

MEDIUMSHIP APPRENTICE

PROGRAM WEEK 1

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# CLASS OUTLINE

In this series of videos you will learn:

* Why we practice Mediumship
* How to Discern Spirit from Ego
* Gifts of Mediumship
* Mechanics of Mediumship
* Exercises & Meditation

WHY WE PRACTICE MEDIUMSHIP:

* Personal reasons, i.e. connect with passed loved ones
* Feel a Personal Calling for It
* Know & Understand Life after Death
* Access divine wisdom & guidance
* Faith in a higher power
* Overcome fears & insecurities around gifts
* Help others with grief/loss

# HOW TO DISCERN SPIRIT FROM EGO

Spirit manifests in different ways:

* Spontaneous or random at first
* A sense or “knowing” of someone else with you
* Signs/Symbols that catch your attention
* Information comes back to you until you deliver the message or write it down.
* Awareness shifts from the person’s energy to a presence near you
* Persistent
* May seem to not make sense or that you are making it up.

# HOW SPIRIT MANIFESTS

Think about your first spirit phenomena experience. What happened? How was it?

* Dreams
* Seeing/feeling a presence in the home/bedside
* Feeling spirit after loss/grief
* Inspirational thought
* Synchronicities/Encounters
* Gifts/Apports, i.e. coins/feathers/gemstones/flowers

MEDIUMSHIP IS….

* Spirit = consciousness, divine intelligence
* Soul = divine imprint for each person, unique DNA designed to you
* Mediumship is a blending of two souls, telepathically communicating.
* Physical & Etheric merging to download/receive information

WHAT DEFINES SUCCESSFUL MEDIUMSHIP?

* Ability to connect with “Spirit” & accurately connect by delivering evidence & message to the recipient that resonates
* Evidential mediumship, shows life after death continues

# MECHANICS OF MEDIUMSHIP

GIFTS OF MEDIUMSHIP INCLUDE:

1. CLAIRVOYANCE - SEEING
2. CLAIRGUSTANCE - TASTE
3. CLAIRSCENT – SMELL
4. CLAIRAUDIENCE – HEARING
5. CLAIRSENTIENCE - FEELING
6. CLAIRCOGNIZANCE – KNOWING

WHAT TYPE OF MEDIUM ARE YOU?

* Emotional; thoughts/feelings
* Visual; memories
* Factual; names/dates/numbers
* Inspirational;
* Audio
* Work with your natural-born gifts

# OBSTACLES TO MEDIUMSHIP DEVELOPMENT

* FEAR
* Low Self-Esteem
* Lack of Confidence
* Religious beliefs, i.e. devil’s work
* Not trusting the information
* Comparison
* Impatience
* Perfection

# HOW TO BUILD YOUR LINK TO SPIRIT

* Maintain mind/body/soul balance
* Let go of the idea of perfectionism
* Build a relationship with Spirit, i.e. Universe is a loving parent who would never harm you.
* Quickening of information you will receive

& decipher

* Understand the language & you are an instrument they are working with
* Practice!!!!

# BASIC MEDIUMSHIP

TELL THE STORY STORY = LOVED ONE’S LIFE BASIC FACTS:

1. SEX: MALE/FEMALE
2. AGE: YOUNG/MIDDLE-AGED/ELDERLY
3. HOW THEY PASSED: INJURY/ACCIDENT,

TRAGIC, I.E. SUICIDE/MURDER, ILLNESS

1. MESSAGE
2. MEDIUMSHIP IS THE MIRROR OF THE MIND

# EXERCISE: TELL THE STORY OF YOUR LOVED ONE

Imagine for a moment your Spirit Loved One in your mind.

Bring him/her to life.

Write down the basic facts:

Male/Female

Age

How they passed

What would they want to say to you? Message?

# CONNECTING TO SPIRIT

1. CLEAR YOURSELF ENERGETICALLY
2. SET AN INTENTION & PRAYER
3. FOR THE MOMENT RELEASE FEAR, ANXIETY & IMAGINE YOU ARE LIGHT
4. VISUALIZE YOU & SPIRIT MEET IN A SACRED SPACE OF LIGHT.
5. MEET IN THE MIDDLE.
6. FEEL/SENSE/KNOW/ASK
7. INFORMATION WILL BE RECEIVED.
8. DO YOU FEAR THE WIND?

# CONCLUSION & SPIRIT ASSIGNMENT

* BEGIN TO BUILD A RELATIONSHIP WITH SPIRIT • DAILY CHECK-INS: MORNING & EVENING RITUAL
* PRACTICE:

1. SIT WITH SPIRIT MEDITATION
2. PEER READINGS: BASIC MEDIUMSHIP READING CONNECTING WITH A LOVED ONE VIA A NAME

MEDITATION: ACCESSING SPIRIT

