



THREE TRUTHS TO BUILD YOUR LIFE ON

Pastor Buddy Owens

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“I have been crucified with Christ and I no longer live, but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave himself for me.”

Galatians 2:20 (NIV)

1. Because of the cross, I am _____.

“When you were spiritually dead because of your sins and because you were not free from the power of your sinful self, God made you alive with Christ, and he forgave all our sins. He canceled the debt, which listed all the rules we failed to follow. He took away that record with its rules and nailed it to the cross.”

Colossians 2:13–14 (NCV)

“His Son paid the price to free us, which means that our sins are forgiven.”

Colossians 1:14 (GW)

2. Because of the cross, I am _____ to sin.

“We died to sin; how can we live in it any longer?”

Romans 6:2 (NIV)

“Don’t you know that all of us who were baptized into Christ Jesus were baptized into his death? We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life. If we have been united with him like this in his death, we will certainly also be united with him in his resurrection.”

Romans 6:3–5 (NIV)

3. Because of the cross, I am _____ in Christ.

“You were dead IN your sins in which you used to live...”

Ephesians 2:1–2a (NIV)

“Count yourselves dead TO sin but alive to God in Christ Jesus.”

Romans 6:11 (NIV)

“I don’t understand myself at all, for I really want to do what is right, but I can’t. I do what I don’t want to—what I hate. I know perfectly well that what I am doing is wrong, and my bad conscience proves that I agree with these laws I am breaking. But I can’t help myself . . . No matter which way I turn I can’t make myself do right. I want to but I can’t. When I want to do good, I don’t; and when I try not to do wrong, I do it anyway. Now if I am doing what I don’t want to, it is plain where the trouble is: sin still has me in its evil grasp. It is sin living in me that does it. It seems to be a fact of life that when I want to do what is right, I inevitably do what is wrong. I love to do God’s will so far as my new nature is concerned; but there is something else deep within me that is at war with my mind and wins the fight and makes me a slave to the sin that is still within me. In my mind I want to be God’s willing servant, but instead I find myself still enslaved to sin. So you see how it is: my new life tells me to do right, but the old nature that is still inside me loves to sin. Oh, what a terrible predicament I’m in! Who can set me free from the clutches of my sinful nature? Thank God! It has been done by Jesus Christ our Lord. He has set me free.”

Romans 7:15–25 (TLB/Phillips)

“Therefore, there is now no condemnation for those who are in Christ Jesus.”

Romans 8:1 (NIV)

“Walk in the Spirit, and you shall not fulfill the lust of the flesh.”

Galatians 5:16 (NKJV)

“Anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!”

2 Corinthians 5:17 (NLT)

“My dear children, I write this to you so that you will not sin. But if anybody does sin, we have one who speaks to the Father in our defense—Jesus Christ, the Righteous One.”

1 John 2:1 (NIV)

“He is able, once and forever, to save everyone who comes to God through him. He lives forever to plead with God on their behalf.”

Hebrews 7:25 (NLT)

“If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.”

1 John 1:9 (NIV)

“I have been crucified with Christ and I no longer live, but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave himself for me.”

Galatians 2:20 (NIV)

Take your next step!



1. forgiven 2. dead 3. alive



建立生命的三個真理

歐巴迪牧師

2024年4月6-7日

「我已經與基督同釘十字架，現在活着的不再是我，乃是基督在我裏面活着；並且我如今在肉身活着，是因信神的兒子而活，他是愛我，為我捨己。」

加拉太書 2:20 (和合本)

1. 因着十架，我被_____了

「從前你們的靈是死的，因為你們有罪，並且有那尚未除去的罪惡本性。但上帝使你們藉著和基督的合一再活過來。他赦免我們一切的罪，把我們因為不能遵守他所訂的法律而遭受的一切指控一筆勾銷，而且將那指控的罪狀釘在十字架上，完全銷毀了。」

歌羅西書 2:13-14 (簡明聖經)

「他的愛子贖回了我們的自由，赦免了我們的罪。」

歌羅西書 1:14 (新普及譯本)

2. 因着十架，我向罪_____了

「我們向罪死了的人，怎麼可以仍然活在罪中呢？」

羅馬書 6:2 (新譯本)

「豈不知我們這受洗歸入基督耶穌的人，是受洗歸入他的死嗎？所以我們藉著洗禮歸入死，和他一同埋葬，原是叫我們一舉一動有新生的樣式，像基督藉著父的榮耀從死裏復活一樣。我們若在他死的形狀上與他聯合，也要在他復活的形狀上與他聯合。」

羅馬書 6:3-5 (和合本)

3. 因着十架，我在基督裏_____

「你們死在過犯罪惡之中，他叫你們活過來。」

以弗所書 2:1 (和合本)

「這樣，你們向罪也當看自己是死的；向神在基督耶穌裏，卻當看自己是活的。」

羅馬書 6:11 (和合本)

「我並不真正瞭解自己，因為我想做正確的事，卻不去做，反倒做了自己憎惡的事。我知道自己做得不對，我罪惡的本性表明我承認律法是良善的。但我不能自制... 我想做正確的事，卻做不到。我想，但做不到。我想行善，卻不去行；我不想作惡，反倒作了。但如果我做了自己不想做的事，那麼，問題就很明顯了，罪仍然把我困在它邪惡的掌握中，是活在我裏面的罪做的。我發現了這個人生定律：每當我想做正確的事，卻不可避免地去作惡。我的新本性喜歡遵行上帝的旨意，然而在我裏面卻有另一股力量，跟我的內心交戰，將我俘虜，使我成了那仍在我裏面的罪的奴隸。我內心實在想遵守上帝的律法，但由於我罪惡的本性，我卻作了罪的奴隸。這樣看來，我的新生命想做正確的事，但我罪惡的本性卻喜歡行惡。唉，我真是可悲啊！誰能救我脫離這受制於罪和死亡的人生呢？感謝上帝！靠著我們的主耶穌基督就能脫離了。」

羅馬書 7:15-25 (新普及譯本/和合本/意譯)

「如今，那些在基督耶穌裏的就不定罪了。」

羅馬書 8:1 (和合本)

「你們當順著聖靈而行，就不放縱肉體的情慾了。」

加拉太書 5:16 (和合本)

「凡屬基督的人都已經成為新人，舊生命過去了，新生命已經開始！」

哥林多後書 5:17 (新普及譯本)

「我小子們哪，我將這些話寫給你們，是要叫你們不犯罪。若有人犯罪，在父那裏我們有一位中保，就是那義者耶穌基督。」

約翰一書 2:1 (和合本)

「每個藉着他來到上帝面前的人，他都能夠一次而永遠地拯救他們。他永遠活着，替他們向上帝祈求。」

希伯來書 7:25 (新普及譯本)

「我們若認自己的罪，神是信實的，是公義的，必要赦免我們的罪，洗淨我們一切的不義。」

約翰一書 1:9 (和合本)

「我已經與基督同釘十字架，現在活着的不再是我，乃是基督在我裏面活着；並且我如今在肉身活着，是因信神的兒子而活，他是愛我，為我捨己。」

加拉太書 2:20 (和合本)

邁出你的下一步！



1. 赦免 2. 死 3. 活着