

# March

2025



- A. GRANBY
- B. HAIL MARY
- C. PRESSURE PASS
- D. STANDING PASS
- E. 1/4 GUARD
- F. BUTTERFLY
- G. TOP HALF PASS
- H. OPEN GUARD

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23	24	25	26	27	28	1
2	3	4	5	6	7	8
A	B	C	D			
9	10	11	12	13	14	15
E	F	G	H			
16	17	18	19	20	21	22
B	A	D	C			
23	24	25	26	27	28	29
F	E	H	G			
30	31	1	2	3	4	5
D	C	B	A			

## 10th Planet Jiu-Jitsu Warm Up Schedule

# April

2025



- A. GRANBY
- B. HAIL MARY
- C. PRESSURE PASS
- D. STANDING PASS
- E. 1/4 GUARD
- F. BUTTERFLY
- G. TOP HALF PASS
- H. OPEN GUARD

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
	D	C	B	A		
6	7	8	9	10	11	12
	H	G	F	E		
13	14	15	16	17	18	19
	C	D	A	B		
20	21	22	23	24	25	26
	G	H	E	F		
27	28	29	30	1	2	3
	A	B	C	D		
4	5	6	7	8	9	10

## 10th Planet Jiu-Jitsu Warm Up Schedule

# May

2025



- A. GRANBY
- B. HAIL MARY
- C. PRESSURE PASS
- D. STANDING PASS
- E. 1/4 GUARD
- F. BUTTERFLY
- G. TOP HALF PASS
- H. OPEN GUARD

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3
	A	B	C	D		
4	5	6	7	8	9	10
E	F	G	H			
11	12	13	14	15	16	17
B	A	D	C			
18	19	20	21	22	23	24
F	E	H	G			
25	26	27	28	29	30	31
D	C	B	A			
1	2	3	4	5	6	7
H	G	F	E			

## 10th Planet Jiu-Jitsu Warm Up Schedule

# June

2025



- A. GRANBY
- B. HAIL MARY
- C. PRESSURE PASS
- D. STANDING PASS
- E. 1/4 GUARD
- F. BUTTERFLY
- G. TOP HALF PASS
- H. OPEN GUARD

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	H	G	F	E		
8	9	10	11	12	13	14
	C	D	A	B		
15	16	17	18	19	20	21
	G	H	E	F		
22	23	24	25	26	27	28
	A	B	C	D		
29	30	1	2	3	4	5
	E	F	G	H		
6	7	8	9	10	11	12

## 10th Planet Jiu-Jitsu Warm Up Schedule

# July

## 2025



- A. GRANBY
- B. HAIL MARY
- C. PRESSURE PASS
- D. STANDING PASS
- E. 1/4 GUARD
- F. BUTTERFLY
- G. TOP HALF PASS
- H. OPEN GUARD

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	1	2	3	4	5
	E	F	G	H		
6	7	8	9	10	11	12
	B	A	D	C		
13	14	15	16	17	18	19
	F	E	H	G		
20	21	22	23	24	25	26
	D	C	B	A		
27	28	29	30	31	1	2
	H	G	F	E		
3	4	5	6	7	8	9

### 10th Planet Jiu-Jitsu Warm Up Schedule

# August

2025



- A. GRANBY
- B. HAIL MARY
- C. PRESSURE PASS
- D. STANDING PASS
- E. 1/4 GUARD
- F. BUTTERFLY
- G. TOP HALF PASS
- H. OPEN GUARD

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
	H	G	F	E		
3	4	5	6	7	8	9
	C	D	A	B		
10	11	12	13	14	15	16
	G	H	E	F		
17	18	19	20	21	22	23
	A	B	C	D		
24	25	26	27	28	29	30
	E	F	G	H		
31	1	2	3	4	5	6

## 10th Planet Jiu-Jitsu Warm Up Schedule

# September

2025



- A. GRANBY
- B. HAIL MARY
- C. PRESSURE PASS
- D. STANDING PASS
- E. 1/4 GUARD
- F. BUTTERFLY
- G. TOP HALF PASS
- H. OPEN GUARD

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
	B	A	D	C		
7	8	9	10	11	12	13
F	E	H	G			
14	15	16	17	18	19	20
D	C	B	A			
21	22	23	24	25	26	27
H	G	F	E			
28	29	30	1	2	3	4
C	D	A	B			
5	6	7	8	9	10	11

## 10th Planet Jiu-Jitsu Warm Up Schedule

# October

2025



- A. GRANBY
- B. HAIL MARY
- C. PRESSURE PASS
- D. STANDING PASS
- E. 1/4 GUARD
- F. BUTTERFLY
- G. TOP HALF PASS
- H. OPEN GUARD

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1	2	3	4
	C	D	A	B		
5	6	7	8	9	10	11
G	H	E	F			
12	13	14	15	16	17	18
A	B	C	D			
19	20	21	22	23	24	25
E	F	G	H			
26	27	28	29	30	31	1
B	A	D	C			
2	3	4	5	6	7	8

## 10th Planet Jiu-Jitsu Warm Up Schedule



# November

2025



- A. GRANBY
- B. HAIL MARY
- C. PRESSURE PASS
- D. STANDING PASS
- E. 1/4 GUARD
- F. BUTTERFLY
- G. TOP HALF PASS
- H. OPEN GUARD

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
	B	A	D	C		
2	3	4	5	6	7	8
F	E	H	G			
9	10	11	12	13	14	15
D	C	B	A			
16	17	18	19	20	21	22
H	G	F	E			
23	24	25	26	27	28	29
C	D	A	B			
30	1	2	3	4	5	6

## 10th Planet Jiu-Jitsu Warm Up Schedule

# December

2025



- A. GRANBY
- B. HAIL MARY
- C. PRESSURE PASS
- D. STANDING PASS
- E. 1/4 GUARD
- F. BUTTERFLY
- G. TOP HALF PASS
- H. OPEN GUARD

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5	6
	G	H	E	F		
7	8	9	10	11	12	13
A	B	C	D			
14	15	16	17	18	19	20
E	F	G	H			
21	22	23	24	25	26	27
B	A	D	C			
28	29	30	31	1	2	3
F	E	H	G			
4	5	6	7	8	9	10

## 10th Planet Jiu-Jitsu Warm Up Schedule