

## Benefits of Signing

Signing as a parent provides you with the unique opportunity to develop a window into your child's mind. By including signs into your daily activities, parents spend less time guessing what their child wants and more time fulfilling specific needs.

- Signing allows your infant to clearly communicate specific thoughts.
- Signing reduces frustrations for your child- and for you!
- Signing won't delay verbal language development- in fact, it may accelerate it. Research shows that babies who sign usually start to talk sooner and develop larger vocabularies than non-signing babies.
- Signing children tend to be more interested in books.
- Signing builds on babies' natural tendency to use gestures.
- Signing creates a unique bond with your baby.
- Signing stimulates emotional and intellectual development, an important aspect for healthy social growth.
- Signing helps develop fine and gross motor skills.



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