



The Human Body #5: Movement (Grades 9-12)

1. What path does a signal follow to produce movement?

2. _____ and _____, found in the joint, allow the bones to move without resistance

3. What are the 2 most common types of synovial joints? Identify a movement that utilizes each type of synovial joint.

4. What happens when a signal reaches the point where a motor nerve and muscle meet?

5. Name 2 muscles and 2 joints that are moved by the football player in the video.

6. Describe how your brain coordinates the different parts of your body to complete an activity like running or jumping.
