a Certified Animal-Assisted Therapy Professional. Lyndsay has been incorporating animals into mental health practice since 2012. She has experienced both professionally and personally the power of the human-animal bond. She decided to create this course to help others confidently and ethically introduce animals into their own helping professions.

"Our task must be to free ourselves...by widening our circle of compassion to embrace all living creatures and the whole of nature and its beauty."

-Albert Einstein

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INTRODUCING

Applications of Animal-Assisted Therapy Training

GET STARTED

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