

**PURPOSE BUILDER INVENTORY**

Use this form to collect the insights from both your personal reflection and your couple reflection. It will be used throughout the course.

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **LONGINGS –** What do I long for in our marriage? Where would I love to be in 5 years? 10 years? How would we be spending our time? What would I like more of in our partnership? |  |
| **PASSIONS -** What delights me? Lights me up? I can spend hours on it, where I lose track of time? What presses my “passion button? What did I love to do as a child? |  |
| **STRENGTHS** –What are my strengths? My gifts? What are key things I learned from reviewing my assessments? |  |
| **SKILLS** – What skills do I have? Hard skills? (E.g. computer programs, conference planning) Soft skills? (Building a team) |  |
| **UNIQUE EXPERIENCES** – What experiences have I had that contribute to the perspective I have on the world? E.g. single parenting, living cross-culturally, adoption |  |
| **LESSONS FROM MY STORY** – What are the insights that I have regarding my Defining Moments Exercise? |  |
| **LOCATION** – Where do we live? Where do I spend my time? Work? School? Community? Sport teams? Hobbies? |  |
| **FLOW –** What are the themes that emerged from my “flow activities?” |  |
| **NEEDS** – What are the needs around me? What are the things that I think “someone needs to do something”! |  |
| **DRIVERS** - What in my world makes me say, someone has got to do something…break that down further – Who? What? Where? What am I willing to sacrifice for? |  |
| **PURPOSE STATEMENT** - Begin to build your life purpose statement. Purpose is foundational. A purpose statement is a “being” statement that captures the reason you exist. A life purpose statement is not a lengthy “to do” list. It answers the “why” of your marriage. Try to keep it a being and relational statement. It will likely take you a number of attempts before you dial it down to a concise statement. |  |
| **VISION** – Let’s dream!   What do we want?   What do we dream to do?   If money were no object and failure not an option, what would we be doing?   What do we want to be known for?   In 10 years, what do we want people to say about the impact our marriage has had on them personally or in the community?   Where are we making the greatest contribution currently? What are the possibilities to grow in that? |  |
| **NEXT STEPS**  Based on all of our learning, what are best next steps?  Break it down into specific, measurable, attainable, relevant goals with a timeline.  Consider sharing your learning with another couple or friend that can speak into the vision.  Step into the possibility zone! |  |